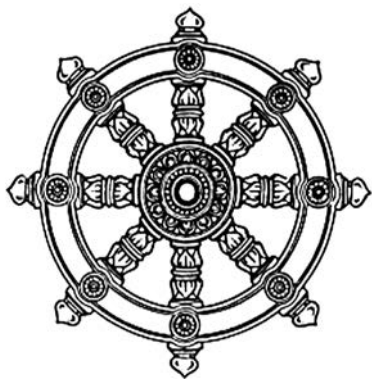


**Rev. Yuki's
Tweet**

Rev. Yuki Sugahara



Hongwanji-ha and Private Schools

It's been almost two months since I was assigned to the Sacramento Betsuin. I am writing this article on August 7 so by the time this article is published in the SANGHA, the Bazaar is already finished. I know how many people volunteered and helped to make the Bazaar successful, so I really appreciate everyone's efforts and help to make the Bazaar successful! Even at my daily work, I am lucky to have a lot of help from the office staff, Reverend Matt and the ministerial team, and sangha members. I hope to make the Betsuin team stronger and let's make the Betsuin a FUN place to visit and gather. I am looking forward to working together more with everyone!

Anyway, there is an organization called Shinshu Kyodan Rengo (Association of Shinshu Schools) which consists of the 10 branches of Jodo Shinshu — Hongwanji-ha, Otani-ha, Takada-ha, Bukkoji-ha, Kosho-ha, Kibe-ha, Izumoji-ha, Shoji-ha, Sanmonto-ha, and Yamamoto-ha There are different branches because of the separation like Nishi (Hongwanji-ha) and Higashi (Otani-ha) in the 17th century, and differences of the succession after Shinran Shonin, but there is not a big difference in the understanding of the teachings. We, the Sacramento Betsuin, belong to Hongwanji-ha North America District. I believe when you listen to the dharma talks or lectures, you must have felt the differences in the way of thinking or understanding of the teachings among the ministers.

(Continued on page 2)

**Buddhist Church of Sacramento
2401 Riverside Blvd.
Sacramento, CA 95818**

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SANGHA

**Sacramento Buddhist Church
Volume 60 Number 9 - September 2023**

**Sacramento
Betsuin**
2401 Riverside Blvd.
Sacramento, CA 95818

(916) 446-0121
(916) 446-1866 FAX

betsuinoffice@gmail.com

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Rev. Yuki's Tweet (Continued)



Reverend Yuki Sugahara
(916) 834-7350
yukisugahara10012022@
buddhistchurch.org



In the first place, there was a system called Noh-ke. According to the Jodo Shinshu Dictionary (in Japanese), Noh-ke is a lifetime position of school and Noh-ke controlled the doctrine of the school. So, the thought of Hongwanji-ha was controlled and managed by a scholar back then. But this system was discontinued because of the Sango Wakuran Controversy (Controversy on the Three Actions), which involved many priests and government and the examination system established to become a scholar of the Hongwanji-ha school. Because of this examination system, many scholars studied and discussed the theory of shinjin of our school enthusiastically and minutely. This led to the development of the schools within Hongwanji-ha school. (My friend, Reverend Dr. Ichido Kikukawa, is an expert on this topic. Maybe we can ask him to speak one day.)

The founder or the leading scholars of the schools often lived in the remote area from Kyoto where many of the private schools were established. One of the famous ones is Senshosha (now GyoShinKyoKo in Osaka) established by Senmyo Kagai (1835–1914) and Toyo Gakuin, established by Encho Toyo, flourished by Engetsu Toyo (1818–1902). These two schools were the home of the Kuge School and Buzen School. Also, there was the Sekisen School established by Soei Sekisen (1762–1826). All the schools nurtured many scholars and the discussions among schools were active. Since we have this kind of background within Hongwanji-ha school, it is natural to have differences of the understanding among ministers of the Buddhist Churches of America (BCA).

Well, I started this month's article by introducing the schools within Hongwanji-ha. This is because I am thinking about establishing a "school" in the Sacramento Betsuin... actually, it is just a monthly study class, but I thought it is boring to just call it a "monthly study class," so I picked a Kamon related to cherry blossoms (the Chinese character for Sacramento reads "capital of cherry blossoms"), and named the study class as "Sacramento Buddhist School." I am hoping that I can convey my knowledge of chanting, Buddhist studies, and Jodo Shinshu studies in the classes.

Just before my first assignment to the Buddhist Church of Florin, I had an interview with Gomonshu Koshin Ohtani. There, he said something like "In the U.S., I believe it is

better if you could convey why it has to be Jodo Shinshu from the perspective of Buddhist studies." His words are a motivating force for me as an overseas minister of Hongwanji-ha. I try my best to meet his expectations in these monthly classes.

If you have time, please come join me for the classes.

The school begins in September, every fourth Friday except the Friday after Thanksgiving, 7 p.m.–9 p.m. at the Sacramento Betsuin. Please see the flyer at left for more details. I hope to see you there!



浄土真宗本願寺別院
櫻府佛教学院

Sacramento Buddhist Study School
-Jodo Shinshu Hongwanji-ha Sacramento Betsuin-

**Monthly: Fourth Friday,
7pm-9pm**

(Except Friday after Thanksgiving)

First Class: Sep 22, 2023

Initial Fee: \$30 (Original Monto Shikisho)
No Tuition, Donations Gratefully Accepted



**Interested in learning about
Buddhism?? Come join us!!**

Chanting Classes (every months)
History of Buddhism (September, 2023 - January, 2024)
Buddhist Thoughts (TBD)
Jodo Shinshu Thoughts (TBD)
And more!

Please contact Rev. Yuki for more information: yukisugahara10012022@buddhistchurch.org

Beginning this month, we will be combining Shotsuki service with regular morning service on the first Sunday of the month. Typically, a temple will designate one Sunday per month as a monthly memorial service. Then, all the names of the temple members who have passed away that month will be read and during the sutra chanting, the family members will offer incense or oshoko. But why do we do this and where does it come from?

