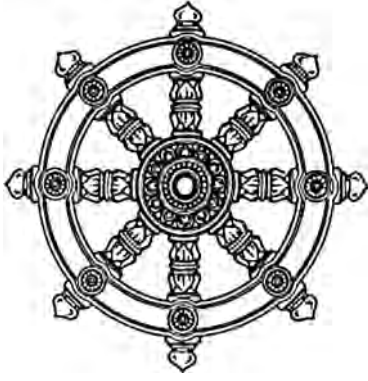


**Rev. Yuki's
Tweet**
Rev. Yuki Sugahara



What the Ministers Are Wearing [2]

It has been a while since I wrote the first article of this series, but last time (May 2023), I wrote about *shiki-e* (colored robe). I have introduced the purple-colored robe, but I own light purple for the summer and blue for the winter too. I am sure you have seen them (if you were at the Sunday services!). There are certain colors of purple and red we cannot wear because it is the color for Gomonshu (the head priest of the tradition) and Shinmon (next head priest-to-be), and there are some colors and designs which certain roles of the ministers can wear, but most of the time, ministers can pick and choose what color they want to wear.

This month, I will introduce another style of the robe called *koku-e* (black robe) and *fuho* (robe for ordinary use).

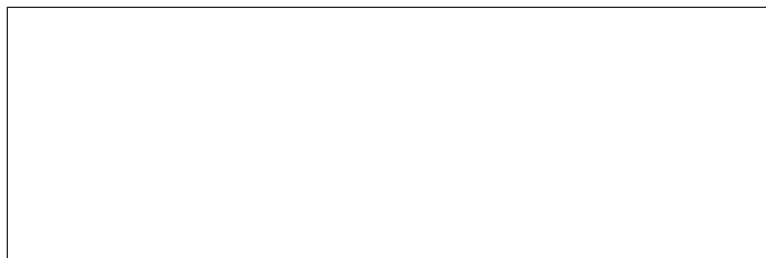
Shiki-e is often worn at special occasion services. Some ministers wear them at funerals and memorial services too. On the other hand, *koku-e* is used for regular services (and also at the special occasions). In the United States, this tradition is abbreviated, but usually in Japan, when the ministers go up to the *onaijin* (altar area), we must wear *koku-e*. If you go to our mother temple, Nishi-Hongwanji, in Kyoto for the morning service. Please pay attention to those ministers who are up in the altar area. They all wear *koku-e*.

(Continued on page 2)

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SANGHA

Sacramento Buddhist Church
Volume 60 Number 11 – November 2023

**Sacramento
Betsuin**
2401 Riverside Blvd.
Sacramento, CA 95818

(916) 446-0121
(916) 446-1866 FAX

betsuinoffice@gmail.com

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Rev. Yuki's Tweet

(Continued)



Reverend Yuki Sugahara
(916) 834-7350
yukisugahara10012022@
buddhistchurch.org



Reverend Matt Hamasaki
(916) 926-2221
revmatt@buddhistchurch.org



Yuki (perhaps around age 4)

President's Message

Karen Adachi

Office Manager

Cindy Kitade

Office Project Coordinator

Jennifer Nitta

Administrative Assistant

Kellie Morioka Sato

Betsuin Office

(916) 446-0121

Fuho is a robe for regular, ordinary use. Black was the only color available in the past, but now black, green, red, and gray are available. Many ministers in Japan still prefer black, but it is said that our eighth head priest, Rennyō Shōnin (1414–1499), preferred gray because to dye the threads to black uses a lot of ink and it could be expensive... but, I liked the green.

One of the reasons is that this color of green is close to the color of the happi coat of Shinsengumi — a military unit in Japan in the 19th century. I am a big fan of them since I read the novels by Ryōtarō Shiba!

Another reason is that I think it is good to have uniformity, but also good to have the variety and I wanted to show that there are different-colored *fuho* robes that ministers can wear.

When I was little, I thought the ministers' robes were the coolest clothes in the world and I wanted to wear them because all of my relatives wore them (most of my relatives are Jōdo Shinshū ministers).

So one of the members made me the tiny robes and I remember following my grandma for the monthly services and Obon services wearing the robes (technically and strictly saying, we cannot wear robes until we receive ordination though).

The big difference between *koku-e* and *fuho* is that the *koku-e*'s sleeves are wider compared to *fuho*. You will see ministers wear *koku-e* often with *hakama* (traditional skirt), so it probably is easy to notice the difference.

But, when you see me next time and mention that "Oh, Sensei, you are wearing *koku-e* (or *fuho*) today!" then, that proves that you have read my article!



