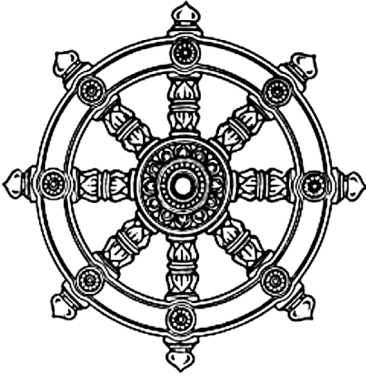


**Resident
Minister**
Rev. Matt Hamasaki



As we are now into spring and getting into summer, there is a lot more pollen in the air. And it doesn't help that there have been such powerful winds blowing it all around! It seems like everyone's allergies are acting up more than usual. Aside from the sneezing, symptoms that are super annoying are the irritation to our eyes that make them itchy, red, and dry. Especially if the wind keeps whipping things into them!

When we are unable to see as clearly and easily as before, we realize how much we rely on our eyes. They help us to interact with the world around us, from helping us get to where we're going to enjoying watching movies to reading the facial expressions on the people we're talking to. And while it's important for us to cultivate awareness of our surroundings so we don't, for instance, run into walls, it's equally important to train our inner eyes.

What this means is we can see beyond material things. We can see the truth behind the physical world. Although the objects and living beings in front of our face are clear with our outer eyes, their reality is obscured to our inner eyes. We cannot see what causes our distress, anxiety, and pain — the chain of events that follows our desires and attachments which makes us unhappy. Only when we can see how rooted our suffering is in our selfish nature as clearly as we can see how a tree is rooted to the ground will we begin to alleviate our distress.

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2401 Riverside Blvd.
Sacramento, CA 95818

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SANGHA

Sacramento Buddhist Church
Volume 60 Number 6 - June 2023

**Sacramento
Betsuin**
2401 Riverside Blvd.
Sacramento, CA 95818

(916) 446-0121
(916) 446-1866 FAX

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President's Message

Karen Adachi



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We have a lot of exciting events happening in June, starting with the return of our popular Rummage Sale after five years. I'd like to express my sincere appreciation to Jennifer Nitta and Laura SooHoo for chairing this huge event. It takes a village to make an event like this successful and I would like to thank all the department chairpersons and volunteers as well. The proceeds of this fundraiser will go to the church's general fund, to help pay for our operating expenses.

The last Dharma School service and award presentations for the 2022-23 term will be held on Sunday, June 4. I'd like to extend my special thanks to our dedicated Dharma School teachers, who devote so much of their time to share the dharma with our students.

To help cover the vacant Dharma School superintendent position, I'd like to thank Reverend Matt, Matt Nitta, and Audrey Seo, who pitched in to coordinate the activities, registration, and schedules for Dharma School. I'd also like to thank Diane Shimosaka, who took on the responsibilities of treasurer and attendance coordinator, and Karen Yamamoto for managing the teacher roster this year.

If anyone is interested in serving as Dharma School superintendent or filling any of the other vacant roles for the next term, please contact us! Our Dharma School program is so important for the future of our temple.

Don't forget our annual Families and Friends picnic at Marriott Park on Sunday, June 11 from 9:30 a.m. to 1 p.m. Dharma service will be held at the park at 10 a.m. Lunch will be served and games/races will be provided for the kids. Admission is free, and an RSVP by May 28 is requested, but not required (to help us determine food quantities needed). To register, please use the following link: <https://bit.ly/SBCPicnic23> or contact the church office at (916) 446-0121.

The month of June will culminate with the arrival of Reverend Yuki Sugahara and his family at the end of the month. We are excited to welcome the Sugahara family to our temple family and look forward to having Reverend Yuki as our full-time Rinban, effective July 1, 2023.

Opportunity Drawing

Congratulations to Kelly G. from Citrus Heights, who was the winner of our April Opportunity Drawing! His winning ticket has been placed back into the raffle drum for a chance of winning the final drawing. The final drawing, for the grand prize of \$1,000, is scheduled for Sunday, May 28, 2023. The winner of the May drawing will be announced in the July SANGHA newsletter. Thank you to all who participated in the Opportunity Drawing, and good luck in the final drawing!

2023 (In-Person) Bazaar: Saturday, August 12, Noon to 8 p.m.

I am pleased to announce the return of our Annual Japanese Food and Cultural Bazaar! Our Bazaar Steering Committee has been meeting for months and has had to make some difficult decisions about our first bazaar since 2019.

After much consideration, it has been decided that for this first year back, we will hold a ONE-DAY bazaar on Saturday, August 12, 2023 from noon to 8 p.m. The primary reason for reducing this year's bazaar to a one-day event is the uncertainty of the number of volunteers we will have to run such a large event. On a normal bazaar weekend, we have had more than 1,000 volunteers PER DAY.

The 2023 bazaar will be somewhat reduced in size and offerings. The committee is still finalizing all the details, but we really need volunteers to help set up the bazaar in the weeks leading up to the event, work at the bazaar on August 12, and help clean up on Sunday, August 13.

The income we typically receive from the bazaar is a major source of our total operating budget, and unfortunately with only a one-day bazaar this year, we will not be able to raise enough funds to meet our budgetary needs.

We are trying to make our one-day event as successful as it can be, but we need the help of many volunteers. Please consider volunteering for one or more shifts. More information will follow in upcoming SANGHA newsletters and email announcements.

Special Announcement

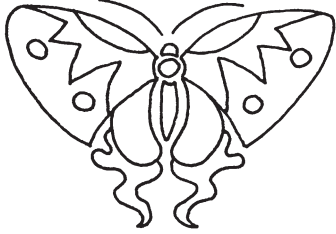
If you haven't already heard, Reverends Bob and Patti Oshita have written a book, **Dharma Is Everywhere — Reflections Shared at the California Assembly**. Reverend Bob and Reverend Patti served as the first Buddhist chaplains and the first husband-and-wife team to serve as chaplains for the California State Assembly.