The service can be traced back to Japan. There is definitely influence from Chinese traditions from before, although it's hard to say exactly what it is. Nonetheless, in Japan, they do not have regular Sunday service. Instead, the families may go to the temple for everyday morning services or for special occasions. So, what about Shotsuki? The word Shotsuki comes from Shotsuki Meinichi. Meinichi is translated as "death anniversary" but literally means life (mei 命) day (nichi 日). Sho (祥) means auspicious and tsuki (月) means month. As such, the day of the month on which someone passed away every year, the minister would come to the family's house and do a service for the person (or people) who passed away on that day. Some homes even observe a Tsuki Meinichi, meaning that the family has a service on the day their loved one passed away every month, not just the specific month.

In America, the way the culture is, the way the cities are built, and the infrastructure of the temples has changed greatly, and it wasn't feasible to have services like they did in Japan. It was too complicated and so instead of having the minister go to everyone's house, since everyone would be at temple on Sunday anyways, they would have it for the families there.

Understanding the history of it now, we can dive into the meaning. Looking at the translation of the words, we see that it isn't such a sad or depressing event. "Life day"

President's Message

Karen Adachi

Sangha Staff

Editor (English) Cliff Adams
Editor (Japanese) Katsuko Hirota

Contributing Reporters

President Karen Adachi
SBWA Jane Komure
ABA Keiko Jean
Kashiwada
Legacy Fund Koichi Mizushima
Sports Marty Matsuda
Tanoshimi Kai Brian Hatano
Girl Scouts Aaron Okazaki

and "Auspicious month" have more of a lucky or grateful feeling to it. And the word Hoyo is composed of the characters ho (□) meaning dharma and yo (□) meaning essential point. Put all together, it takes on the meaning that the Shotsuki Hoyo is an opportunity for us to show gratitude to the loved ones who have been integral to our lives. It is also an opportunity to encounter the teachings of the Buddha and the true reality of our existence. By having a service every year, we keep the memory of our loved ones alive and respect and honor them by reflecting on how they continue to influence our lives.

I have mixed emotions while writing my president's message this month. It is with sheer exhaustion but with heartfelt gratitude that I write about our first in-person Food and Cultural Bazaar after three years of virtual and drive-thru bazaars. But at the same time, it is with a heavy heart that I think about our fellow sangha members of the Lahaina Hongwanji Mission, who have lost so much from the horrific wildfire that swept through Lahaina, Maui on August 8.

Upon hearing of the devastating fire in Maui, Reverend Yuki contacted his friend, Reverend Ai Hironaka, who is the resident minister of the Lahaina Hongwanji temple. Reverend Hironaka stated that he and his family were able to safely evacuate from their temple residence, but they could not return to see if the church or their residence were destroyed. It was later confirmed that the temple, its columbarium, the classroom building, and the minister's residence were completely destroyed by the fire. When I went to the Lahaina Hongwanji's website to seek more information about the temple, I noticed that their Obon Festival was scheduled for August 11-12, 2023. When I think back on the weeks leading up to our August 12 bazaar, I realized that while we were busy preparing for our bazaar, the sangha members of the Lahaina temple were preparing for their Obon Festival. Yet, in an instant, their lives were changed, and their beautiful temple was gone. Tragic events like these remind us that we must appreciate each moment of our lives, as these moments will never be repeated. Rather than complaining about my aching back, sore feet, and exhaustion from our annual bazaar, I am grateful for our temple, the dharma, and the opportunity to work together with fellow sangha members to support our temple.

To provide support to our Dharma friends in Lahaina, our temple will be accepting monetary donations designated for Lahaina Relief. 100% of the donations will be sent directly to the Lahaina Hongwanji Mission. If mailing in a check, please be sure to note on the check that the donation is for the Lahaina Relief Fund. We provided the option to donate to our Lahaina relief fund during our bazaar, and many of our generous patrons added donations onto their food orders. We received \$1,850 in donations from our bazaar patrons that day. If you would like to make a credit card donation, please go to the church website, www.buddhistchurch.org and at the top of the home page there is a button that will take you to the donation site. You can also use the following link: <https://buddhistchurchofsacramento.square.site/maui-relief>.

Getting back to our bazaar, I would like to take this opportunity to thank the hundreds of volunteers who made our 77th Annual Food & Cultural Bazaar a success. Without each and every volunteer, our biggest fundraiser of the year could not have been possible. Thank you also to all who have sent in monetary donations to the bazaar, to help make up the difference between our usual two-day event and this year's one-day event.

Many of you are wondering why we decided to have only a one-day bazaar this year. The bazaar steering committee had to make many difficult decisions, despite not knowing the answer to many questions such as: "Will anyone come to the bazaar?" "Will we be able to handle the crowd if more than expected come?" "With the recent rise in food costs, can we make any money without raising our food prices too much?" "Will we lose money if we make too much food?" "Will we have enough parking available for our volunteers and patrons?"

Based on all these questions, it was decided that we would hold a one-day event and reduce the number of offerings for this first year back. With the reduction of the number of booths, we were able to redistribute the volunteers to ensure that we had enough to run the event. Also, with the realignment of booths, we were able to try a centralized cashiering system (one indoors and one outdoors). Pre-pandemic, we were thinking of trying a centralized cashier system, so with the reduction of booths and changing the bazaar to a one-day event, we took the opportunity to try it out. While the line was long at the beginning of the bazaar, it seemed to move along fairly quickly. There were a few glitches, which are inevitable when implementing new processes, but overall, it seemed to work well for our first attempt at this new system. The bazaar committee will be debriefing and discussing how we can improve for future bazaars. We appreciate any feedback that we receive, as it will only help us improve the process in the future.