Koku-e



Fuho

The month of October included a very special event, along with the return of two of my favorite annual activities. On Sunday, October 8, our temple welcomed ministers and sangha members from our neighboring Northern California temples (Florin, Lodi, Marysville, Placer, Stockton and Walnut Grove) for the special 850th/800th Joint Celebration Service, celebrating Shinran Shōnin's 850th birthday and the 800th anniversary of the founding of the Jōdo Shinshū tradition. This special service will not be repeated for another 50 years, so it was a once-in-a-lifetime experience for many of us. We were honored to have Reverend Marvin Harada, Bishop of the Buddhist Churches of America, participate in the service. Accompanying him was his executive assistant, Reverend Michael Endo. Our special guest speaker for this service was Reverend Dr. David Matsumoto, president of the Institute of Buddhist Studies, who gave an interesting Dharma message on the life of Shinran Shōnin and how our Jōdo Shinshū tradition began.

The service included a special ceremonial ritual by Bishop Harada, special melodic chanting called Shuso Sango Sahou, and the reading of excerpts from Shinran Shōnin's book, *Kyō Gyo Shinshō*, by Reverend Noritaka Imada from the Florin/Lodi temples and Reverend Candice Shibata from the Stockton/Walnut Grove temples. Reverend Yuki accompanied the singing of the gatha, Shinran Sama, with his bass guitar. Closing out the service was the Betsuin choir, singing Tabiyuki Shinran and Shinshū Shuka, and accompanied by Myra Okasaki on the piano. If you did not have an opportunity to attend this service in person or virtually, you can view the service on the church's YouTube site or its Facebook page.

This special service was sponsored by the Northern California Ministers' Association, with Reverend Candice Shibata and Rinban Yuki Sugahara coordinating the service. In addition to those mentioned above who participated in the service, special thanks go to Sharon Ito Warren for serving as chairperson for the service, organist Daniel Nishikawa, Sensei Keith Kato for ringing the kansho, and Stuart Ito for taking care of all the technical aspects of the service, including the slideshow presentations and broadcasting the service for those at home.

President's Message

(Continued)

NOTE NEW E-MAIL!

Submissions for the SANGHA are **due on the 15th of each month**. Late articles will be published in the following month's issue.

When submitting, please send email to: **SBCsangha@gmail.com** with a cc to: **betsuinoffice@gmail.com** and inform the church office at (916) 446-0121. Please include the author's name.

Artwork, including photographs, needs to be sent as separate files from the text. Thank you.

Sacramento Buddhist Women's Association
Jane Komure
Executive Council



Preceding the service, attendees were treated to a continental breakfast coordinated by Peggy Okabayashi and the Florin Buddhist Women's Association (BWA). A large array of pastries and other breakfast items were provided by the Florin BWA and donations from other Northern California BWA organizations. Thank you, Peggy and all the Northern California BWA organizations!

After the service, attendees were treated to a nice lunch, catered by Mark Hayashida's L&L Barbecue. The Sacramento Betsuin's special events coordinator, Audrey Seo, coordinated the set-up and clean-up of the kaikan and serving of the lunch. Members of Sacramento's ABA and BWA organizations assisted with set-up, serving, and clean-up. Thank you, Audrey and the volunteers from ABA and the SBWA, for all your help. Thank you also to the other Northern California temples for providing drinks and to those in attendance who helped put away the tables, chairs, and the carpet deck after the lunch.

The following Sunday, October 15, was another busy day at the church. Our annual Eitaikyo service was officiated by Reverend Yuki, who presented separate Dharma messages explaining Eitaikyo to the youth and to the adults. In addition to the Eitaikyo service and Dharma School class, Cub Scout Pack 50's All You Can Eat Pancake Breakfast fundraiser returned after the three-year COVID break. The courtyard and kaikan were filled with hungry people enjoying their breakfast, participating in a special raffle drawing, and purchasing cute Halloween-themed baked goods. It was so nice to see the cub scouts and their parents working together to make this major fundraiser for the pack a huge success! Thank you to everyone who supported this event.

Another favorite event was the annual Halloween Party put on by our scouting program on Saturday, October 21. For the second year since the COVID break, many of our church organizations, including our church office staff and ministerial team, enjoyed participating in the event by having trick-or-treat stations. After trick-or-treating, participants enjoyed snacks, crafts, games, and the annual costume contest. Returning this year for the first time since 2019 was Boy Scout Troop 50's popular Haunted House. Thank you to the scouting program and all the organizations for making this such a fun event for all!

As we near the end of 2023, we are excited to be planning our 125th Anniversary celebration in 2024. As mentioned in last month's SANGHA newsletter, we are looking for volunteers to help us plan our special events for 2024, starting with a kick-off of our 125th anniversary on New Year's Day. If you are interested in helping on one or more of the seven committees listed below, please contact Sharon Ito, Koichi Mizushima, Sandy Kataoka-Fong, or the church office.