They began serving as chaplains in 2016, just after retiring as ministers of the Sacramento Betsuin. As chaplains, they opened the State Assembly floor sessions by sharing reflections and ended each reflection with the words, "Namo Amida Butsu... with kindness and gratitude beyond words."

The book, which includes a compilation of reflections for each of the State Assembly sessions from June 20, 2016 through August 31, 2020, provides easy-to-read, yet meaningful messages for all who are fortunate enough to read them.

Books are available for purchase in the church office. I highly recommend it! Thank you, Reverends Bob and Patti, for sharing your experiences with us.

**Sacramento
Buddhist
Women's
Association**
Shirley Kato
Executive Council



**Legacy
Endowment
Fund**
Gayle Kono

おかげさま

Welcome to our new SBWA member Linda Tomoda-Toy!

It was a beautiful day for our annual trip to the Wakamatsu Garden in Placerville. SBWA members worked with the Sacramento JACL members to clean up the small memorial garden dedicated to the first Japanese immigrants. Thank you to John Yoshikawa, who did the hard work of trimming the trees and bushes and made our job finishing up easy. After our garden work was completed, we enjoyed a potluck lunch on the Wakamatsu Farm picnic tables.

Thank you to all the SBWA members who generously donated to our Front Street Animal Shelter collection! We received large bags of food, toys, treats, collars, towels, newspapers, monetary donations, and many other items. Thank you to Keiko Makishima for organizing the collection and transporting the items to the shelter.

SBWA members will receive an email soon with details on volunteering for the following upcoming events: the Betsuin picnic, the bazaar, and/or after-service treats (see below).

The Betsuin Families and Friends Picnic will be held on Sunday, June 11. SBWA has been asked to cut up fruit for the picnic the day before the event and to help serve on the day of the picnic.

The Betsuin bazaar is returning this year as a one-day in-person event on Saturday, August 12. As in past years, SBWA will make sushi for the bazaar. Due to safety concerns, this year we will not start at 2 a.m.! Instead, the first shift will begin after sunrise, and we will continue to make sushi until early afternoon. We will also have sushi prep work to do on Friday, August 11. Please mark your calendar and save these dates! We will need all the volunteers we can get to help with this major fundraiser for the church.

Lastly, SBWA continues to **prepare and serve after-service treats** on the fourth Sunday of each month. Thank you to the members who have contributed cookies and other treats or made a monetary donation for the refreshments.

Our SBWA meetings are held on Zoom the first Wednesday of each month. All SBWA members are welcome to attend our Board meetings. Please email SBWA2020@gmail.com to receive the Zoom link.

The Legacy Endowment Fund (LEF) is the result of the vision and efforts of temple leaders, the generosity of donors, and the magic of compound interest. Its purpose is to cultivate, promote and sustain the Jodo Shinshu tradition in the Sacramento region. Recent applications for funding that the LEF Board approved include covering the expenses for the Northern California Ministers Assistants Meeting, extending the contract for social media content that promotes the church and dharma, paying for the cost of the rental of a photo booth at Bon Odori and covering half the cost of the Families and Friends Picnic on Sunday, June 11, 2023.

There are many Buddhist seminars and workshops happening throughout the year. A Summer Youth Retreat for high school age youth will be held on June 25 through July 1 at the Jodo Shinshu Center in Berkeley. If you, or someone you know, would like to apply for funds to attend this retreat or a Buddhist conference or seminar, please consider applying for LEF funds. An application can be found on the church's website.

One of the words that came up on my Duolingo Japanese lesson was *wagamama*, which was translated as "selfishness." It reminded me of other Japanese words, *sonomama* and *konomama*, which are translated as "as it is" and "just as I am." I do not have a clear understanding of *sonomama* and *konomama*, so will relay a story about my *wagamama* and my mom.

Before the pandemic, when it was customary to work in the office, I would check on my mom in the afternoon by calling her on her landline. Back in the day, if you did not properly place the receiver in its cradle, if you forgot to press the off button after you used the phone, or if the phone's battery died, the caller would get a busy signal. One afternoon, I called my mom and got a busy signal. I tried again 20 minutes later. It was still busy. I tried again. Still busy. After an hour, I really started to worry. All these horrible thoughts went through my mind, "Is she alright?" "Did she drop the phone trying to call 911?" "Is she lying unconscious on the floor?"

I was going to leave the office to check on her when I tried calling her one last time. She answered. I should have been relieved, but instead I was angry: "Why was the phone busy?!"

The Mom: "Oh, I was on the phone with Martha. We had a nice talk."

Me: "For over an hour!"

The Mom: "We had a lot to talk about."

It went on this way for another minute or two. She apologized, but she did not sound sorry. She was so happy after talking to her friend that all my angry jabs to burst her bubble did not work. Eventually I calmed down.

Legacy Endowment Fund

(Continued)

Adult Buddhist Association

Jean Kashiwada
ABA President

Sangha Helpers

Meriko Hoshida
Yvonne Ishimoto
Libby Iwamura
Shirley Kato
Eva Kawada
Janet Kawamura
Jane Komure
Peggy Mori
Helen Sakaishi
Lynn Sunahara
Fusako Takahashi
Irene Takeda
Sueko Yamashita
Elaine Yoshikawa

Sakura Gakuen Adult Class

Masako Thomas
Dean



I forgot to mention that one of the reasons the phone could be busy was if someone was using it to talk to someone. Instead of reaching the most logical explanation, my mind jumped to the worst conclusions and imagined things that were not real. I caused my own worry and stress.