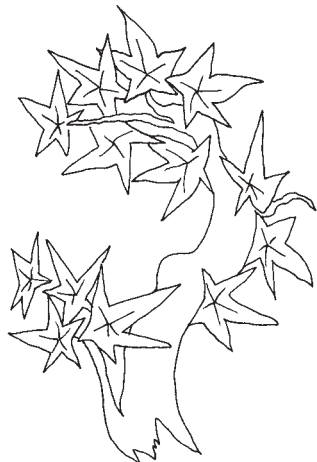
I would like to thank our bazaar steering committee, under the leadership of co-chairpersons Marty Sakata and Gordon Nitta, for all their efforts and planning that allowed us to implement the new processes for this year's bazaar. The bazaar steering committee is made up of the following individuals:

President's Message
(Continued)

Sangha Helpers

- Meriko Hoshida
- Shirley Kato
- Eva Kawada
- Peggy Mori
- Helen Sakaishi
- Dennis Sunahara
- Lynn Sunahara
- Fusako Takahashi
- Kathy Yamamoto
- Elaine Yoshikawa

Sacramento Buddhist Women's Association
Jane Komure
Executive Council



2023 Family Memorial Service Schedule

- Marty Sakata, Co-Chairperson
- Gordon Nitta, Co-Chairperson
- Robbie Midzuno, Treasurer
- Don Honda, Equipment Rentals and Supplies
- Roger Ito, Supplies
- Darryl Nishikawa, Supplies
- Russell Oto, Produce and Supplies
- Mark Amioka
- Karen Adachi

Special thanks are extended to Jean Kushida-Uda and KC Fong, former Chow Mein/ Street Eats booth chairpersons, who took on the responsibility of coordinating and managing the new outdoor centralized cashier system, the order fulfillment process, inventory management, plating/ packaging of all foods prepared outdoors, and managing about 170 volunteers throughout the day. Jean and KC devoted their time at the church almost every day in the two weeks before the bazaar, setting up the cashier and food distribution areas. Jean and KC did a phenomenal job on this monumental task!

The construction of the booths could not have been possible without the help of many volunteers, but I wanted to extend a special thank you to Gordon Nitta, Don Dote and Gary Traganza, who could be found working on the booths almost every day in the 2-3 weeks leading up to the bazaar, and for days after the bazaar. I'm not sure if they actually went home during this time!

The list of all bazaar committee members and booth chairpersons is provided in the 2023 Bazaar section of this newsletter (page 7).

Thank you again to all our volunteers, donors and patrons for making the return of our biggest fundraiser of the year a success!

We would like to thank our SBWA members who came out to help at our bazaar. From Wednesday through Sunday, many of you helped others with church affiliations to prepare, serve, and clean up for the event.

Judging by the line of people waiting for food, the bazaar was a huge success.

SBWA continues to provide after-service snacks on the fourth Sunday of each month. Three members of the Ohana Mele ukulele group of SBWA provided cookies and served them on August 27.


Prior to the pandemic, SBWA provided chirashi after the Hoonko service in November. Last year was our first in-person Hoonko service since the pandemic, and we made edamame rice, which was well received. On November 19, we will again serve edamame rice after this year's Hoonko service.

Many SBWA members now live in retirement homes or care facilities. Some are living alone in their own homes. We continue to reach out to those who may not have many visitors and would be happy to visit your loved ones or friends. If you think someone you know would like a visit from us, please contact a board member or email us at sbwa2020@gmail.com.


The next SBWA board meeting, via Zoom, will be on September 6 at 7 p.m. All members are invited to attend. If you are interested, please contact a board member, or email us at sbwa2020@gmail.com.

Traditionally, family memorial services are held for loved ones on designated anniversaries. These are precious occasions to honor the treasured memories of our beloved ones and to realize how fortunate we are to be embraced by Amida Buddha's light of wisdom and life of compassion.

Year of Death	2023 Memorial	Year of Death	2023 Memorial
2022	1 year	1999	25 year
2021	3 year	1991	33 year
2017	7 year	1974	50 year
2011	13 year	1924	100 year
2007	17 year		



Condolences to
the Family of



Tomio Shimizu.....February 15, 1930-June 30, 2023

Legacy Endowment Fund

Koichi Mizushima

おかげさま

It is a great honor to serve on the Legacy Endowment Fund Board. Our mission is to help spread the dharma throughout the Sacramento region. Of course we have hopes and aspirations to share the dharma all over the world!

Sharing the dharma is something everyone can do. You don't have to be an expert, and you don't have to know everything. Simply share what you know and share what resonates with you. Our Buddhist community tends to be very soft spoken when it comes to sharing our religion's teachings. We typically don't engage in religious debates or aggressively propagate our teachings. And that's OK. But maybe we can do a little better job at sharing this part of our lives with people outside of our sangha community.

So I am challenging all of you to make that extra effort to invite a neighbor, friend or a co-worker to attend one of our events. Invite them to volunteer at the bazaar, or have them come to help with the cleanup. Invite them to join a Sunday service. Or share a YouTube link of a dharma talk that you think would resonate with them. By sharing what is meaningful to us, others may have a chance to get an introduction to Buddhism. And that introduction is just the beginning.

And when you see new visitors come to the temple, take that extra moment to say hello, and make them feel welcome. Don't worry about not having all the answers. There is no shame in saying, "I don't know. Let's find out together."

Building a sangha at our temple requires all our effort. We should be proud of our Jodo Shinshu tradition, and we should share it with others. I sincerely believe that if more people shared and practiced the Jodo Shinshu teachings, the world would be a better place. And isn't that a wonderful thing to share with others!

New Members



Welcome New Members



Dylan Kojimoto
Kaori Sawada & Jeffrey Rosenberg

Adult Buddhist Association

Jean Kashiwada
ABA President

ABA participated in its first hike in a long time. The "Pothole Hike" (Silver Lake) was a great hike along a beautiful trail. Thank you, Irene Takeda, for setting this up. We purchased lunch afterwards in Pine Grove and found a nice picnic area to eat together and visit. Irene has a few other hikes planned for the future. It's a nice opportunity to get to know your fellow ABA members better.

ABA Board members continue to provide escort service to the seniors who enjoy morning walks in their neighborhoods and the ABA members who are "escorts" continue to help out at our temple's Wednesday Senior Services. Thank you to Virginia Uchida for bringing the cream-filled pastries and to Elaine Yoshikawa for the zucchini bread for the August 5 service and to our ABA members for packaging treats for the seniors to take home. Thank you to Karen Adachi and Jean Kashiwada for the donation of handled paper bags for the seniors to take the treats home and to Jean Kashiwada for the donation of nori-wrapped areare and other senbei to serve in September.