- Marketing, Brand, and Communications
- 01/01/24 Launch
- Anniversary Dinner, 11/23/24
- Capital Campaign Plan & Launch
- Commemorative Events in 2024
- 125th Merchandise
- Community Engagement

I look forward to seeing you at our Hoonko Service on Sunday, November 19. Our Sacramento Buddhist Women's Association (SBWA) will be making edamame rice for all in attendance at this service. Thank you to the SBWA, which has provided a special treat after our Hoonko services for many, many years!

Welcome to our newest member, Betty Kashiwahara. We have had at least one new member almost every month this year. It's been exciting to see our membership growing after the lull during the pandemic.

We have had a busy autumn season that included a personal safety class, helping at the ACC Ohana Walk, visiting the Fresno Buddhist Church, and getting together for crafts and a potluck. SBWA also helped to set up and serve an L & L Hawaiian BBQ lunch in the Kaikan on Sunday, October 8, in celebration of the 800th anniversary of Jodo Shinshu Buddhism and the 850th birthday of Shinran Shonin. On October 21, Shirley Kato will share our 2023 dana activities at the Federation of Buddhist Women's Associations (FBWA) representatives' meeting. Also on October 21, SBWA will sponsor a table and hand out treats at the Betsuin Halloween party.

On November 1, some of our members will be carpooling to Sky River Casino in Elk Grove. We will meet at one of the big slot machines, with each of us having a turn at the machine and sharing in the winnings. It's a wonderful way of getting to know each other better. Then we will gamble for a bit and meet everyone for lunch. On November 12, SBWA's Ohana Mele ukulele group will perform at the Placer Buddhist Church Luau. This event will benefit the people of Lahaina, Maui. On November 19, after Hoonko service, SBWA will serve edamame rice, followed by our annual general meeting, which all SBWA members are invited to attend.

On December 10, we will hold the annual Tsuito Hoyo service, followed by Bonenkai, our year end celebration. The Bonenkai will include a bento lunch from Jensai, entertainment by the Ohana Mele ukulele group, and the distribution of door prizes.

**Sacramento
Buddhist
Women's
Association**
(Continued)

**Legacy
Endowment
Fund**
Stuart Ito
Legacy Endowment
Board Chair

おかげさま

**Adult Buddhist
Association**
Jean Kashiwada
President

This event has always been well attended. It is our last social event of the year. All SBWA members and guests will receive an invitation in the mail to this special service and the Bonenkai by the end of October.

The information and opportunity to register for all SBWA activities is emailed to all our members. If you are an SBWA member, please look for our emails that are sent regarding upcoming activities and events. Contact information is always provided.

Our next board meeting will follow the general meeting on November 19, as stated above. Again, all SBWA members and prospective members are welcome to attend.

The Legacy Endowment Fund was created to support the Jodo Shinshu teaching in our local community. We are always in search of ideas on how to do this. We meet monthly to discuss ways to promote our charter and brainstorm ideas.

A couple of years ago we requested proposals from our members and offered a \$5,000 grant. Unfortunately, we did not receive any applications for the funds, which was disappointing. We are so fortunate to have these monies specifically designated to spread the teachings, so it was disappointing not to have any applications for the grant. Of course, we are always welcoming ideas. If you would like to see some activity or program that falls under our charter, please feel free to contact the temple.

The current major project we have ongoing is a total redesign of our website. We have enlisted the leadership of Stephanie Fong (daughter of David and Sandy Kataoka-Fong) and in coordination with the website redesign committee have been meeting weekly. Our target is to launch the website early next year (if not sooner). This effort is not to just to change the pictures and colors, but rather a comprehensive effort to connect more deeply with our community.

For myself, I would like to see more focus on newcomers — those people who have never attended a Sunday service or perhaps know nothing about our temple or Jodo Shinshu Buddhism. For the newcomer, it can be intimidating to visit the temple. What are they chanting? Why do they keep saying *namo amida butsu*? Why do people bow and put incense in the burner? What are some folks wearing around their necks? What are those beads they are carrying? We hope to make it easy to understand these aspects on our new website.

I visited three non-Buddhist churches so I could “feel” what newcomers may feel and experience when they visit us for the first time. It was very unfamiliar for me at those different churches, but in all cases, people did come up to me and try to make me feel welcome. Although our website will be focusing on people new to our temple and new to Buddhism, it is all our responsibility as sangha members to make newcomers and visitors feel welcome when they do enter our doors. That first interaction can make all the difference!