I would like to get to the point of being so full of peace that someone's bad mood or rudeness won't knock me off balance. The dharma helps us gain the wisdom that makes us feel capable and resourceful so that we are not influenced so much by what happens around us or fear of what we cannot control. Relying on Amida in times of turmoil and doubt can help us remain centered and feel like we can deal with whatever happens in life. I hope you will consider applying for LEF funds to further your understanding of the dharma and to share the dharma with others.

ABA had another very successful Oldies But Goodies dance on April 15. Don Kazama served as our DJ and the ABA Board members, under the leadership of Elaine Yoshikawa, prepared appetizers and cookies for the attendees. We were always refilling the platters of the popular pigs in the blanket and spam musubi. Thank you to John Yoshikawa and Michael Ota and their crew for running the refreshment bar. We want to also thank Stuart Ito for enabling us to watch the Kings-Warriors game in the kaikan and kitchen while we prepared and plated the food and at the beginning of the dance. After the game, the DJ played "Celebration" and everyone danced to celebrate the Kings game, shouting "Light the Beam!" Thank you to John & Elaine Yoshikawa, Keith & Karen Adachi, Grace Hatano, Bruce & Martha Kushida, Stacy Matsunami, Dennis & Carolyn Murata, Misa Oshiro, Michael Ota, Virginia Uchida, and Stephen & Jean Kashiwada for helping with the food preparation, setting up tables and chairs for the dance, and staying to clean up and help the DJ load his sound equipment on his vehicle.

ABA Board members continue to welcome and escort seniors to our temple's Wednesday services on the first and third Wednesdays of the month from 10 a.m. to 11 a.m. The seniors enjoy and appreciate the messages from Reverend Matt Hamasaki and Reverend Yuki Sugahara. Our ABA Board members have provided light refreshments for the attendees after the service and have joined in on the socializing. We are grateful to Sandy Kataoka-Fong for contributing treats for the April and May services, to ABA for cookies in April, Elaine Yoshikawa for the packaged Japanese wafer cookies, Marty Matsuda for providing manju and mochi, Minh La for providing manju and mochi, and Stuart Ito for the donut holes. The Wednesday service attendees have enjoyed these treats with their tea and ABA usually packs up treats for them to take back home. ABA also just received and is very appreciative of the very generous donations of \$500 from Stuart Ito and \$500 from Minister Assistant and ABA Board member Grace Hatano, which will be used for the Wednesday Senior Services. These donations will be used toward refreshments and future ACC Rides transportation expenses. ABA donates to ACC Senior Services each month toward the ACC Rides program for transporting our seniors to and from ACC and Maple Tree to our temple at \$10 per passenger. The seniors have expressed many times how grateful they are to be able to attend these services and to have the opportunity to see people they have missed these past few years. Thank you to Sharon Ito and Karen Adachi from the Church Board for starting this in-person service and to ABA Board members (who are ACC Senior Services escorts) John & Elaine Yoshikawa, Michael Ota, Martha Kushida, Carolyn Murata and Virginia Uchida for escorting the seniors from the ACC Rides vehicles to the hondo, and joining Karen Adachi, Sharon Ito, and me at the services and social gatherings afterwards.

ABA Board members served on the interview and application review committees for both the temple's Education Award and the ABA Community Service Award. Recipients will receive their monetary awards at the June 4 service at the temple. Congratulations to all our temple's graduating seniors! ABA will also be helping prepare and serve lunch at the Family & Friends Picnic on June 11. Hope to see you there!

Thank you again for supporting ABA.

Sakura Gakuen is offering two short summer classes:

- **Japanese for Travelers:** June 5, 6, 7 and 8. (Monday through Thursday) 7 p.m. to 8:30 p.m. Tuition is \$60. No prerequisite required.
- **Introduction to Basic Kanji:** July 17, 18, 19, 20, 24, 25, 26, and 27. (8-day session, Monday through Thursday) 7 p.m. to 8 p.m. Tuition is \$160. Sacramento Buddhist Church (SBC) member tuition is \$150. Hiragana and katakana knowledge is helpful.

Registration for the fall class is open. SBC member tuition is \$150. The first day of the fall class is August 21, 2023.

Please contact Mrs. Thomas if you have any questions: thomas@sakuragakuen.org.

Calendar of Events

NOTE NEW E-MAIL!

Submissions for the SANGHA are **due on the 15th of each month**. Late articles will be published in the following month's issue. When submitting, please send email to: **SBCsangha@gmail.com** with a cc to: **betsuinoffice@gmail.com** and inform the church office at (916) 446-0121. Please include the author's name. Artwork, including photographs, needs to be sent as separate files from the text. Thank you.

Rummage Sale

Thursday, 6/1 – 9:00-5:00 – Drop-off donations
 Friday, 6/2 – 9:00-4:00 – Drop-off donations
 Saturday, 6/3 – Rummage Sale, 9:00-2:00
 (Early Bird access at 8:00 am for a \$5 cash-only ticket at door)

Sunday, 6/4

9:30 am – Sangha Service
 10:30 am – Shotsuki Hoyo Memorial Service

Monday, 6/5

10:00 am – Chanting Service

Wednesday, 6/7

10:00 am – Seniors Service and Reception

Sunday, 6/11

Family & Friends Picnic – 9:30 am – 1:00 pm
 Dharma Service, Lunch Served, Games at the Park!
 Marriott Park, 1235 Grand River Drive, Sacramento, 95831

Sunday, 6/18

9:30 am – Sangha Service

Wednesday, 6/21

10:00 am – Seniors Service and Reception

Sunday, 6/25

9:30 am – Sangha Service

Obon Practice

Wednesday, 6/28 and Thursday, 6/29 – 7:00-8:00 pm
 Wednesday, 7/5 – 7:00-8:00 pm
 Thursday, 7/6 – 7:00-8:15 pm

Bon Odori

Saturday, 7/8 – 7:30-9:00 pm

Courtyard Refreshments

We appreciate the following groups/members for providing refreshments, monetary donations, or assistance for our Sunday morning courtyard refreshments:

April 16, 2023
 Jean Kashiwada
 Amy Wong (donation)

April 23, 2023
 SBWA Members:
 • Debbie Fong
 • Karen Iwata
 • Kathi Nakashima
 ABA (donated items)
 Amy Wong (donation)

April 30, 2023
 Amy Wong (donation)

May 7, 2023
 Denis Ishisaka
 Cindy Kitade
 Marty & Kim Sakata
 Ken Siu
 Amy Wong (donation)

May 15, 2023
 ABA Members:
 • Stephen & Jean Kashiwada
 • Lynn Kurahara
 • Martha Kushida
 • Carolyn Murata
 • Michael Ota
 • Amy Wong (donation)

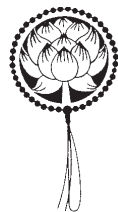
2023 Family Memorial Service Schedule

Traditionally, family memorial services are held for loved ones on designated anniversaries. These are precious occasions to honor the treasured memories of our beloved ones and to realize how fortunate we are to be embraced by Amida Buddha's light of wisdom and life of compassion.

Year of Death	2023 Memorial	Year of Death	2023 Memorial
2022	1 year	1999	25 year
2021	3 year	1991	33 year
2017	7 year	1974	50 year
2011	13 year	1924	100 year
2007	17 year		



Condolences to the Families of



- Toshie Fujimoto*.....*March 9, 1921 – December 23, 2022*
- Kazue Tanaka**September 1, 1928 – April 3, 2023*
- Mae Miyamura*.....*January 15, 1927 – April 11, 2023*
- Gary Miyamura**May 2, 1951 – April 11, 2023*
- Dorothy Satsuki Yamamoto**May 13, 1923 – April 13, 2023*
- Mieko Oto*.....*May 25, 1923 – April 15, 2023*

**13th Annual
SBC Golf
Tournament**
Richard Kai

The Board of Trustees invites its sangha members and families, as well as friends of the Betsuin, to participate in the upcoming 13th Annual SBC Golf Tournament scheduled for play at the Teal Bend Golf Course on Thursday, July 13.

The tournament offers several sponsor and donation option levels for the players, sangha members and friends of the temple to choose from to help support this event. The various levels and the benefits of each are:

- **Gold Sponsors:** Receive four complimentary entries into the tournament and tee box signage that includes your name and company emblem and/or logo;
- **Silver:** Two complimentary entries into the tournament and tee box signage that includes your name and company emblem and/or logo;
- **Bronze:** One complimentary entry into the tournament and tee box signage that includes your name and company emblem and/or logo, and



Sponsorship and Donation Form

SPONSORSHIP LEVELS

\$1,000 – Gold Sponsorship:

Includes Tee Box Sign recognition, four complimentary tournament entry fees, golf cart, lunch, refreshments, and tee prizes.

\$250 – Bronze Sponsorship:

Includes Tee Box Sign recognition, one complimentary tournament entry fee, golf cart, lunch, refreshments, and tee prizes.

\$500 – Silver Sponsorship:

Includes Tee Box Sign recognition, two complimentary tournament entry fees, golf cart, lunch, refreshments, and tee prizes.

\$125 – In Memory Of, Individual and/or Group Sponsorship includes Tee Box Sign recognition.

SUGGESTED MONETARY AND/OR IN-KIND DONATIONS

Check-In Tee Prizes

Donation of golf tees, balls, ball markers, divot repair, etc. to give to each golfer.

Tournament Raffle Prizes

Unused golf clubs, head covers, golf apparel, dry goods, food items, restaurant gift certificates, etc.

Snack/Dinner Items

Miscellaneous refreshments, snacks or food items.

Cash

Used to offset the cost of check-in tee prizes, opportunity drawing prizes, or other related expenses.

Date: ____ / ____ / ____ **Deadline:** June 15, 2023 **Fed Tax ID:** 94-1243674

Sponsorship: I/We would like to be a sponsor in the amount of \$ _____.

Please indicate: Gold Sponsor Silver Sponsor Bronze Sponsor

In Memory Of, Individual and/or Group: Name(s) _____

Opportunity Drawing Prize/Donation: I/We would like to make a donation of _____

Sponsor/Donor Name(s): _____

Contact Name: _____ **Email:** _____

Address: _____ **City:** _____ **Zip:** _____

Return to: SBC Golf Tournament, 899 Shore Breeze Drive, Sacramento, CA 95831
Church Phone: 916-446-0121

13th Annual SBC Golf Tournament
(Continued)

- **Individual and/or In Memory Of:** Hole sponsor through a personal and/or group donation and tee box signage that includes the names of the "In Memory Of" and the name of the sponsor.
- The SBC Golf Committee welcomes and appreciates your monetary donations and/or contribution of prizes to the raffle that will be held in the kaikan. Bento box lunches for the players and their paid guests will be served in the kaikan or available for "take out" following completion of play. Raffle prizes will be on display in the kaikan and labeled with the winner's name.



13th Annual Golf Tournament
Sacramento Buddhist Church

Thursday, July 13, 2023

Teal Bend Golf Course

7200 Garden Highway, Sacramento

Check-in at 6:30 AM - 7:30 AM Shotgun Start

- The field is limited to 144 players (two players per cart).
- You may sign up as a single, twosome, threesome, or foursome.
- The tournament format is a four-person Blind Draw Shamble.
- Team prizes will be awarded to four places and individual closest-to-the-pin on Par 3 holes.
- Entry fee is based on sponsorship level or \$140 per player. It covers green fees, cart, tee gift, refreshments, and after-round bento box lunch at the church.
- Additional bento box lunches may be purchased at \$30 each. Please direct questions to: BetsuinGolf@gmail.com

BONUS PACKS

For \$25, you can purchase 2 mulligans, 2 miracle putts, and 20 opportunity drawing tickets on this entry form.