ABA will be participating this month at the 2023 Ohana Walk. You are welcome to join the ABA Walkers Team or the Sacramento Buddhist Church Team to walk or to make a donation to those teams. This year, the teams will receive 50% back, so your donation will help ACC and our church!

On a sadder note, all of us were shocked to watch the news about the destruction on the island of Maui. There are many of you who have relatives and friends who live on Maui and have been affected by the devastating firestorm. The Buddhist Church of Sacramento will be planning a fund-raising project to benefit the island of Maui. In the meantime, please feel free to donate to the websites provided by ABA Board member Carolyn Murata and past president Wayne Kurahara listed below.

The public can also make monetary donations to the Maui Strong Fund at Hawai'i Community Foundation at hawaiicommunityfoundation.org/maui-strong. Checks also can be mailed to the Maui Strong fund. Checks should be written to "Hawai'i Community Foundation," with "Maui Strong Fund" in the memo section. Mail to: Hawai'i Community Foundation, 827 Fort Street Mall, Honolulu, HI 96813. Or, you may send your donation to: American Red Cross of Hawaii. Money and volunteers are needed at redcross.org/hawaii, said Matthew Wells, regional communications director.

The Sacramento Buddhist Church also has a website where you can make your donation: <https://buddhistchurchofsacramento.square.site/maui-relief>. Please note that the proceeds of these donations will go to our Dharma Friends at the Honpa Hongwanji Mission of Hawaii in Lahaina. This Buddhist Church and the minister's parsonage were destroyed. The minister there is a friend of Reverend Sugahara.

Until next month . . . stay healthy! See you at the church services and other events!

Words of Appreciation from Riverside Tanoshimi Kai
Brian Hatano

Thank you to Sacramento Buddhist Women’s Association (SBWA) and the Adult Buddhist Association (ABA) for their monetary donations to help fund transportation (ACC Rides) from Greenhaven Terrace and Maple Tree Village.

Because of their generosity, Riverside Tanoshimi Kai (RTK) isn’t alone in paying for our seniors who need a ride for the Friday luncheon. Both organizations gave freely and by their own initiative without any request from RTK. Their gifts truly exemplified “dana.”

If you’re interested in using ACC Rides, please contact them at https://volunteer.accsv.org/agency/detail/?agency_id=135301. (Or you can just Google “ACC Rides.”)

Another thank you: Since we restarted in July, Reverend Yuki has joined us a few times to lead us in gassho, give a short message and sit with us for lunch. I’m sure the group appreciates you spending time with us, Reverend Yuki. Doomo!

A third thank you to coordinators Barbara Nakatomi and Fusako Takahashi, and all the other volunteers who donate their time.

Seniors 60 and older are welcome to join Tanoshimi Kai every Friday. Check-in time starts at 10 a.m; lunch is served at 11, followed by bingo and/or entertainment. No RSVP is necessary.

Tanoshimi Kai seniors are asked (but not required) to make a donation of \$6 to help defray costs. Guests of Tanoshimi Kai members (under 60 years old) can enjoy lunch for \$7.

Tanoshimi Kai offers a great opportunity for Saneis to enjoy lunch with their parents, and at the same time, they get to enjoy the company of their acquaintances and make new friends.

For questions, or if you’d like to volunteer to serve meals, contact Barbara Nakatomi at (916) 813-5440.

You’re Invited to Tanoshimi-kai

**Weekly Seniors (60+)
Luncheon every
Friday at 11 am**



LUNCH + FUN!



Thursday Night Health & Wellness

HEALTH & WELLNESS



Join us for these friendly, informative sessions. Ask questions and learn about steps you can take to ensure a healthy and happy life for yourself and those around you!

Please sign up at BetsuinPrograms@buddhistchurch.org
Buddhist Church of Sacramento, 2401 Riverside Blvd., Sacramento, CA 95818-2233

**Life After Camp:
What Is Intergenerational Trauma?**
Thursday, September 28, 2023 – 6:30 p.m.



Dr. Satsuki Ina
Psychotherapist, Community Activist, Writer, Filmmaker



ACC Ohana Walk

It's not too late to register for or make a donation to ACC Senior Services' 2023 Ohana Walk, which will be held on Saturday, September 16.

This year, the Buddhist Church of Sacramento has an opportunity to receive 50% of the pledges for any of our affiliated or sponsored organization registered teams through the Ohana Walk Give Back Program for qualified nonprofit organizations.

We have two teams participating in the walk and qualify for the Give Back Program.

We have created a team called "Team Buddhist Church of Sacramento," with a goal of raising \$5,000 in pledges.

Our Adult Buddhist Association (ABA) has also formed a team called "ABA Walkers" with the goal of raising \$1,000.

You can support the Ohana Walk and Team Buddhist Church of Sacramento or ABA Walkers in these ways:

- You can make a donation, selecting Team Buddhist Church of Sacramento or ABA Walkers, which will count toward the team's fundraising efforts.
- You can join one of the two teams.
- You can make a pledge to a walker already signed up as one of our team's participants.

Please use the following link to join a team or make a pledge to a team member or to Team Buddhist Church of Sacramento or ABA Walkers and help us reach our team goals! <https://acc.rallyup.com/c/ohanawalk2023>

77th Annual Japanese Food & Cultural Bazaar



Bazaar Steering Committee 2023

Marty Sakata, Co-Chair
Gordon Nitta, Co-Chair
Russell Oto
Darryl Nishikawa
Don Honda
Roger Ito
Mark Amioka
Robbie Midzuno
Karen Adachi

Committee Leads

Construction

Marty Sakata
Gordon Nitta
Gary Traganza

Equipment

Gordon Nitta

Office

Cindy Kitade
Jennifer Nitta

Permits/ACC Shuttle Services

Richard Kai

Produce

Russell Oto

Public Relations

Erin Komatsubara

Rental/Misc. Purchases

Don Honda

Security/Emergency Services

Robbie Midzuno

Signs/Posters/Programs/Merchandise

Audrey Seo - Merchandise
Ordering
Stephanie Fong - Poster And Merchandise Design
Cindy Kitade - Signs/Banners/Programs