ABA had another busy October supporting our Betsuin and community fundraising efforts. I hope you were able to attend the October 8 Joint Celebration of the 850th Anniversary of Shinran Shonin’s birth and the 800th Anniversary of the Establishment of Jodo Shinshu. It was a very impressive and memorable service. Thank you to members of the ABA Board and the SBWA Board for helping to set up, serve food and clean up afterwards. Thank you to Audrey Seo for working with Reverend Candace Shibata and the Northern California District Ministers’ Association on the continental breakfast and lunch for the attendees and to Betsuin President Karen Adachi for recruiting ABA volunteers to set up the tables and chairs on Saturday and putting the tables and chairs away on Sunday, along with putting down the carpet deck. For those Northern California temple members reading this article, thank you for your attendance, contributions and help at this momentous occasion. It was wonderful seeing all of you. A comment I received from some of our ABA and choir members was: “We should do more services like this. It’s so nice to see members from the other temples.”

Our ABA Board members who are ACC escorts continue to help out at our temple’s Wednesday Senior Services. Thank you to Merv Maruyama for his recent generous donation to ABA. We used his money to purchase manju and mochi for the first Wednesday service in October. Thank you to ABA members who continue to bring treats to share with the seniors. Thank you to Reverend Sugahara and Reverend Hamasaki for officiating at these services. Reverend Hamasaki is currently on paternity leave. We miss seeing him at the Wednesday services and wish him the very best.

Many of us ABA members attended Placer Buddhist Church’s annual wine tasting event on October 14, which is always a fun evening. Please try to support our Northern California temples whenever they have fundraising events, either by purchasing their food items or taking a shift at their events. Thank you to ABA Board members Michael Ota, Martha Kushida and Carolyn Murata who set up ABA’s trick-or-treat table and passed out candy at the Cub Scout Halloween Party on October 21. It’s always fun to see the children and adults in costume.

Until next month, stay healthy! Hope to see you at the 9:30 a.m. Sunday in-person services!

November Schedule of Events

Sangha Staff

Editor (English) Cliff Adams
 Editor (Japanese) Katsuko Hirota

Contributing Reporters

President Karen Adachi
 SBWA Jane Komure
 ABA Jean Kashiwada
 Legacy Fund Stuart Ito
 College Savings Program Wayne Kurahara
 Sports Marty Matsuda
 Tanoshimi Kai Brian Hatano
 Dharma School Audrey Seo
 Girl Scouts Tami Tomlinson
 Sakura Gakuen Masako Thomas

2023 Family Memorial Service Schedule

Sangha Helpers

Yvonne Ishimoto
 Libby Iwamura
 Shirley Kato
 Janet Kawamura
 Jane Komure
 Peggy Mori
 Lynn Sunahara
 Fusako Takahashi
 Irene Takeda
 Kathy Yamamoto
 Elaine Yoshikawa

Betsuin Thanksgiving Schedule

- Wednesday, 11/22: Open 9 a.m.–12 noon
- Thursday and Friday, 11/23–11/24: CLOSED
- Saturday, 11/25: Open 9 a.m.–12 noon
- Sunday, 11/26: CLOSED

Sunday Services, 9:30 a.m.

- 11/5/2023: Pet Memorial Service and Shotsuki Hoyo Memorial Service
 Dharma Message by Rev. Matt Hamasaki
 Please bring a photo of your beloved pet(s) who have passed away, to be placed on the Onajin during service. BE SURE TO LABEL THE BACK OF YOUR PHOTO(S). Photos can be picked up after service; any remaining will be kept in the office until Thanksgiving for pick-up.
- 11/12/2023: Family Dharma Service
 Dharma Message by Sensei Keith Kato
- 11/19/2023: Ho-onko Service
 Dharma Message by Rev. Yuki Sugahara
- 11/26/2023: Betsuin Closed — Enjoy a Safe and Happy Thanksgiving!

Special Services, Classes

- Wednesday, 11/1/2023, 10 a.m.–11:30 a.m.: Special Japanese Dharma Service (Refreshments afterward) – Rev. Yuki. For Seniors and anyone else who would like to join us!
- Monday, 11/6/2023, 10 a.m.–11 a.m.: Monthly Chanting Service (Refreshments afterward) – Rev. Yuki
- Wednesday, 11/8/2023, 10 a.m.–12 noon: Japanese Dharma no Kai (Japanese Dharma Class) – Rev. Yuki
- Wednesday, 11/15/2023, 10 a.m.–11:30 a.m.: Special Dharma Service (Refreshments afterward) – Rev. Yuki. For Seniors and anyone else who would like to join us!

Tanoshimi Kai

Fridays, 10 a.m. – Check-in time; Lunch at 11 a.m.


- 11/3/2023
- 11/10/2023
- 11/17/2023
- 11/24/2023: Closed for Thanksgiving Break
- 12/1/2023

Girl Scout Craft Faire & Betsuin Fundraiser


- Sunday, 12/3/2023; 10 a.m.–1 p.m.