We are not selling bonus packs on the day of the tournament.

Tickets will be drawn digitally.

Registration Deadline: June 15, 2023

Golfer(s)	Confirmation to: Email Address or Text Phone #	Index	Sponsor Level*	No. Bonus Pack(s)
1				
Vest: <input type="checkbox"/> Men's <input type="checkbox"/> Women's	Size: <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL <input type="checkbox"/> XXXL			
2				
Vest: <input type="checkbox"/> Men's <input type="checkbox"/> Women's	Size: <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL <input type="checkbox"/> XXXL			
3				
Vest: <input type="checkbox"/> Men's <input type="checkbox"/> Women's	Size: <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL <input type="checkbox"/> XXXL			
4				
Vest: <input type="checkbox"/> Men's <input type="checkbox"/> Women's	Size: <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL <input type="checkbox"/> XXXL			

*** Sponsor and Entry Options:**

G = Gold Level Entry (includes 4 complimentary entry fees)	_____ @ \$1,000	\$ _____	0
S = Silver Level Entry (includes 2 complimentary entry fees)	_____ @ \$ 500	\$ _____	0
B = Bronze Level Entry (includes 1 complimentary entry fee)	_____ @ \$ 250	\$ _____	0
SE = Single Entry; Number of Golfers:	_____ @ \$ 140 each	\$ _____	0
Number of Additional Bento Box Lunches:	_____ @ \$ 30 each	\$ _____	0
Number of Bonus Packs:	0 @ \$ 25 each	\$ _____	0

TOTAL: \$ 0

Please make check(s) payable to: Sacramento Buddhist Church
and mail to: SBC Golf Tournament
899 Shore Breeze Drive
Sacramento, CA 95831

Completed "saved" form may be emailed to: BetsuinGolf@gmail.com.

Checks will be cashed after the completion of the tournament.
Federal Tax ID: 94-1243674

13th Annual SBC Golf Tournament (Continued)

SBC Golf Tournament Information Sheet

The number of players for this event is limited and the Golf Committee anticipates a full field of golfers, so be sure to submit your entry form as soon as possible. Information fact sheets about the golf tournament, sponsorship levels, playing format and donation and tournament entry forms are enclosed within this monthly SANGHA newsletter. These forms are also available on the Betsuin's website at buddhistchurch.org. The committee looks forward to another fun tournament and delicious luncheon for all those who participate and support this event.

Questions and/or comments about the tournament can be sent via email to the Golf Committee at betsuingolf@gmail.com. The temple office staff can provide general information about the event.

The Board of Trustees invites its sangha members, returning golfers, as well as friends of the Betsuin to participate in the 13th annual Sacramento Buddhist Church (SBC) Golf Tournament for the 2023 calendar year.

Date: Thursday, July 13, 2023

Check-In: Begins at 6:30 am

Shotgun Start: 7:30 am

Place: Teal Bend Golf Course

7200 Garden Highway, Sacramento

Course Phone Number: 916-922-5209

Playing Format and Scoring:

Player Limit: 144 players (shared carts)



The tournament will be played under the modified scramble format known as shamble. The format calls for each golfer to tee a ball into play with the group selecting the spot from one of the teed balls (scramble) to play their second shot. Play from the selected ball continues under individual stroke-play conditions until the golfers finish the hole. The tournament committee will conduct a random "blind draw" from the field of players to form four-person teams. The blind teams with the highest and lowest scores will qualify for the tournament prizes.

Tournament Fee: \$140 per golfer

Tournament Fee includes: Round of golf, cart, morning pastries and coffee, on-course beverages, tee prizes, bento box lunch served at the church kaikan, and a monetary donation to the SBC. Additional Bento Boxes ordered on the Tournament Entry Form: \$30 each.

Tournament Entry Form: Form-filling format using your keyboard to complete available on the SBC website at: www.buddhistchurch.org

ENTRY DEADLINE: Thursday, June 15, 2023

The golf committee anticipates a full field of golfers (144) so be sure to submit your entry form as soon as possible.

Submission of Entry Forms and Payment:

Completed forms can be emailed to betsuingolf@gmail.com to ensure prompt recording of your team's entry to the tournament. Please make your check payable to the Sacramento Buddhist Church. Your check(s) and entry forms must be addressed and sent by U.S. mail to: Sacramento Buddhist Church Golf Tournament, 899 Shore Breeze Drive, Sacramento, CA 95831.

Bento Box Lunch:

Two of the temple's prized kitchen chefs — Marty Sakata and Gordon Nitta — along with a host of volunteers led by Diane Shimosaka and Sheryl Kajioka will be preparing a delicious assortment of entrées and condiments that will be served in the Kaikan following the end of tournament play. The meals will be served in bento boxes. The committee encourages everyone to dine-in with your friends and fellow players in the Kaikan where tables, chairs and an assortment of beverages will be available to "wash down" your meal.

Pre-Tournament Bonus Packs:

The committee encourages everyone to buy the pre-tournament "bonus pack" consisting of 20 tournament opportunity drawing tickets, two mulligans, and two miracle putts for \$25. The bonus pack can only be purchased with your entry form. The more bonus packs purchased, the greater the chance to score well and win prizes!

Opportunity Drawing:

The committee extends its many thanks to Robbie Midzuno for his annual donation to the SBC golf tournament of the two grand prizes. The grand prize offerings can only be won by buying a bonus pack.

First Prize: Three-night stay (Thursday - Sunday) at the Lake Tahoe Vacation Resort for the period July 11-14, 2024.

Second Prize: Two-night stay (Friday - Sunday) at the Lake Tahoe Vacation Resort for the period July 12-14, 2024.

These dates coincide with the running of the much-heralded Celebrity Golf Tournament held at Edgewood Golf Course.

