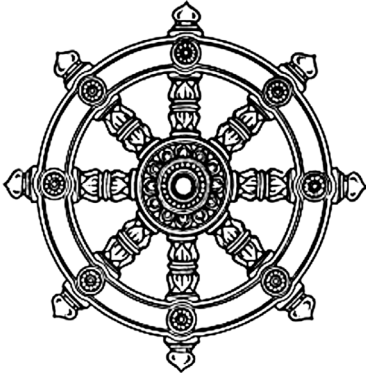


**Resident
Minister**
Rev. Matt Hamasaki



This month, we will be observing Fall O-Higan which happens during the fall equinox, when the day and night are the same amount of time. This balance is a signal to us to reevaluate the balance in our life and reflect on our recommitment to the Buddhist teachings. Higan is translated as "other shore," meaning that we are on the ocean of life and death, coming from the shore of ignorance and heading toward the other shore of nirvana.

As Jodo Shinshu Buddhists, we don't believe that we can attain enlightenment in this life. We are too possessed of worldly passions and ego-self that we are unable to let go of the material things that cause us suffering. However, this is not to say that we cannot benefit from the other shore before we get there. There is a metaphor in Buddhism of the "middle path" which is meant to teach us to stay away from extremes, such as eternalism (that everything has an unchanging self) and nihilism (that nothing actually exists) in order to understand the true reality of our existence. This is applied to many different concepts in Buddhism and life in order to help us strike an appropriate balance.

For this month, I'd like to focus on the middle path between our everyday world and the world of nirvana. To think that these are two different realms of existence would be mistaken. But to think that they are also the same would be wrong as well. It gets quite confusing, but suffice it to say that both are important, and you cannot have one without the other.

(Continued on page 2)

Buddhist Church of Sacramento
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SANGHA

Sacramento Buddhist Church
Volume 59 Number 9 – September 2022

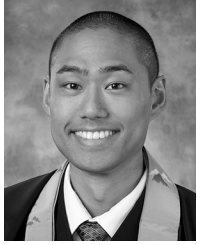
**Sacramento
Betsuin**
2401 Riverside Blvd.
Sacramento, CA 95818

(916) 446-0121
(916) 446-1866 FAX

betsuinoffice@gmail.com

President's Message.....	2	New Members	6
SBWA	2	Family Memorial Service Schedule	6
Legacy Endowment Fund.....	3	Condolences.....	6
2022 Drive-Thru Bazaar	4	Songs in Solidarity with Ukraine.....	7
Bazaar Merchandise.....	4	Ukrainian Benefit Thank You	8
Betsuin Audio Visual Team	5	Core Strengthening Classes	8
Adult Buddhist Association	5	Thursday Night Health & Wellness	9
Bus Trip to Apple Hill, Red Hawk.....	5	Cooking Diaries.....	9
Sakura Gakuen	6	Donations	10

Resident Minister (Continued)



Reverend Matt Hamasaki
(916) 926-2221
RevMatt@buddhistchurch.org

President's Message Gordon L. Nitta

In our everyday life, we must use words and ideas to get anything done. For instance, we use the term “car” to refer to the vehicle that takes us to work. If we were to disassemble our car to look for what makes it a “car,” we wouldn’t be able to find anything. The true reality is that it is made up of different things that, when assembled a certain way, we attribute a “car-ness” to. But when we need to tell someone that we’re putting gas in the assortment of plastic and metal pieces that make up the vehicle that takes us to work, it’s easier just to say “car.”

Still, it is necessary for us to take the time to contemplate on the true reality of things. Although we may never achieve an unceasing realization of enlightenment, it isn’t to say that enlightenment is not already all around us, calling to us. So, hopefully we quiet our minds for a second and listen to the call. It isn’t the easy or even instinctual thing to do, but if we can try to “see” the other shore while we are on the way over, it can help make the journey smoother sailing.

I am happy to announce this month will see our return to in-person Dharma School for the 2022–2023 school year! I speak for the Board of Trustees and the ministerial staff when I say that we are excited to welcome everyone back to in-person Dharma School for the first time since March 2020. This is the kind of progress we have been working on!