Traditionally, family memorial services are held for loved ones on designated anniversaries. These are precious occasions to honor the treasured memories of our beloved ones and to realize how fortunate we are to be embraced by Amida Buddha's light of wisdom and life of compassion.

Year of Death	2023 Memorial	Year of Death	2023 Memorial
2022	1 year	1999	25 year
2021	3 year	1991	33 year
2017	7 year	1974	50 year
2011	13 year	1924	100 year
2007	17 year		



Condolences to
the Families of



Teruko Tagawa..... February 7, 1927–August 23, 2023
 Hideo Tokunaga..... July 13, 1932–August 23, 2023
 Arthur Kobayashi..... February 28, 1934–September 7, 2023
 Asako Marianne Fujii..... June 9, 1932–September 12, 2023
 Emi Ojima..... January 13, 1928–September 21, 2023
 Edward Nagao..... October 29, 1935–October 1, 2023
 James Iwao Shimada..... October 23, 1926–October 10, 2023



Sakura Gakuen
Masako Thomas
Adult Class Dean



Registration for the 2024 spring semester will start in December 2023. The first day of the spring semester is January 23, 2024, and the last day is May 20, 2024 for Monday conversation classes.

Kanji classes are on Tuesdays, January 24, 2024 to May 21, 2024. We will open a Beginner Level 1 class if there is enough interest. Contact Mrs. Thomas at thomas@sakuragakuen.org.

For the Saturday youth program, please contact Tomomi Flesuras, tomomi.sakuragakuen@gmail.com.

Tanoshimi Kai
Brian Hatano

Once a month, Riverside Tanoshimi Kai recognizes and celebrates with those who are observing a birthday. We serve cake and sing "Happy Birthday." For many of our members, it's not uncommon to commemorate 90-plus years. A few years ago, we joyfully celebrated one member's 104th birthday.

Seeing the smiles on their faces when they get the spotlight certifies that recognizing the milestones reached by our members — if only for a few minutes — is worthwhile. And who doesn't like cake?

At our annual holiday get-together in December, we give special recognition to those members who are celebrating their 88th birthday. This year, we will include all whom we haven't put in the spotlight since 2020 when we took a hiatus due to the pandemic.

Our food offerings continue to be refined by the caterer hired by Meals on Wheels, and new entrees are in the works. In October, we were pleasantly surprised when spaghetti and meatballs was served, much to the delight of the attendees. Stay tuned for updates.

One food item that deserves a shout-out because it has received consistent accolades is the variety of namasu provided every week by Helen Sakaishi. She prepares and funds the salads herself. Thank you Helen.



Seniors 60 and older are welcome to come to Tanoshimi Kai on Fridays. Check-in time starts at 10 a.m.; lunch is served at 11 a.m., followed by bingo and/or entertainment. No RSVP is necessary.

You're Invited to Tanoshimi-kai

Weekly Seniors (60+)
Luncheon every
Friday at 11 am



LUNCH + FUN!



Attendees are asked (but not required) to donate \$6 to help defray costs. Guests of Tanoshimi Kai members under 60 years old can enjoy lunch for \$10.

If you need a ride from Maple Tree or Greenhaven Terrace, please contact ACC Rides at (916) 393-9026, ext. 333, or at rides@accsv.org. Tanoshimi Kai is happy to pay for your round-trip fare.

Riverside Tanoshimi Kai offers a great opportunity for Sanseis to enjoy lunch with their parents and at the same time, they get to enjoy the company of acquaintances and make new friends.

For questions or if you'd like to volunteer to serve meals, contact Barbara Nakatomi at (916) 813-5440.

Yoga with Bob Matsueda

Interested in learning something new? The Yoga for Health class is designed for any age and physical condition.

Join us for weekly yoga classes with Bob Matsueda via Zoom.

For mid-November and December we will show past recordings. Every Wednesday evening, 7 p.m.–8:15 p.m.

New students, please contact betsuinprograms@buddhistchurch.org for more information and Zoom link.



Thursday Night Health & Wellness



Join us for these friendly, informative sessions. Ask questions and learn about steps you can take to ensure a healthy and happy life for yourself and those around you!

Please sign up at BetsuinPrograms@buddhistchurch.org
Buddhist Church of Sacramento, 2401 Riverside Blvd., Sacramento, CA 95818-2233

**Physical Therapy:
Tips to Reduce Pain and Injury
Come and learn about posture hints to reduce back and neck pain, stretching/flexibility, balance and body mechanics
Thursday, November 16, 2023 - 6:30 p.m.**



**Stacy Itagaki
Physical Therapist**

Shotsuki Hoyo - Monthly Memorial Service Schedule



On the first Sunday of every month, we observe a special memorial service known as Shotsuki Hoyo. This service is dedicated as a time to remember and express gratitude for our family members and friends who have passed away during the month of the year in which the service is held.