SBC Golf Tournament Information Sheet
(Continued)

Sponsorship and Donations:

Tee box sponsorships can be purchased at the gold, silver, bronze, individual, "In Memory Of" and group sponsorship levels. The donor's name and sponsorship level will be displayed on signage boards at or near the tee box area of each hole. The bronze, silver and gold tee box sponsorships include complimentary green fees from one to four golfers and priority entry into the golf tournament.

Monetary or in-kind donations are also welcomed! Sponsorships or donations can be submitted using the keyboard writeable Sponsorship and Donation Form available on the SBC website at: www.buddhistchurch.org.

Proceeds from this Fundraiser:

This event is a major fundraising activity for the temple's capital improvement account. The members of the golf (sub)committee oversee the organization, administration, and accounting for the net proceeds (sources and usage) that are deposited in the temple's capital improvement checking account. The golf committee extends its thanks for your continued support.

Questions?

Any questions and/or comments about the 2023 event can be sent via email to the golf committee at betsuingolf@gmail.com. The temple office staff can provide general information about the event. The number to call is (916) 446-0121.

Sports Committee
Marty Matsuda



On May 3, the Sports Committee hosted our annual Coaches Appreciation Dinner at Todo Un Poco restaurant. Twenty-eight coaches, committee members and special guests enjoyed a delicious meal of meatballs, pizza, chicken pasta and salad in the art-themed banquet room.

The highlight of the evening was the announcement of this season's recipients of the Rinban Kosho Yukawa Coaches Appreciation Award. Beginning in 2004, in honor of Rinban Yukawa, this award has been presented to the coach who displays proper respect, good sportsmanship and honoring of the standards set forth by the Sacramento Betsuin and Sports Committee.

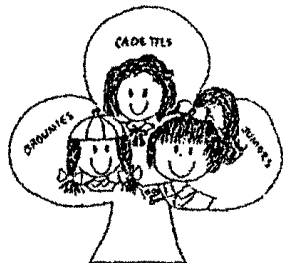
Our B-2 coaches — Jon Izumi, Gus Maseba and Kevin Wong — were presented with this season's award. These three coaches have a combined contribution of more than 25 years of coaching in the Sacramento Buddhist Church (SBC) basketball program. All three played basketball in Asian youth leagues in their respective hometowns.

Coach Jon says that coaching for the Betsuin has allowed him to spend valuable time with his two sons. He also enjoys mentoring the kids and teaching them about the game that he loves.

Coach Kevin says that he was asked by Coaches Jon and Gus to help with their team, so he accepted. He added that he enjoys the sport of basketball along with the opportunity to coach his son and work with young people.

The SBC sports program is very fortunate to have a dedicated group of knowledgeable coaches from Lil' Hoopers and Instructional League all the way up to B Division. Thank you to all our coaches for their leadership and mentoring our dharma kids.

Girl Scout Troop 569
Kim Yep



Troop 569 wishes to congratulate our graduating seniors, Ambassadors 1 Class of 2023: Allison Kwong and Gracie Reyes.

We hope you had a Happy Mother's Day from Troop 569.



Girl Scout Troop 569 Orientation



Parents and girls. Come and see what girl scouting is all about.

If your daughter will be entering kindergarten in the fall, she is the perfect age to be a Daisy!

If your daughter is older, please sign up and we will see if we can include her in one of our troops

Sign up at BetsuinPrograms@buddhistchurch.org.



Thursday Night Health & Wellness



Join us for these friendly, informative sessions. Ask questions and learn about steps you can take to ensure a healthy and happy life for yourself and those around you!

Please sign up at BetsuinPrograms@buddhistchurch.org
Buddhist Church of Sacramento, 2401 Riverside Blvd., Sacramento, CA 95818-2233

Favorite Summer Recipes

Thursday, June 15, 2023 - 6:30 p.m.



Alan Hirahara
Sushi Chef/Caterer

Yoga with Bob Matsueda

Interested in learning something new? The Yoga for Health class is designed for any age and physical condition.

Join us for weekly yoga classes with Bob Matsueda via Zoom.

Every Wednesday evening, 7 p.m.-8:15 p.m.

New students, please contact betsuinprograms@buddhistchurch.org for more information and Zoom link.



Chanting Service

Kelly Gartman
Chair, Religious & Education Committee

Reverend Yuki is offering a chanting service that will focus on the chanting of Shoshin Nembutsu-Ge (Shoshinge) and the wasans written by Shinran Shonin. The service also includes a short dharma message and close with the letter of Rennyo Shonin. These services are held on the first Monday of each month at 10 a.m.

If you are interested in more information about this service, please send an email to: betsuinprograms@buddhistchurch.org.



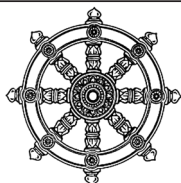
Start your day with the chanting of Shoshin Nembutsu-Ge (Shoshinge) Hymn of True Shinjin and the Nembutsu

正信念仏偈

Please join us each month (June 5)
10:00 am in the Hondo

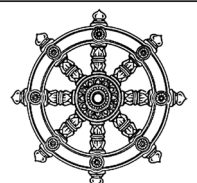
Please register or if you have any questions, contact BetsuinPrograms@buddhistchurch.org
Buddhist Church of Sacramento, 2401 Riverside Blvd, Sacramento, CA 95818

New Members



Welcome New Members

*Suzie Wheeler
Keith & Patricia Ford*



IT'S BACK!