While weekly Family Dharma Service will begin at 9:30 a.m., Dharma School’s return includes a significant change: classes will be held on the first and third Sundays of each month, rather than every week. Classes (or occasionally a “sign-in”) will be held immediately following service, beginning on September 18.

Masks are currently highly recommended while inside the temple and classrooms. We hope everyone will continue to take precautions for COVID prevention and feel comfortable returning to the temple. We owe a debt of gratitude to all the teachers who invested their time, energy and ideas into connecting with our kids during online Dharma School classes. I know that those of us who have been enjoying gathering for Sunday Dharma Services since last summer are truly looking forward to seeing all the GROWN-UP students back at the Betsuin!

During the last few years of the pandemic, much in our world has changed and the neighborhood around the temple has also been affected. The Board has done our best to be proactive in approving/implementing safety and prevention measures brought forth by the Building and Maintenance Committee (Geoff Inenaga, chair). On your return to the Betsuin, a few things you will notice are the continuing presence of security guards, decorative security fence and gates at the front of the Main Hondo, planter bollards placed along the Riverside Blvd. sidewalk, safety glass on the classrooms that have windows facing Quinn Avenue (alley), and an upgraded video security system. The safety and well-being of our sangha continue to be a high priority for all of us.

Our “Songs in Solidarity with Ukraine” benefit held in the Hondo on August 13 was a moving event and a very successful fundraiser. 100% of the donations are being given to the Ukrainian Heritage Club of Northern California to support their humanitarian efforts during the current struggle. The live show and streaming video presentation were very professional. My sincere thanks to Sharon Ito, Koichi Mizushima, Merv Maruyama and Crew for their dedication in putting together the benefit.

The Minister Assistant and Layperson Helper training sessions held at the temple in July and August were also very successful. Interested individuals from some of our Northern California District temples (Florin and Placer), as well as six of our own members participated in workshops to learn more about the dharma and what it entails to provide support to the ministers and also to families. The sessions were offered by Reverends Patti and Bob Oshita, Reverend Matt, Reverend Noritaka Imada from the Buddhist Churches of Lodi and Florin, and our own minister assistants. I am very grateful to the ministerial team for developing this opportunity for the group to learn and work together. Due to the shortage of ministers within the Buddhist Churches of America (BCA), expanding this type of support continues to be of critical importance. Taking proactive measures will help to ensure that our sangha and others will continue to thrive.

Welcome to new member Laura SooHoo. For our July community service project, it was mentioned in last month’s SANGHA that SBWA was collecting used eyeglasses for the Lions Club project to refurbish and distribute the glasses to those who could not afford them. We collected a whopping 200+ pairs of glasses. Thank you SBWA members for your generosity!

At the beginning of August, we collected non-perishable food and toiletries for the Sacramento State University Food Pantry. These items are given to students who are struggling financially to get a higher education. This was our second donation to the pantry this year. Thanks to Nancy and Harry Noguchi for offering their home as a drop-off location, and to Barbara Nakatomi for delivering the donations to CSUS.

On September 17, our SBWA team will be participating in the ACC 50th Anniversary Ohana Walk. Thanks to Shirley Kato, we have 20 participants as of this writing, and

**Sacramento
Buddhist
Women’s
Association**
Jane Komure
Executive Council



Sacramento Buddhist Women's Association
(Continued)

have collected well over \$1,000. Thank you to Gayle Kono for organizing the walking group.

In August, 11 SBWA members visited the Fresno Buddhist Temple. Thanks to trip coordinators Elaine Yoshikawa, her sister Faye, and Virginia Uchida, we were able to visit with Reverend Kaz Nakata and his family. We will be planning a much larger group trip to the Fresno temple in 2023.

On August 16, several members will be going to Thunder Valley Casino. This will be another first for many of our members. Since the pandemic, people have been keeping safe and got out of their routines, including going to our local Indian gaming casinos to enjoy a day of gambling. Our day's trip will end with a group lunch.

Just a reminder to those who have registered for the Federation of Buddhist Women's Associations convention via Zoom: Please mark your calendars for October 14 through October 16. You will be notified and given a link to the activities.

Our next board meeting will be held on September 7 at 7 p.m.