Now combined with our Family Dharma Service, Shotsuki Hoyo will be held on the following Sundays:

- November 5, 2023
- December 3, 2023
- January 7, 2024
- February 4, 2024
- March 3, 2024
- April 7, 2024
- May 5, 2024
- June 2, 2024
- July 7, 2024

If you have a Homyo card for your loved one(s), you are welcome to bring it to service to be placed on the Onaijin.

3 ways to submit the name of a loved one to be read during the service:

- (Preferred) Scan the QR Code and complete the form.
- Send an email to BetsuinOffice@gmail.com. Include your name and the name of your loved one.
- Call the Betsuin Office, (916) 446-0121. Leave your name and phone number along with the name of your loved one.



Courtyard Refreshments

We appreciate the following groups/members for providing refreshments or assistance for our Sunday morning courtyard refreshments:

August 27, 2023

- Snack Packs donated by Cub Scout Pack 50 — Lions Den

September 24, 2023

- Shirley Kato
- Doughnuts donated by Teruko Matsumura
- SBWA
- Beverly Tanaka

The Betsuin 529 College Savings Program

Wayne Kurahara



When you do an internet search on “Buddhist Church 529 College Savings Program,” you will find that the Sacramento Betsuin is the only Buddhist church with a 529 College Savings Program for its youth. Of 60 churches in the Buddhist Churches of America (BCA), and countless other Buddhist churches and temples in the United States serving more than a million Buddhists, only the Sacramento Betsuin has a 529 College Savings Program for its youth.

Nearly all BCA temples offer scholarships for their graduating seniors going to college. The scholarships help to provide financial assistance and are gratefully appreciated.

But they do very little to help temple youth because only a few are so fortunate as to be awarded the scholarships and the scholarship amounts are so little when compared to the \$18,000–\$30,000 cost per year at a four-year college.

Attending college and/or vocational school after high school is costly and becomes an overwhelming financial burden on young persons.

As much as possible, students and families attempt to cover the cost of college without taking out student loans or having to work while attending college. But unfortunately given the cost, this is not always possible.

To ease the financial burden, families should start by saving for college when children are at an early age. A 529 College Savings Plan can be of tremendous help because it is a perfect vehicle for families to make regular monthly and/or annual contributions to build the savings with tax-free earnings.

The Betsuin 529 College Savings Program is intended as an incentive for the family to start to save and make regular contributions to build college savings for their children.

Although the amount of the ABA contribution is only \$100 per year, if it and contributions by the parents, grandparents, uncles and aunts total \$1,000, the savings can grow to nearly \$25,000 in 15 years.

For each Betsuin child participating in the Betsuin 529 College Savings Program annually for 15 years, the temple’s contributions will total \$1,500 and the earnings will build the amount to more than \$2,000, which is more than the Betsuin’s Scholarship Awards. In this way, the Betsuin is providing a wonderful financial benefit to its youth.

The Betsuin 529 College Savings Program is presented on the church website at: <https://www.buddhistchurch.org/internal-event/betsuin-529-college-savings-plan>.

This program is funded by the ABA Scholarship Education Fund. If you would like to participate in this program as a contributor or donor, that would be greatly appreciated.

Donations should be made directly to the ABA Scholarship Ed Fund.

If you have questions, please leave your phone number or email address at the church office (916) 446-0121 or betsuinoffice@gmail.com and ABA will respond.

Sports Committee

Marty Matsuda



Dharma School only the first and third Sundays of the month is something that is hard for me to get used to. Dharma School Sundays are busy, loud, energetic and fun. Non-Dharma Sundays are quieter, slower-paced, and still fun, but not as much fun compared to a Dharma School Sunday.

But Rinban Yuki and Reverend Matt are working to bring noise, energy and fun to the temple on the second and fourth Sundays as well.

By the time this article goes to print, our dharma kids will have the opportunity to participate in introduction to taiko and tai-chi quan after service.

So come to church on non-Dharma School Sundays and check out the fun things that will be offered to our kids.

Just a reminder about safety and security to our parents and players as evening basketball practices will begin this month.

Stay alert to your surroundings when you park in the alley or parking lot.

Don’t let your kids wander in the parking lot, courtyard and hallways without close parental supervision.

If you see something suspicious, alert other parents or the security officer on duty.

Remember, the safety of our kids and parents is always our priority.

Dharma School News

Audrey Seo



Dharma School has been in session for a full month and we are excited to see so many returning and new students, so we wanted to make sure we get the year started with the right effort and right mindfulness.

Attendance Reminder: The first and third Sundays of each month plus any special/Buddhist holiday services are tracked for attendance.

Teachers take attendance on class days (must attend both service and class) and sign-in sheets are monitored for the special/holiday services (must attend the entire service).