SACRAMENTO BUDDHIST CHURCH

Rummage Sale

SATURDAY JUNE 3, 2023

OPEN TO ALL

9 A.M. TO 2 P.M.

EARLY BIRD SHOPPING OPPORTUNITY, \$5*

8 A.M. TO 9 A.M.

SACRAMENTO BUDDHIST CHURCH
2401 RIVERSIDE BLVD. SACRAMENTO, CA

*Early Bird tickets will go on sale at the door at **7:45 A.M.** for only **\$5 (cash only)**

INFORMATION/QUESTIONS, EMAIL US AT: SBCRummageSale2023@gmail.com

DROP OFF DATES:

Thursday, June 1, 9 a.m. to 5 p.m.

Friday, June 2, 9 a.m. to 4 p.m.

ACCEPTED ITEMS:

Clothing (gently used, clean), Accessories, Purses, Shoes, Jewelry, Specialty Items, Housewares, Dishes, Linens, Toys, Games, Tools, Small Appliances, Sports Equipment, Seasonal Items, Collectables, Crafts, Books, Home Décor, Pictures, Frames, etc.

PLEASE NOTE ITEMS NOT ACCEPTED:

Electronics, Electronic Media (CD's, DVDs, VHS tapes, Video Games)
Large Furniture, Medical Equipment, or Baby Equipment.

Donations of Obon Items Requested

Karen Adachi

During last year's Bon Odori practices and the Bon Odori dance, we were able to find new homes for many yukatas, happi coats, and other items which were generously donated to the church. It also served as a fundraiser for the church. We are hoping to replenish our stock to offer these items again at this year's Obon.

If you have any items listed and would like to find a new home for them, we would appreciate your donations! Donations of these items can be dropped off at the church. Call first to make sure the office is open and able to accept the items.

- Summer yukatas for adults or children (we'd prefer not to receive kimonos that are not worn for odori dancing).
- Happi coats for adults or children.
- Obi or sashes for yukatas, and ties for tying the obi.
- Sensu (folding fans).
- Uchiwa (round fans).
- Tenugui (towels used for obon dancing).
- Kachi-kachi.
- Hair ornaments.

PLEASE NOTE: Kimonos and kimono overcoats can be donated to the Rummage Sale in June (see Rummage Sale information in this newsletter for dates/times these items can be accepted).



2023
Obon

Sacramento Betsuin

IN HONOR & REMEMBRANCE

BON ODORI: SATURDAY, JULY 8, 2023 | 7:30PM, IN-PERSON & VIRTUAL

FOOD CONCESSIONS: BEGINNING AT 5:00PM

OBON/HATSUBON SERVICE: SUNDAY, JULY 9, 2023 | 9:30AM, IN-PERSON & VIRTUAL

BUDDHIST CHURCH OF SACRAMENTO | 916-446-0121 | BUDDHISTCHURCH.ORG

2023 Obon Memorial Tribute



For the second year, we are offering the opportunity to honor and remember any loved one who has passed with a photo or name tribute during our Obon Dance on Saturday, July 8.

Each submitted photo or name will be displayed periodically in alphabetical order on monitors in the courtyard and parking lot, as well as our livestreamed broadcast on Facebook and YouTube.

For applications and instructions for submitting a photo or name, please use the following link: <https://tinyurl.com/4nhtfmw4>, go to the church website at www.buddhistchurch.org, or use the QR code provided at left which will link you to the online application form.

The deadline for submitting applications and photos is Sunday, June 25. We look forward to seeing you on Obon weekend!



**Buddhist Church of Sacramento
Obon Memorial Tribute Application**

Obon is an important Buddhist celebration, a time for paying respects to the spirits of our ancestors. For the first time, the Sacramento Betsuin is offering the opportunity to honor and remember our loved one(s) who have passed away with a photo or name tribute. Submitted photos and/or names will be displayed periodically on monitors in the Courtyard during Bon Odori, as well as online in the streamed, virtual program.

LOVED ONE(S) TO BE HONORED		
NAME <i>(Exactly as it will be displayed)</i>	<input type="checkbox"/> Include Photo	<input type="checkbox"/> Name ONLY
1.	<input type="checkbox"/>	<input type="checkbox"/>
2.	<input type="checkbox"/>	<input type="checkbox"/>
3.	<input type="checkbox"/>	<input type="checkbox"/>
4.	<input type="checkbox"/>	<input type="checkbox"/>

(Please check one box for each name)

YOUR CONTACT INFO

Name: _____
 Mailing Address: _____
 Phone #: _____
 E-mail: _____

SPECIAL VIDEO TRIBUTE DONATION (Optional)

Donations for the video tribute will be published separately in our Sangha newsletter. If you would like to make a contribution, please complete the following to ensure proper acknowledgement:

Donor Name(s): _____

Donation Amt: \$ _____ *Check enclosed, payable to Buddhist Church of Sacramento*

Anonymous Please do not publish donation

To make an online donation, please use this link:
<https://tinyurl.com/4nhtfmw4>

TO MAIL YOUR PHOTOS/NAMES FOR THE VIDEO TRIBUTE:

1. Enclose photo(s) w/your application.
2. **BE SURE TO INCLUDE THE NAME OF THE PERSON ON THE BACK OF EACH PHOTO.**
3. Portrait orientation preferred (tall, not wide).
4. To have your photo(s) returned to you, please include a self-addressed, stamped envelope. Photos will be returned after Obon Weekend.
5. Must be postmarked **no later than JUNE 25th** so the video tribute can be created! Please mail to:
**Buddhist Church of Sacramento
 ATTN: Obon Memorial Tribute
 2401 Riverside Blvd.
 Sacramento, CA 95818-2233**

TO SUBMIT PHOTO(S) BY EMAIL:

1. Please include the person's name in the filename of the photo.
2. E-mail to: tech@buddhistchurch.org.
3. Be sure to include your contact information so your photo submission(s) can be matched with your application.

Families & Friends Picnic

BUDDHIST CHURCH OF SACRAMENTO

Join us for our annual

Families & Friends Picnic

with games, kid's raffle, food, and FUN!