Legacy Endowment Fund

Stuart Ito
Immediate Past President and Legacy Endowment Fund Board Member

Hello everyone! The last article I wrote for the SANGHA was in December 2020 as I was finishing my second year as president of the Board of Trustees. Although "only" 20 months ago, it seems like an eternity. At that time, we were still closed to all in-person services and temple activities due to the pandemic.

Getting Back in Person

On July 25, 2021, we held our first in-person service in the kaikan while requiring face masks and proof of vaccination. Since the re-opening, weekly Sunday service attendance remains stubbornly down from pre-pandemic levels.

おかげさま



Today we have about 25–35 people for in-person service where pre-pandemic service would easily be in the 100 to 175 people range with lots of families. Where did all the people go?

The suspension of in-person Dharma School and the church basketball and sports programs may have been a significant contributor to the lack of in-person church service attendance.

Even though we suspended in-person Dharma School, we did maintain an online Dharma School using Zoom with surprisingly very good student participation. I would like to especially thank Dharma School Superintendent Val Fong and all the dedicated volunteer teachers who had to learn Zoom to keep our Dharma School program alive. With our younger sangha

members doing Zoom during the week for "regular" school, it took extra dedication to join yet another Zoom for Dharma School on Sundays.



Another reason for reduced in-person attendance is that we now "livestream" every Sunday service on Facebook and YouTube. This allows church members and anyone else in the world to enjoy the dharma from the comfort of their home or watch at a more convenient time.

We typically have about 30–40 folks watching every Sunday as the service is broadcasted live, but that number balloons to sometimes several hundred folks watching afterwards. That is really good news as folks whom we may never have reached in person are watching online.

So how do we get back to "normal"?

Well, I know there are many conversations happening on how to restore to some level the programs we had before. In many ways, the pandemic is forcing us to think differently in how we move forward in offering value to our sangha.

I am personally optimistic in how the future will evolve for our temple. We all know that impermanence and change are fundamental principles of Buddhism. I am hopeful that we will fully embrace those principles as we move forward.

For me, chanting together and listening to the dharma message are important, but having the opportunity to see and talk to our sangha members afterwards is another beautiful dimension of our temple. Having the opportunity to see and talk to each other face to face can never be replaced by watching online.

I hope to see you at our future Sunday services!



2022 Drive Thru Bazaar
Karen Adachi



This is just a reminder to order your 2022 Bazaar food and merchandise. The online store for the ordering of food will close promptly at 11:59 pm on Sunday night, September 4, 2022. When placing your food order, please be sure to select an available timeframe for picking up your order on Sunday, September 18, 2022.

The merchandise store will remain open through September 23, 2022. After that point, the merchandise will be ordered and will be available for pickup or shipping in November. The drive-thru pickup date and time for merchandise will be determined once we have a delivery date from the printer.

Monetary donations of any amount to support this very important annual fundraiser will also be greatly appreciated. The proceeds of our annual bazaar help support our annual operating and staffing expenses, as well as the many programs offered to our sangha and community. Because we could not offer the full menu of bazaar foods and games this year, donations of any amount will help tremendously with our fundraising efforts.

For your convenience, QR codes for ordering food, merchandise, or making a bazaar donation are provided below:

FOOD ORDERING



MERCHANDISE ORDERING



BAZAAR DONATION



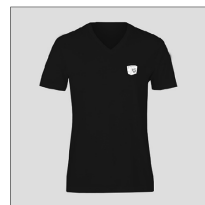
2022 SBC Drive-Thru Bazaar
Merchandise Sale

Order Online
Visit SBC Store



BLACK APRON \$25
Available in Spam or Udon

BLACK INSULATED BAG \$8
Available in Spam or Udon



MEN'S CREW NECK T-SHIRT \$23-\$25

WOMEN'S V-NECK T-SHIRT \$23-\$25

YOUTH CREW NECK T-SHIRT \$18

Available in Spam or Udon
Color Options: Black, White
\$18: YOUTH XS, Small, Medium, Large, X-Large
\$23: MEN'S Small, Medium, Large, X-Large
\$25: MEN'S 2XL and 3XL

Available in Spam or Udon
Color Options: Black, White
\$23: Small, Medium, Large, X-Large
\$25: 2XL and 3XL

Preorders Close September 23rd

**Betsuin Audio
Visual (AV)
Team**
Karen Adachi

Did you ever wonder how we are able to broadcast Sunday services, special services, memorial services, and telethons so that you can watch from the comfort of your home? With the magic of technology and the hard work of Stuart Ito, our Betsuin's immediate past president, our temple now has a sophisticated system to livestream services and special events.