Staple Food Purchases

Darryl Nishikawa

Supplies

Roger Ito

Technology

Stuart Ito

Treasurer

Robbie Midzuno

Volunteer Master File

Karen Adachi
Jean Kushida-Uda
KC Fong
Kim Sakata

Booth Chairpersons

Beer

Kevin Matsuo

Centralized Cashiering/ Food Packaging

Jean Kushida-Uda
KC Fong
Robert Fong

Cashier Registers

(Programming/Training)
Michael Watanabe
Stuart Ito

Curry Rice

Tyler Sasaki
Ken Kurahara

Cold Drinks

Brian Hatano

First Aid

Misa Oshiro
Bethany Sasaki

Games/Prizes/Ticket Booth

Matthew Tokeshi-Nitta

Gunthers Freezes

Matthew Tokeshi-Nitta

Gyoza

Russell Oto

Gyoza Sauce

Loleen Nakano

Indoor Bussing

Coordinator
Jennifer Nitta

Information/Merchandise Distribution

Stacy Matsunami

Karaage Chicken, Ebi Fry, Spring Rolls

Gordon Nitta

Outdoor Bussing Coordinator

Audrey Seo
Matthew Tokeshi-Nitta

Outdoor Entertainment

Sherman Iida

Public Address System

Ron Ishimoto

Religious Program

Rinban Yuki Sugahara
Reverend Matt Hamasaki

Rice Cooking

Marty Sakata
Roger Ikemoto
Ron Ikemoto

Rice Washing

Keith Kato

Sanitation (Sports Program)

Kim Sakata

Sushi/Poke/Spam Musubi

Koichi Mizushima
Michael Watanabe

Teriyaki Sauce

Gordon Nitta

Teriyaki Beef Sandwich Cooking

Marty Sakata

Teriyaki Beef Sandwich Packaging

Kim Sakata
Barbara Sasaki

Teriyaki Chicken

James Amioka
Mark Amioka

Tsukemono for Bentos

Lynn Kurahara

Udon

Karen Adachi
Jean Kashiwada

Yakisoba

Cynthia Ikami

Calendar of Events



Core and So Much More!

Sports Committee Marty Matsuda



Sunday Sangha Services, 9:30 a.m.

- 9/3/2023 and 9/4/2023: BETSUIN CLOSED in observance of Labor Day
- 9/10/2023: Rev. Yuki Sugahara
Beginning this Sunday, our Shotsuki Hoyo Memorial Service (to remember those who passed away during a given month of the year) will be included during Sangha Service, usually on the first Monday of each month.
3 ways to submit the name of a loved one:
 - (Preferred) Scan the QR Code at left and complete the form.
 - Send an email to BetsuinOffice@gmail.com. Include your name and the name of your loved one.
 - Call the Betsuin Office, (916) 446-0121. Leave your name and phone number, along with the name of your loved one.
- 9/17/2023: Fall Ohigan - Rev. Yuki Sugahara
- 9/24/2023 – Sensei Koichi Mizushima

Special Services, Classes

- Wednesday, 9/6/2023, 10–11:30 a.m.: Special Japanese Dharma Service (Refreshments afterward) – Rev. Yuki. For Seniors and anyone else who would like to join us!
- Monday, 9/11/2023, 10–11 a.m.: Monthly Chanting Service (Refreshments afterward) – Rev. Yuki
- Wednesday, 9/13/2023, 10 a.m.–12 noon: Japanese Dharma no Kai (Japanese Dharma Class) – Rev. Yuki
- Wednesday, 9/20/2023, 10–11:30 a.m.: Special Dharma Service (Refreshments afterward) – Rev. Matt. For Seniors and anyone else who would like to join us!
- Friday, 9/22/2023, 7–9 p.m. *** NEW CLASS *** “Sacramento Buddhist School,” a monthly Adult Buddhist Study Class with Rev. Yuki

Book Club with Reverend Matt (Mondays, 6-7 p.m.)

- 9/11/2023
- 9/18/2023
- 9/25/2023
- 10/2/2023

Tanoshimi Kai - Fridays, 10 a.m. - Check-in time; Lunch at 11 a.m.

- 9/1/2023
- 9/8/2023
- 9/15/2023
- 9/22/2023
- 9/29/2023

During Yoga Bob’s absence in September, we are fortunate to have Monica Altieri. Core and So Much More! Starting Wednesday, September 6, 7 p.m. via Zoom with Monica Altieri, ACSM Certified Health/Fitness Instructor.

September 6: Core Review
September 13: Core and Brain
September 20: Core and Balance
September 27: Bringing It All Together

Yoga regulars do not need to sign up! Please use the same Zoom link. New interests, please contact betsuinprograms@buddhistchurch.org for Zoom link.



Sports program signups for basketball and family bowling begin the first day of Dharma School, Sunday, September 10, and will continue the following Sundays through the month of September. Youth golf signups will be held later in the year. Our Northern California Church League (NCCL) voted to reinstate the 60% church attendance rule this season for players in the E, D, C and B divisions. There is no attendance requirement for Instructional Division and Lil’ Hoopers. The basketball league runs from December through February.

Division Age/Grade Eligibility are as follows:

B Division: All players must be in Grade 12 or under as of the current school year.
C Division: All players must be in Grade 9 or under as of the current school year.
D Division: All players must be in Grade 6 or under as of the current school year.
E Division: All players must be in Grade 4 or under as of the current school year.
Instructional Division: All players must be in the First Grade or higher.
Lil’ Hoopers: All players must be 4 years old or older.

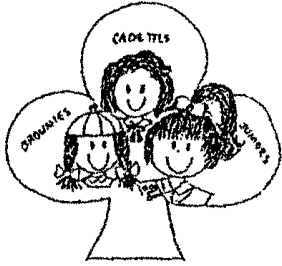
All players not playing in their age/grade-appropriate division must be approved by the Sports Committee.

Family bowling will begin on Sunday, October 15 at 1 p.m. at AMF Land Park Lanes. Cost per person will be \$11, which will cover three games and shoe rental. Bowling runs through the end of January, with the exception of a few Sundays. It is open bowling for adults and kids of all ages. Bumpers will be provided for the younger kids.