Sunday June 11, 2023



9:30 am - 1:00 pm
Dharma service in the park starts at 10:00 am



Marriott Park
1235 Grand River Dr
Sacramento, CA 95831



Sign up requested, but not required by May 28
<https://bit.ly/SBCPicnic23>
or in the church office

Enjoy free hot dogs, burgers, chips, fruits, and drinks

Fun undokai style games for everyone

Bring your picnic blanket and folding chairs



For more information visit: www.buddhistchurch.org

Where Does Your Donation Go?

Brian Hatano

When you donate to the Buddhist Church of Sacramento, your tax-deductible contribution helps support the operation, maintenance and many programs of the temple. Likewise, your membership dues and income generated from our annual Bazaar in August help sustain the church throughout the year. Donations to the temple are placed in the General Operating Fund. You also may direct your donations to the church to benefit one of our many programs, such as Scouts, Dharma School, ABA, SBWA, Minister Assistants, or for a capital expenditure project.

You may also contribute to the Legacy Endowment Fund, which is a long-term investment in which the principal remains untouched — only the interest generated is used. The fund is managed by financial professionals and the LEF Board. Contributions to the fund help fulfill these needs in a timely manner without undertaking major fundraising or depleting general operating funds. Specific needs include:

- Educational programs/scholarships for members, ministers, ministerial candidates plus perpetual or periodic scholarships
- Eitaikyo: Renovation and general maintenance of the temple shrine.

Of course, cash and checks are greatly appreciated, but your donations can be in the form of automobiles, and of distributions from IRAs, stocks and bonds. We also can take credit cards in the office. Thank you for your ongoing support of the Buddhist Church of Sacramento. Because of your generosity, we have a vibrant and active Sangha — one of the largest in the Buddhist Churches of America organization. Our rich legacy began with our founding in 1899, with the mission to sustain the temple for the present and generations to come.





サンガ



～6月の予定～

6月	3日	9時—2時	ラメージセール
6月	4日	10時半	祥月法要
6月	7日	10時	シニアサービス
6月	11日	9時半—1時	ピクニック
6月	21日	10時	シニアサービス

は現在工作中ですが、バザーの始まる数週間前からボランティアのヘルプが必要となります。バザーの収益はお寺の活動資金の大半を占めているのですが、1日だけの収益では充分ではありません。このバザーを出来るだけ成功させるために多くの方々にボランティアをお願いいたします。バザーの詳細を徐々にサンガやメールで皆様にお知らせいたします。

「特別なお知らせ」

Rev Bob と Rev Patti が「Dharma is Everywhere-Reflections Shared at the California assembly」という題名で本を出版されました。お二人は2016年よりカリフォルニア州議会のチャレンとして、州議会の開会/閉会の際にReflectionメッセージを行い、終わりに必ず「南無阿弥陀仏」と唱えられたそうです。この本は2016年より2020年までの州議会でのReflectionを集めたもの。お寺の事務所で購入することが出来ます。

理事長のメッセージ

足立カレン

6月は色々な行事が控えています。まず、5年振りにラメージセールを再開します。この大きなイベントの責任を負って下さる新田ジェニファーさんとローラ・スーファーさんに深く感謝いたします。又、各部所の責任者やボランティアの皆さんにも感謝いたします。

2022/2023年のダーマスクールの最後のサービスと表彰式が6月4日に行われます。貴重な時間をダーマスクールのために提供して下さる先生方や空席の校長先生に代わって学校の活動をコーディネートして下さっているRev Matt、新田マツトさん、瀬尾オードリーさんに感謝いたします。又、下坂ダイアンさんが会計や出席簿、先生方の名簿維持を山本カレンさんが引き受けて下さいました。ダーマスクールの校長を募集中です。興味のある方は是非応募して下さい。ダーマスクールは私達のお寺の将来を担う大変重要な役割を果たしています。

6月11日にファミリー/フレンズ・ピクニックがマリオット公園で午前9時半から午後1時まで開催されます。ランチや子供用のゲームを用意しています。参加は無料、5月28日までに申し込んで下さい。<http://bit.ly/sbepicnic23> 又はお寺の事務所へお電話下さい。

菅原祐樹先生は正式に7月1日より別院の輪番として就任されます。

「Opportunity Drawing」

4月の当選者、シトラスハイツのKelly Gさん、おめでとうございます。最後の千ドルのラッフルは5月28日に行われます。

2023年度のバザー：8月12日(土)正午-8時

バザー委員会は4年振りに対面のバザーを8月12日(土)1日だけ開催することに踏み切りました。主な理由はボランティアの人数の確保が未定だということで、今までは1日に1000人以上のボランティアの協力を得ていました。最終的なプログラム

日本語ダルマ法話会

日時： 5, 6月はお休みいたします。

講師： 菅原祐樹開教使

連絡先： (916) 296-5619 廣田

婦人会ニュース

小牟礼ジェーン

新会員歓迎： 友田トイ・リンダ

プラサービルにある若松ガーデンへサクラメントJACLのメンバーと共に日本人移民記念碑のある小さな日本庭園をお掃除してきました。吉川ジョンさんが一番熱心に植木の刈込みしてくれました。終わったあとポットラックランチを楽しんで帰途につきました。

Front Street Animal Shelterへ多額の寄付と、また沢山の食品、玩具、スナック、首輪、タオル、新聞紙などの寄付が集まりました。オーガナイザーの榎島ケイコさんに感謝いたします。

6月11日(日)に行われる別院主催のピクニックに婦人会はフルーツを持って行くことになっています。前日フルーツの準備をいたします。

今年のバザーは8月12日(土)、1日だけ開催予定。巻きずしは当日の朝から午後にかけて行います。そして具の準備は金曜日に行いますので、お手伝い宜しくお願いいたします。

毎月第4日曜日は婦人会がスナックを提供する日です。お菓子類等の寄付を有難うございます。