In 2020, when we were all sheltered in place, Reverend Matt began providing Sunday services and shotsuki services from his home using Facebook Live. Zoom became the way we could conduct meetings and connect with each other. Over a year ago, as our temple began to slowly and cautiously open for small, private funeral and memorial services, we developed a need for providing "hybrid" services (both in-person and virtual). Through generous donations to the church's Technology Fund by sangha members and friends, Stuart was able to purchase the equipment needed to offer more complicated hybrid programs and services, with the ability to broadcast live activities combined with prerecorded videos so that those at home could enjoy the same experience as those who physically attended the services and events at the church.

For those attending in person as well as those at home watching virtually, everything feels seamless. We show up in person or online and enjoy the services or programs. But behind every virtual program is a tech person who is making it happen.

We have an audio visual (AV) team of volunteers who are on rotation for running the hybrid services each Sunday. Thank you to the following tech operators for their dedicated service:

Kelly Gartman
Brian Hatano

Aaron Imura
Ron Ishimoto

Stuart Ito
Sandy Kataoka-Fong

Joining the AV team this fall are Bruce Arao and Matt Atajar. Welcome and thank you for joining the team, Bruce and Matt!

Also, thank you to those who have given donations to the Technology Fund. Donations to the Technology Fund allow Stuart to keep up with the technological needs for the church without dipping into the church's general fund.

And lastly, we welcome everyone to come back to the temple to attend services and events. Our recent Bon Odori and the "Songs of Solidarity with Ukraine" benefit concert brought life back the temple grounds, and we look forward to seeing more people at service and in the courtyard after service.

**Adult Buddhist
Association**
Keiko Jean Kashiwada

Thank you for participating in ABA's Free Shredding event on Saturday, August 6. We hope to have these shredding events once or twice a year.

ABA will be providing after-service treats on a regular basis on the second Sunday of every month. Please come out to the Sunday services and visit with your fellow ABA and church members.

ABA will participate in the ACC Ohana Walk on September 17 with our members on the ABA Ohana team, as well as teams that ABA members formed on their own. Hope to see you along the walk and at the ABA checkpoint table.

Also on September 17, ABA members will help with this year's Drive Thru Bazaar bento preparations and will help distribute the bentos on September 18. Please come out on Friday, September 16 with your mandolin to help slice the cucumbers for the sunomono. Be sure to order your Bazaar food as soon as possible, as quantities are limited.

Later this year, ABA will have an Oldies but Goodies dance on October 1, pending the COVID restrictions in place at that time. Tickets are available through any ABA officer or committee chair.

It is so nice to be able to return to the church for services and events. Stay healthy!

**Bus Trip to
Apple Hill, Red
Hawk Casino**
Helen Sakaishi

Apple Hill & Red Hawk Casino Bus Trip

Wednesday, October 12, 2022

\$35

Check in: 7:30-8:25 a.m.

Departure: 8:30 a.m. Return: 4:30 p.m.-5 p.m.

Buddhist Church of Sacramento

2401 Riverside Blvd., Sacramento CA 95818

Riverside Tanoshimi Kai Tours is back with a bus trip to Apple Hill and Red Hawk casino on October 12, 2022, Wednesday! This trip is for adults, 21 and over. Please park inside the church parking lot and check in through the courtyard. Carpooling to the church is encouraged so there will be spaces available for other events.

The most important thing is to reserve your seats with Helen Sakaishi before it's too late! Call (916) 600-9291 (cell) or email hsakaishi@sbcglobal.net.