The following Sports Committee positions are currently vacant and need to be filled: Vice Chairperson, Secretary, Equipment Coordinator, Attendance Coordinator, D Girls Coordinator and E Girls Coordinator. Email Marty Matsuda at mymatsuda@att.net if you are interested in participating.

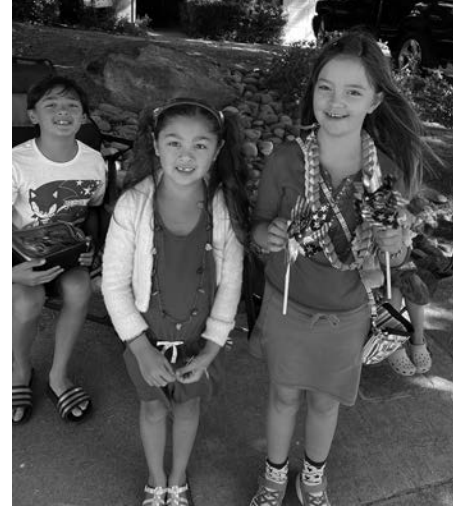
The SBC Sports Committee is looking forward to a fun year, so come out and join us!

Girl Scout Troop 569
Aaron Okazaki



Many people spend the summer going on vacations, but the girl scouts of Troop 569 found plenty of ways to stay busy while trying to stay out of the heat!

In June, many of the scouts attended a workshop where the Obon instructors taught some of the dances, and the older scouts wrote a short essay to reflect on what, “the story of Mogallana (describing the beginning of Obon)...reflect[ed] a deep lesson for all humanity.” Many of the scouts also participated in the Betsuin’s Obon Odori in July.



Daisy Troop 2 spent a night camping out at Fairytale Town.



The scouts played, shared snacks, made friendship trail mix, and had nighttime glow-in-the-dark story time! The scouts had a blast at their first overnight experience!

Three scouts from Cadettes 2 — Caity Sauer, Emelia Shoemaker, and Maya Koike — did some spring cleaning of the troop’s camping closet to encourage everyone to use the gear and get outdoors. They also inventoried the supplies and surveyed leaders to find out what additional gear they would like to use. Based on the responses, they created an Amazon wish list (more on this below).



In June, Seniors 1 escaped the heat for three days to enjoy the comfortable coastal temperature. They earned several badges related to trip planning, marine life, and biodiversity. They had a wonderful time taking in the Santa Cruz Boardwalk, Monterey Bay Aquarium, and sunsets and tide pools at Asilomar State Beach.

If you’re interested in donating to the Girl Scout camping closet, please scan the QR code to view the wish list.

Looking forward to another exciting year of scouting!



First Eagle Scout for Troop 50G and Troop 56928 Gold

BSA Troop 50G, under the leadership of Scoutmaster Julie Weng-Gutierrez, had their first Eagle Scout recipient, Kai (Kianna) Nakaoka. Kai is the first girl from the Sacramento Buddhist Church to become a BSA Eagle Scout, as well as attain her Girl Scout Gold Award for Troop 56928.

Kai is grateful for the Sacramento Buddhist Church’s longstanding support of both scouting programs, and deeply appreciates all the clothing donations from the sangha for her Eagle project supporting Zak’s Closet.



Kai’s original Clothing Drive announcement:

My name is Kianna (Kai) Nakaoka and I am the first Eagle candidate of Troop 50G. I will be working with Zak’s Closet, a branch of the Lutheran Social Services (LSS) of Northern California. Zak’s Closet provides a safe space for LGBTQ+ Youth, to have a one-on-one appointment to shop for free clothing, jewelry, make-up, and accessories. Many of these youth are either homeless or have little family support. I am organizing a clothing drive for them as well, collecting clothes, underwear, jewelry and makeup, items that are sorely needed by this organization.

I will be starting the clothing drive on March 5. There will be donation sites set up around the church, and I will also be collecting after all March church services. I am asking for clothing that teens would be interested in and specifically male clothing, beanies, new underwear, belts, and size 8 or over shoes. Jewelry and new make-up kits would also be greatly appreciated. All donations should be new or gently used.

If you have any questions, please email me at iyfujishima@yahoo.com or contact me at (916) 396-6299.

*Thank you,
Kianna (Kai) Nakaoka*

Looking for Musicians

Looking for Musicians



Do you play an instrument? Can you sing a song? We’d love to have you share your talent and perform at a Dharma Service.

**Interested?
Sign up in the office or
Email BrianHatano58@gmail.com**

**Where Does Your Donation Go?
Brian Hatano**

When you donate to the Buddhist Church of Sacramento, your tax-deductible contribution helps support the operation, maintenance and many programs of the temple. Likewise, your membership dues and income generated from our annual Bazaar in August help sustain the church throughout the year. Donations to the temple are placed in the General Operating Fund. You also may direct your donations to the church to benefit one of our many programs, such as Scouts, Dharma School, ABA, SBWA, Minister Assistants, or for a capital expenditure project.

You may also contribute to the Legacy Endowment Fund, which is a long-term investment in which the principal remains untouched — only the interest generated is used. The fund is managed by financial professionals and the LEF Board. Contributions to the fund help fulfill these needs in a timely manner without undertaking major fundraising or depleting general operating funds. Specific needs include:

- Educational programs/scholarships for members, ministers, ministerial candidates plus perpetual or periodic scholarships
- Eitaikyo: Renovation and general maintenance of the temple shrine.

Of course, cash and checks are greatly appreciated, but your donations can be in the form of automobiles, and of distributions from IRAs, stocks and bonds. We also can take credit cards in the office. Thank you for your ongoing support of the Buddhist Church of Sacramento. Because of your generosity, we have a vibrant and active Sangha — one of the largest in the Buddhist Churches of America organization. Our rich legacy began with our founding in 1899, with the mission to sustain the temple for the present and generations to come.

Wall of Appreciation

If you have thought of donating to the Wall of Appreciation, please submit your donations to be included with the next set of donor names to be placed on the Wall of Appreciation in 2023.