Each student can sign in only for themselves, not anyone else.

Upcoming attendance days are:

- **November 5:** Dharma service (Pet Memorial) and class (Safety Evacuation Drill).
- **November 19:** Hoonko special service and New Student Recognition (sign-in sheets). No class.
- **December 3:** Dharma service (Bodhi Day) and class.
- **December 31:** New Year's Eve (attendance extra credit).
- **January 1:** New Year's Day (attendance extra credit).
- **Note:** No service or class **December 17** due to church winter break.

Thank you for your cooperation in following the attendance policy.

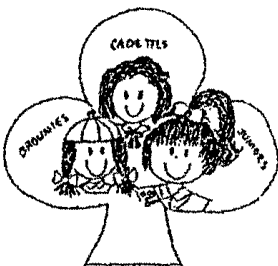
Scout Coat Drive



BSA Troop 50G is accepting new or gently used coats, jackets, sweaters, hoodies, sweatshirts and cardigans until December 3. The donation box is located at the Sacramento Buddhist Church. Drive benefits local farmworkers and their families (Angels of the Fields Service Project).

Share the Warmth

Girl Scout Troop 569 Fall Craft Faire



Girl Scout Troop 569

FALL

craft faire

SUNDAY

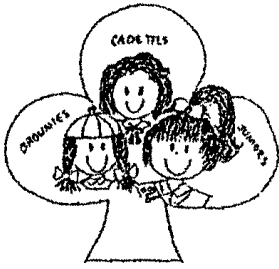
DECEMBER 3

10:00 AM - 1:00PM

Sacramento Buddhist Church
2401 Riverside Blvd.

**handmade crafts
ready for holiday
gift giving**

Girl Scout Troop 569
Tami Tomlinson



Daisies 2 (569-46) met in October for our first “real” meeting. A special guest stopped by — Girl Scouts Heart of Central California (GSHCC) CEO Linda Farley — who issued the girls her personal patch to add to their vest. In addition, we made daisy name necklaces to help learn everyone’s



names and earn a Make New Friends Patch. We also worked on a few projects for the craft fair in December, including an elaborate table covering with original, hand-drawn art and painted cherry blossom ornaments. The girls added Q-tip dot art to make the blossoms on the tree drawn on wood slices. Please stop by our table to the craft faire to see our table covering and one-of-a-kind ornaments. No two are alike!

To kick off the year, **Brownies 2** are embarking on our Wonders of Water Journey. At our first meeting of the year, our Brownies earned their love water badge by completing the following steps of their journey:

- illustrating why we love water;
- discussing all the ways we use water in our daily life;
- being mindful of inequity in access to water

and reviewing the United Nations Global Goals for Sustainable Development;

- learning about rainbows (white light, refraction, and ROY G. BIV);
- learning about different states of matter (solid, liquid, and gas);
- learning about the water cycle;
- making a personal water conservation promise.

We are excited to learn more about



water, conservation, and taking action to help our community.

Seniors 1 received their archery badge through a lesson at Maya Archers in September, building on skills learned there in 2021 as Cadettes. All the kids managed to get bullseyes and pop balloon targets over the course of the lesson and look forward to an opportunity to go back!

Troop 569 Girl Scouts helped at the check-in station at the ACC’s 2nd Annual Ohana Walk held on September 16. There were 1,068 registered participants and more than \$91,000 was raised.



Wall of Appreciation

If you have thought of donating to the Wall of Appreciation, please submit your donations to be included with the next set of donor names to be placed on the Wall of Appreciation in 2023.

Please fill out the Wall of Appreciation Donor Form as appropriate for the set of donors. With deepest gratitude and thanks for your generous support of the Buddhist Church of Sacramento in 2023.

Buddhist Church of Sacramento Wall of Appreciation Donor Form

The members of the Legacy Endowment Board had a vision to create a project that could express our appreciation for the Sacramento Betsuin. They contracted with a designer to create The Wall of Appreciation. This project is not only a symbol of gratitude for the Betsuin, but also for the generations of Sangha members who built and sustained this temple for so many years. It is only through the efforts of so many others that we are able to exist today. With deepest gratitude, thank you for your continued support of the Sacramento Betsuin.