Songs in Solidarity with Ukraine

Karen Adachi



Office Manager

Cindy Kitade

Office Project Coordinator

Jennifer Nitta

Front Office Coordinator

Mika Matayoshi

Front Desk Staff

Kellie Morioka Sato

Betsuin Office

(916) 446-0121

Articles for the SANGHA are **due** on the **15th of each month**.

Late articles will be published in the following month's issue. When sending articles, please send email to: **Sangha@buddhistchurch.org** with a cc to: **betsuinoffice@gmail.com** and inform the church office at (916) 446-0121. Please include the author's name. Thank you.

On Saturday, August 13, 2022, the Main Hondo was filled with a beautiful blend of traditional and contemporary Ukrainian, Japanese, and English music, at a special benefit concert, "Songs in Solidarity with Ukraine." This event was held on what would have been our annual bazaar weekend. The program was well-attended in person as well as virtually on Facebook and YouTube.

During the May 2022 meeting of the Betsuin's Board of Trustees, a proposal was made and approved for our temple to become involved in some type of humanitarian relief effort in support of Ukraine. Board member and chairperson of our Community Outreach Committee, Sharon Ito, and Board members Koichi Mizushima and Merv Maruyama immediately took the helm to lead the planning of such a wonderful benefit program, where 100% of the proceeds will go to the Ukrainian Heritage Club of Northern California. While Sharon took charge of all the program planning details, Koichi and Merv worked tirelessly recruiting talented performers from our temple sangha and the local Japanese and Ukrainian communities to produce a wonderful 1½ hour program. The common theme of each of the individual performances centered around peace and unity, and their deepest hope that the war and destruction will soon end.

Presenting the opening message for the program was Reverend Matt Hamasaki, whose message included: "Buddhism is a religion, a philosophy, a way of life, that seeks to end suffering by transcending self-centeredness. Part of that is recognizing how we are not separate, but vitally connected to each other... By coming together today, we strengthen our shared humanity by showcasing our shared talents, recognizing the difficulties facing our Ukrainian brothers and sisters, and understanding that as far away as they are, their pain is also our pain."

During the program, Mayor Darrell Steinberg expressed words of appreciation to the Buddhist Church of Sacramento. He said, "It is more rare than we realize, and thus noteworthy and powerful, when one group holds an event/fundraiser exclusively for the benefit of another aggrieved or suffering group that they have no obligation to do all the work to help, but they choose to do so. And that's what's happening here today." [The Buddhist Church of Sacramento is saying], 'We care about your suffering. We care about you. We are going to raise our voices, extend our hands and take out our wallets to make sure that you know that we care.'"

The president of the Ukrainian Heritage Club of Northern California, Dr. Lubow Jowa, provided an insight of the mission statement and humanitarian efforts of this nonprofit organization. Also in attendance at the program was the editor of Slavic Sacramento, Ruslan Gurzhiy, who shared his personal experiences and photos while reporting from Ukraine amidst the devastation and destruction.

If you did not have a chance to view the program, a recording of the entire program has been posted on the Sacramento Buddhist Church YouTube page. Links to the recording also can be found on the church's website, buddhistchurch.org, or using this URL: <https://www.buddhistchurch.org/internal-event/benefit-ukraine>

While the majority of program planning was accomplished by the three core event leaders (Sharon, Koichi and Merv), the event could not have been possible without the assistance of the church's office manager, Cindy Kitade, and her staff, and the many wonderful volunteers who helped run the program. Many thanks to the following people who contributed to this event:

Executive Director and Program Emcee: Sharon Ito

Executive Producers: Koichi Mizushima and Merv Maruyama

Production Sound System: Koichi Mizushima with assistance from Janet Mizushima

Virtual Program Development, Graphics, and Post-Program Posting: Stuart Ito

Technology Team: Stuart Ito (Lead), Taylor Ito, Ron Ishimoto

Show Assistant: Jean Kashiwada

Stagehands: Lisa Horikawa, Colette Lonchar, Ellie Mizushima

Cameraman/Photographer: George Warren

Graphic Designer: Aileen Niizawa-Morris

Online Donation Site: Michael Watanabe

Website and Facebook promotional posts: Brian Hatano

Email promotions: Sandy Kataoka-Fong

Media coverage (Channel 13 and ABC 10): Sharon Ito & George Warren

Invitations to Elected Officials: Tristan Brown

Sunday Service announcements: Kelly Gartman

Stage Pullout and Set-Up: Gary Traganza, Stuart Ito, Bob Chavez, Merv Maruyama

Flags & Banners Set-Up: Stuart Ito

Favors for Guests/Table Decorations: Audrey Seo

Donation Table Lead: Eileen Otsuji

Performers "Green Room" Lead: Diane Shimosaka

Donation of 2 Ikebana Arrangements: Frances Brookey, Julie Fong, Pat Medeiros and Yasmin Spiegel from Ikebana International Sacramento