Please fill out the Wall of Appreciation Donor Form as appropriate for the set of donors. With deepest gratitude and thanks for your generous support of the Buddhist Church of Sacramento in 2023.

Buddhist Church of Sacramento Wall of Appreciation Donor Form

The members of the Legacy Endowment Board had a vision to create a project that could express our appreciation for the Sacramento Betsuin. They contracted with a designer to create The Wall of Appreciation. This project is not only a symbol of gratitude for the Betsuin, but also for the generations of Sangha members who built and sustained this temple for so many years. It is only through the efforts of so many others that we are able to exist today. With deepest gratitude, thank you for your continued support of the Sacramento Betsuin.

DATE SUBMITTED: _____

DONOR NAME(S): _____

ADDRESS: _____

CITY: _____

STATE, ZIP: _____

PHONE #: _____

EMAIL: _____

NAMEPLATE WORDING:

(29 characters per line max including spaces & punctuation)

DONATION AMOUNT: \$ _____

DIRECTED TO:

GENERAL FUND

LEGACY ENDOWMENT FUND

SIGNATURE:

Levels of Giving



Kiku (Chrysanthemum)

\$1,000,000 +



Fuji (Wisteria)

\$500,000 +



Ichijuku (Bodhi Tree)

\$250,000 +



Hasu (Lotus)

\$100,000 +



Momiji (Maple)

\$50,000 +



Ume (Plum)

\$25,000 +



Icho (Ginko)

\$10,000 +



Ayame (Iris)

\$5,000 +



Sakura (Cherry)

\$2,500 +

Examples of Wording



Ted, Naomi & Mie Tanaka



In memory of
Jiro & Sumie Tanaka
& Mark Tanaka



The Tanaka Family



In celebration of
Jiro & Sumie Tanaka's 60th
Wedding anniversary



ACC オハナ ウオーク

9月16日(土)に開催されるACC主催のオハナ・ウオークに参加されたい人、又は寄付をされたい人、未だ遅くありません。今年は収益の50%が別院傘下の各団体に寄付されることになりました。別院では5000ドルを目標に「サクラメント仏教会チーム」を結成、また、ABAは1000ドルを目標に「ABAウオーカース」結成しました。

オハナ・ウオークを支援するために下記のようにご協力をお願いいたします。

- 1) 二つのチームのどちらかを選んで寄付をすることで、ウオークに参加しなくてもチームに貢献できます。
- 2) どちらかのウオーク・チームに参加する。
- 3) チームメンバーにプレッジする。

以下のリンクを通してチーム・メンバー又はどちらかのチームに参加するかプレッジをするかして私達の目標に達するようご協力下さい。 <https://www.accsv.org/ohana2023/>

バザーのお手伝いに水曜日から日曜日まで働いて下さった皆様に深くお礼を申し上げます。大勢の人が長い列を作っていたところから見てバザーは大成功だったと思います。

婦人会は引き続き毎月第四日曜日の礼拝後にスナックを提供しています。8月27日にはオハナ・メラ・ウクレレグループに属する3人の婦人会メンバーがクッキースを配ります。

去年の報恩講サービスの際に枝豆ご飯を皆様にお配りいたしました。今年も11月19日の報恩講サービスのあと枝豆ご飯をお配りいたします。

多くの婦人会メンバーがシニアホームやケアホームに入居されています。お見舞い訪問を継続して行っていますが、もしお知り合いで訪問をして欲しい方がありましたら理事までご連絡下さい。

Email: sbwa2020@gmail.com

次回理事会は9月6日午後7時より。婦人会メンバーは何方でも参加できます。参加希望者は理事までご連絡下さい。又はEmail: sbwa2020@gmail.com

理事長のメッセージ

足立カレン

パンデミックのあと初めての対面バザーを終えて、心身ともに疲れ切ってしまいましたが、同時に感謝の気持ちでいっぱいです。然しながら、マウイ島のラハイナ仏教会のメンバーの皆様を思うと、重い気持ちになります。

この大惨事を聞いてすぐ、菅原先生は友人でもあるラハイナ仏教会開教使の弘中アイ先生に連絡を取られました。弘中先生とご家族は避難されて無事とのことでしたが、後になって仏教会、クラスルームのある建物、ご自宅などは全焼したことが分かりました。私がラハイナ仏教会のウェブサイトを検索したところ、お盆フェスティバルが8月12, 13日に予定されていました。考えてみると私達がバザーの準備に忙しくしていた頃、同じようにラハイナ仏教会の皆様もお盆の準備をしていたことでしょうか、それが一瞬のうちに仏教会がなくなってしまったのです。このような悲惨な出来事があると、私達は一瞬でも大事にしなければいけないことを知らされます。腰が痛い、足が痛いなどとバザーのあとで文句を言う代わりに、私は別院、ダーマ、そしてメンバーと一緒にこのお寺をサポートして行くことの出来る機会を与えられていることに感謝いたします。

当別院ではラハイナ仏教会の皆様をサポートするためにラハイナ・リリーフを設置して寄付を受け付けています。寄付金は100%直接にラハイナ本願寺ミッションへ送られます。バザーの日に既に1850ドルの寄付金が集められました。もしもクレジットカードで寄付をされたい場合は別院のウェブサイト www.buddhistchurch.org にて受け付けています。又、以下のウェブサイトもご利用下さい。
<https://buddhistchurchofsacramento.square.site/maui-relief>

さて、この度のバザーは大勢のボランティアの皆様のお陰で成功することが出来ました。ボランティアなしでは私達の一番重要な資金募集イベントは実現しません。そして又、バザーが1日しか

出来なかった埋め合わせに寄付をして下さった皆様に深くお礼を申し上げます。

多くの方はどうしてバザーは1日しかしなかったのかと疑問に思われていることでしょうか。バザー委員会では多くの難しい決断を迫られました。その例として: 「バザーに人が来るのか」、「もし予想以上の人が来た場合、応対できるのか」、「ボランティアの数が足りるか」、「食品の物価高の現状で、値段を上げないようにしたら十分な利益が得られるのか」、「作り過ぎたら損をするのでは」、「駐車場は充分あるのか」等々。