DATE SUBMITTED: _____

DONOR NAME(S): _____

ADDRESS: _____

CITY: _____

STATE, ZIP: _____

PHONE #: _____

EMAIL: _____

NAMEPLATE WORDING:

(29 characters per line max including spaces & punctuation)

DONATION AMOUNT: \$ _____

DIRECTED TO:

GENERAL FUND

LEGACY ENDOWMENT FUND

SIGNATURE:

Levels of Giving



Kiku (Chrysanthemum)

\$1,000,000 +



Fuji (Wisteria)

\$500,000 +



Ichijuku (Bodhi Tree)

\$250,000 +



Hasu (Lotus)

\$100,000 +



Momiji (Maple)

\$50,000 +



Ume (Plum)

\$25,000 +



Icho (Ginko)

\$10,000 +



Ayame (Iris)

\$5,000 +



Sakura (Cherry)

\$2,500 +

Examples of Wording



Ted, Naomi & Mie Tanaka



In memory of
 Jiro & Sumie Tanaka
 & Mark Tanaka



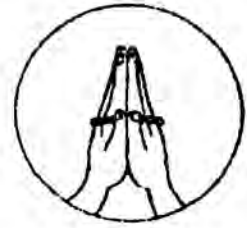
The Tanaka Family



In celebration of
 Jiro & Sumie Tanaka's 60th
 Wedding anniversary



サンガ



～11月の予定～

11月	5日	9時半	祥月法要
11月	1日	10時	シニアサービス
11月	8日	10時	日本語法話会
11月	15日	10時	シニアサービス
11月	19日	9時半	報恩講サービス

お坊さんが着ているのは何？ [2]

シリーズで原稿を書こうと思いつつも脱線し続け、元々どんなタイトルで書いていたかも忘れてしまいましたが…今月は久しぶりに衣体の話を書かせていただこうと思います。

今回は「色衣(しきえ)」について書かせていただきました。その際に紫色の色衣を紹介させていただきましたが、それ以外にも夏用の薄紫、冬用の青の色衣を所持しております。法要の際に着用させていただいています。皆さん、もちろん法要でご覧になったことがあることと思います！

色衣の中にはご門主様や新門(次期ご門主)だけが着ることの出来る色というのがあります。また職務によって着られる色やデザインが違ったりもします。輪番には特別な職務衣体というものがあり、緑の色衣がもうすぐ日本より到着すると思います。その際にはまたお披露目させていただきますが、基本的には僧侶は好きな色を着ることが出来ます。

今月は黒衣(こくえ、写真1)と布袍(ふほう、写真2)について書かせていただきます。

色衣は特別な法要の際に着用することが多く、僧侶の中にはお葬式や法事でも着用している方もいます。黒衣は基本的には普段のお勤め(または法要)の際に着用します。アメリカではこの伝統は簡略化されていますが、本来は僧侶がお内陣に出勤(お内陣でお勤めすること)際には黒衣を身につけなければなりません。もし京都で西本願寺のお勤めに出ることが出来たら、お内陣の僧侶の方々を見てみてください。皆、黒衣を身につけているはずですよ。

布袍は日常で使用する衣です。以前は黒だけが認められていましたが、現在は錆萌葱色、栗赤銅色、濃樺茶色の四色があります。今でも多くの日本の僧侶の方々は黒を好まれています。第8代宗主の蓮如上人(1414-1499)は灰色を好まれたそうです。その理由としては黒い衣を染めるには染料を沢山使わなければならないけれども、灰色であれば少しで済む、黒い色というのは贅沢な色だという考えであったと聞いたことがあります。さて、私はというと錆萌葱色が好きです。

その理由の一つとしては、この色が新撰組の法被の色に似ているからです…中学時代に司馬遼太郎先生の『燃えよ剣』に出会ってから新撰組が好きで、京都でも壬生寺や池田屋など新撰組ゆかりの地を訪問したものです…(ちなみに西本願寺も一時期新撰組の駐屯地となっていたことがあります。)半分本気、半分冗談ですが、個人的にはみな同じ色のものを着てビシッと揃っているのも好きですが、様々な色があっても良いのではないかなとも思っています。ですから、皆さんに僧侶の布袍にはこういう色もありますよ、と見ていただきたかった。というのが主な理由です。

小さい頃には僧侶の衣体が世界で一番カッコいいと思っていました。その理由の一つとしては父を含め、親族はほぼ全員僧侶でしたので、夏に集まった時には衣を着ていることが多かったというのがあります。そこで、ご門徒の方が小さい衣を作ってください、祖母の後ろについて祥月やお盆参りをまわっていたのを覚えています。(厳密に言えば僧侶の衣体は得度した人のみが着れるものでありますが…)

さて、黒衣と布袍の一番大きな差というのは黒衣の袖が布袍に比べて幅広ということでしょうか。布袍の袖は22世紀から来た某猫型ロボットのポケットよろしく沢山のものを入れることが出来ますが、黒衣の袖はポケット状にはなっていません。基本的には黒衣を着用する際には袴を履いていることが多いので、違いはすぐわかるのではないかと思います。次回、私を見かけた時に「先生、今日は黒衣(布袍)を着てる!」と仰ってくださいるとこの記事を読んでいただいた証拠となります(笑)

それでは、また来月。合掌



黒衣



布袍

4才頃の私・・・→