Event Day Manager: Karen Adachi

Volunteers

Green Room: Don Dote, Sandy Kataoka-Fong, Shawn Lin, Sumi Lin

Songs in Solidarity with Ukraine
(Continued)

Donation Table: Stan & Nancy Ito

Ushers/Greeters: Ellis Abbott-Grasso, Matt Click, Allan Hoshida, Stephen Kashiwada, Sandy Kataoka-Fong, Keith Kato, Bryan Lin, Michael Mahon, Sharon Yoshimura, Ted Yoshimura

Escort to Mayor Darrell Steinberg and Assistant: Tristan Brown

Clean-Up: All Volunteers

A special thank you is extended to all the incredibly talented performers who entertained audiences, both in person and virtually; but most importantly, demonstrated two communities joining together in solidarity with a common goal.

Anytchka	Colette Lonchar	Oksana Nebozhuk
Stuart Goodnick	Merv Maruyama	Ola Oliynyk
Brian Hatano	Ellie Mizushima	Evan Shimane
Lisa Horikawa	Koichi Mizushima	Jordan Simmons
Michiyo Koga	Naoko	

And last, but not least, thank you to all who attended the program, both in person and virtually, and to those whose generous donations will go a long way in our efforts to support the Ukrainian Heritage Club of Northern California with their humanitarian aid to the victims of this devastating conflict.

Ukrainian Benefit Thank You
Sharon Ito



Dr. Lubow Jowa, president of the nonprofit Ukrainian Heritage Club of Northern California, has expressed her appreciation to all the performers and volunteers for welcoming her and presenting a beautiful concert.

Before driving from her home in Reno to attend the concert, Dr. Jowa sent a package filled with first aid kits to Ukraine. She said her organization sends medical supplies, blankets, food, clothes, and other daily essentials to families that aren't being served by larger relief organizations.

Here's a note Dr. Jowa emailed to me that I wanted to share:

Thank you so much for organizing this event, and for your helpers and associates.

What a massive undertaking, yet you were all driven to finesse the smallest details of the event!

We thank your priest and the council for their approval and involvement.

I can't express enough about the warmth and kindness we received from all the community present there. Also thank you for the gifts and card. I was genuinely surprised and extremely touched by this. Yes, it makes it all worth it to be there with you and your community.

You will be always remembered by our club and community.

Seredchno Dyakuem Vam! (Our heartfelt thanks to you all!)

Lubow

Core Strengthening Classes

Core Strengthening Classes for All Ages

September 7, 14, 21, 28
7 p.m.-8 p.m. Via Zoom



Monica Altieri
ACSM Certified Health/Fitness Instructor

No matter your physical fitness level, core stability is the key to balance and functional fitness. Think of a baby; the little tyke does not do situps and go to the gym to develop core muscles. A baby naturally develops core strength through "belly breathing," which allows them to go from laying, turning over, sitting up and finally walking. Sadly, as we age, we change into chest breathing, which becomes shallower as the years pass.

Through simple breathing exercises, I guide you to engaging/strengthening your core throughout your daily life. We start with exercises that you can do nightly, which will help you sleep. As the classes progress, we move to standing exercises and finally walking exercises. If you stay with me for four weeks, you will see improvements in your overall fitness. I have taught these exercises to all ages and fitness levels. I have seen improvements in posture, balance, endurance, and happiness. Best of all, you will be doing abdominal exercises in your sleep.

Please RSVP to BetsuinPrograms@buddhistchurch.org.

Thursday Night Health & Wellness



Join us for these friendly, informative sessions. Ask questions and learn about steps you can take to ensure a healthy and happy life for yourself and those around you!