このような質問を基に、内容を減らすことにして、1日イベントの開催を決断いたしました。ブースを減らすことで、ボランティアの数を最小限度でバザー全体を賄えるようにしました。又、ブースを置き換えることで、レジスターを屋外に一つ、屋内に一つにすることが出来ました。パンデミックの前からこのシステムに変えたいと考えていたので、今年には実際に試すことが出来ました。始めは長い列ができましたが、割合早くスムーズに進行したようでした。時々問題もありましたが、新しいやり方に変える時は已むを得ません。バザー委員会は今後の改善対策などの報告を行う予定。皆様からのご意見もどうぞお寄せください。

バザー実行委員会の皆様、特に共同委員長の坂田マーティさんと新田ゴードンさん、多くの問題を抱えながらプランを練って、新しいプロセス・システムを取り入れた努力に感謝いたします。実行委員会のメンバーは以下の通りです:
共同会長: 坂田マーティ/新田ゴードン、
会計: 水野ロビー、
機具レンタル/サプライ: 本田ドン
サプライ: 伊藤ロジャー、西川ダリル
プロデュース・サプライ: 大藤ラッセル
網岡マーク、足立カレン (敬称略)

ジーン串田一宇田さんとKC フォングさん(元チャウメン・チェアパーソン)は屋外でのキャシャー・システムや注文からインベントリー、そしてパッケージングまで屋外での食品の取り扱い全てをコーディネートし、170人余のボランティアの配置の責任者として働いてくれました。更に、バザーの始まる前の2週間、殆ど毎日のように別院に通ってレジスターの設置やフードブースの配置などを行い、本当に驚異的な大仕事を成し遂げてくれました。

ブースの建築はボランティアの協力がなければ不可能でしたが、特に新田ゴードン、土手ドン、ゲーリー・トラガンザ(敬称略)の3人はバザーの2, 3週間前から毎日のように、終わったあとも同じように働いていました。彼等は毎日家に帰ったのかしらと思うほどでした。

バザーの各部の委員会、各ブースのチェアパーソンの名簿はサンガの2023バザーのページに掲載してあります。ボランティアの皆様、寄付をして下さった皆様有難うございました。皆様のお陰でバザーを成功させることができました。

お疲れ様でした



サンガ



～9月の予定～

9月	10日(日)	9時半	祥月法要
9月	6日(水)	10時	シニアサービス
9月	13日(水)	10時	日本語法話クラス
9月	17日(日)	9時半	お彼岸法要
9月	20日(水)	10時	シニアサービス
9月	22日(金)	午後7時	仏教講座 (英語)

専精舎は空華(くうげ)学派、東陽学寮は豊前(ぶぜん)学派と言った学轍の安心論を学ぶ所がありました。また、広島では石泉僧叡和上(せきせんそうえいわじょう)を祖とする石泉学派があり、それぞれが多くの子を排出し、本願寺派内での学轍の議論は活発でありました。このようなことから本願寺派の僧侶内でも教義に関する理解は幅のあるものであり、開教使の考え方や理解に違いがあるのも当然であるかと思えます。

「本願寺派と学轍(がくてつ)」

菅原裕軌輪番

日本には真宗教団連合という浄土真宗十派¹による組織があります。これらの十派の違いは本願寺派と大谷派のように元々は一つであったものが分裂したものや、宗祖親鸞聖人以降の法門の継承者の違いなどから異なる派となっていくものがありますが、基本的な教義に変わりはありません。私たち桜府別院は浄土真宗本願寺派の北米開教区に属しておりますが、皆さんの中で開教使の法話や講義を聞いて「同じ本願寺派の僧侶の中でも考え方や理解に違いがある」と感じた方もおられるのではないかと思います。

そもそも本願寺派には能化制度というものがありました。『浄土真宗辞典』によると能化というのは「本願寺派の学寮(学林)に1名置かれた終身制の役職。能化職ともいい、宗学や安心を統率した」²とありますから、言うならば本願寺の教義を司った唯一の学者さんであり、能化制度とは中央集権の制度であると言えます。その能化職が「三業惑乱(さんごうわくらん)」と言う教団内外を巻き込んだ混乱により廃止となり、本願寺派の学僧となるための「殿試(でんし)」という試験制度が設けられました。これにより、多くの僧侶達が浄土真宗の安心(信心)論の研究を盛んに、そして緻密に行うようになり、学轍(学派)と言うものが生まれてきました。

これらの学轍の主だった僧侶達は地方の僧侶が多かったために、地方に浄土真宗の教義を学ぶための「私塾」と言うものが造られていきました。有名な所と言えば現在は大阪高槻市の「行信教校」となっている利井(かがい)鮮妙和上(せんみょうわじょう)の専精舎(せんしょうしゃ)、東陽円超(とうようえんちょう)によって創建、その嗣子である東陽円月(とうようえんげつ)によって大きく発展した東陽学寮などがありますが、

さて、なぜこのような学轍の話から今月の記事を書きはじめたかという、今月より桜府別院において月一回の仏教勉強会を始めようと考えているからです。しかし、ただ単に「勉強会」と言っても面白くはありませんので、桜府にちなんで「桜崩しの紋」を校章とした「桜府仏教学院」と言う大それた名前を付けてみました。ここではお勤めの仕方から仏教学・真宗学の基礎を伝える事が出来ればと思っています。

私が開教使として赴任する前に前門様との面接がありましたが、そこで前門様より「アメリカでは仏教という大きな枠の中で、なぜ真宗じゃなければいけないのかということ伝えられるといいですね。」というお言葉をいただきました。この前門様のお言葉が私の開教使としての原動力となっていますが、この月々の授業で前門様のお言葉、期待に添えるように精進させていただきます。

皆さんもご都合が合えば、是非ご参加ください。「学校」は毎月第四金曜日19時から別院にて。

合掌

¹真宗十派：本願寺派、大谷派、高田派、佛光寺派、興正派、木辺派、出雲路派、誠照寺派、三門徒派、山元派

²浄土真宗辞典、本願寺出版社、541頁、2013

³これらについては菊川一道博士の「真宗私塾の研究」に詳しいです。