Please sign up at BetsuinPrograms@buddhistchurch.org
Buddhist Church of Sacramento, 2401 Riverside Blvd., Sacramento, CA 95818-2233

Violence and Crimes Everywhere How to protect ourselves

Thursday, September 29, 2022 - 6:30 p.m.



Bruce Muramoto
City of Winters Retired Police Chief

Cooking Diaries Sofia Yee



Have you found yourself looking for things to do at home recently? If the answer is yes, take a look at my website Sofia's Cooking Diaries and try out some of the recipes you find on the website! All of my recipes are made with beginners in mind, so you can cook no matter what skill level you're at.

I'm Sofia Yee, a Girl Scout Cadette in Troop 569-33. For my Silver Award, I created a website with the goal of sharing some of my favorite recipes and spark a "cooking bug" in others. The site is called Sofia's Cooking Diaries, and it can be found at <https://sites.google.com/view/sofiascookingdiaries/home>.

Ever since I was little, I've loved to cook. From helping out with Sunday morning pancakes or weeknight dinners, I worked alongside the rest of my family as we made our daily meals. As I've gotten older, cooking has been a great way to experiment in the kitchen. One of the things I aim to show is to be flexible with ingredients and use what you have available, which is something I've learned from watching my dad cook. On my website, I've tried my best to make a base recipe that can be adapted easily to use whatever you'd like. You can discover how to whip up spring rolls and fried rice, or jazz up classic spaghetti.

Another objective of Sofia's Cooking Diaries is to encourage readers to share the food they create with family and friends.



My grandparents cooking for my family has shown me that food can be a love language. They show their love by spending the whole day cooking a meal for us. With this in mind, I hope the readers on my website will be able to share the love with their loved ones, and maybe even inspire more people to cook!

Please share the link with family and friends. Thank you!

Cooking Diaries by Sofia

WANNA COOK?

CHECK OUT SOFIA'S COOKING DIARIES!

Sofia's Cooking Diaries is a site dedicated to providing simple and delicious recipes for all skill levels.

Scan the QR Code for easy and fun recipes!

sites.google.com/view/sofiascookingdiaries/home

MEET THE CREATOR

Hi, I'm Sofia, and I'm a Girl Scout in Troop 569! Cooking Diaries is my Silver Award Project to encourage others in the community to cook.

Wall of Appreciation

If you have thought of donating to the Wall of Appreciation, please submit your donations to be included with the next set of donor names to be placed on the Wall of Appreciation in 2022.

Please fill out the Wall of Appreciation Donor Form as appropriate for the set of donors. With deepest gratitude and thanks for your generous support of the Buddhist Church of Sacramento in 2022.

Buddhist Church of Sacramento Wall of Appreciation Donor Form

The members of the Legacy Endowment Board had a vision to create a project that could express our appreciation for the Sacramento Betsuin. They contracted with a designer to create The Wall of Appreciation. This project is not only a symbol of gratitude for the Betsuin, but also for the generations of Sangha members who built and sustained this temple for so many years. It is only through the efforts of so many others that we are able to exist today. With deepest gratitude, thank you for your continued support of the Sacramento Betsuin.

DATE SUBMITTED: _____

DONOR NAME(S): _____

ADDRESS: _____

CITY: _____

STATE, ZIP: _____

PHONE #: _____

EMAIL: _____

NAMEPLATE WORDING:

(29 characters per line max including spaces & punctuation)

DONATION AMOUNT: \$ _____

DIRECTED TO:

GENERAL FUND

LEGACY ENDOWMENT FUND

SIGNATURE:

Levels of Giving



Kiku (Chrysanthemum)

\$1,000,000 +



Fuji (Wisteria)

\$500,000 +



Ichijuku (Bodhi Tree)

\$250,000 +



Hasu (Lotus)

\$100,000 +



Momiji (Maple)

\$50,000 +



Ume (Plum)

\$25,000 +



Icho (Ginko)

\$10,000 +



Ayame (Iris)

\$5,000 +



Sakura (Cherry)

\$2,500 +

Examples of Wording



Ted, Naomi & Mie Tanaka



In memory of
Jiro & Sumie Tanaka
& Mark Tanaka



The Tanaka Family



In celebration of
Jiro & Sumie Tanaka's 60th
Wedding anniversary



サンガ



～9月の予定～

9月 11日 10時半 祥月法要
9月 18日 9時半 お彼岸法要

理事のメッセージ

新田ゴードン

今秋、2020年3月以来、初めてダーマスクールが平常通りに再開することになり、別院理事を代表して皆様を大歓迎いたします。

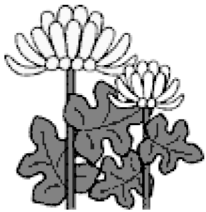
毎週行われるダーマサービスは9時半から始まりますが、ダーマスクールは第一と第三日曜日に行われ、サービスの終わったあと直ぐ「サイン・イン」を行います。9月18日より始まります。

現在、マスク着用を強くお勧めいたします。パンデミックの間、熱心に色々なアイデアを提供してオンラインでダーマスクールを続けて下さった先生方に心から感謝いたします。

このパンデミックの間に別院の近辺も色々に変化が起きています。当理事会では別院のメンテナンス・コミティと協力して出来る限りの安全対策を執行しております。多分皆様もお気づきのことと思いますが、常任のセキュリティ・ガード、防犯用フェンスとゲート、リバーサイド通り側の歩道に置かれた防犯用植木鉢、路地に面したクラスルールの防犯用ガラス窓、そして防犯用のビデオカメラの設置などです。

8月13日に開催された、ウクライナ支援募金コンサート「Songs in Solidarity with Ukraine」はとても素晴らしい募金活動でした。募金の全額が「Heritage Club of Northern California」へ寄付されます。ライブとビデオ・ストリーミングは本格的な出来栄でした。伊藤シャロン、水島コーイチ、丸山マープ、(敬称略)そして多くの皆様のご協力有難うございました。

7月と8月に当別院で行われた開教使アシスタント研修会は大成功でした。北加教区(フローリンとプラサー)と当別院(6人)から集まった人達がワークショップで浄土真宗の教えを学び、同時にどのように開教使とその家族にサポートを提供していくかなどが課題でした。ワークショップは大下ポップ・パティ夫妻、Rev. マット、今田開教使(ローダイ/フローリン)と当別院の開教使アシスタント達によって行われました。このミニステリアルチームの協力によって開教使アシスタント志望者たちが共に勉強出来る機会に恵まれたことを有難く思います。BCAの開教使不足の最中、このような機会を作ることは将来のサンガの繁栄を継続していく為に役立つ貴重な活動であります。



婦人会ニュース 小牟礼ジェーン

新会員歓迎: SooHoo ローラさん

プロジェクトの報告:

7月のプロジェクトでライオンズ・クラブのために200個以上の古い眼鏡を集めることができました。

8月の始めにサクラメント州立大学のFood Pantry(学生のための食品庫)に寄付するために缶詰その他の保存食を集めました。今年二度目の寄付でしたが野口ハリー・ナンシー夫妻のご好意と中富バーバラさんのご協力皆様からの沢山の寄付が集まりました。

8月11日に11人の婦人会メンバーがフレズノ別院へ見学に行きました。この小旅行の世話をした吉川イレーンと姉のフェイさん、内田ヴァージニアさんに感謝します。中田先生とご家族に会うことができました。来年、もう一度、大きなグループでフレズノ別院の訪問を計画しています。

8月16日に数人のメンバーがサンダーバレー・カシノへ行きます。パンデミック以来カシノへ行くお楽しみが中断していましたが、今回再開して帰途にグループランチを予定しています。

9月17日、ACC50周年記念行事の一つ「Ohana Walk」に婦人会からも有志が参加予定。加藤シャリーさんからの報告で既に20名が参加予定で、寄付総額1000ドルが届いているそうです。オーガナイズした河野ゲールさん、有難う!

来る10月に開催される婦人会連盟大会(ズーム)に登録された方はカレンダーに10月14日-16日を記しておいて下さい。近くなりましたらズームリンクをお送りいたします。

次回理事会は9月7日午後7時より。

