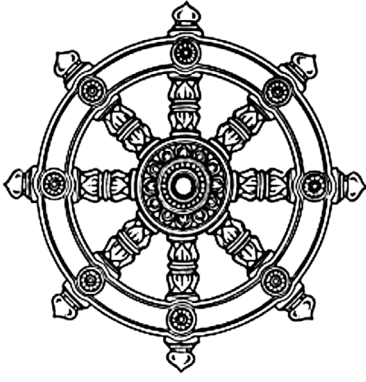


**Resident  
Minister**  
Rev. Matt Hamasaki



In April, we celebrate Hanamatsuri, which in Japanese literally means “flower festival.” This is taken from the legend of the historical Buddha’s birth when his mother, Queen Maya, stopped in Lumbini’s Garden on the way back to her hometown to give birth. It is said that all the flowers bloomed, and it rained sweet tea from the sky. Thus, we decorate the hanamido, or small altar with the statue of the baby Buddha with flowers and pour sweet tea over the statue.

Within all the rituals of Buddhism, there are multiple meanings. Some have roots in practical uses, and some have symbolic reasoning attributed to them. Depending on the sect or even just the minister you are talking to, you may get several different interpretations of any given ritual. Pouring the tea over the baby Buddha’s head is one of them. One such interpretation is that “it is easy to wash away physical dirt, but much more difficult to cleanse one’s inner impurity of greed, anger, and ignorance.” You may recognize these three as the Three Poisons.

It’s so simple for us to wash our hands, and we have gotten a lot of practice during the pandemic. Of course, we should continue to wash our hands regularly for our safety and for the safety of those around us. How do we wash our spirit though? One tradition during Hanamatsuri is to pour the sweet tea over the Buddha three times and while doing this, being very mindful of what you are doing and concentrating each time on one wish for yourself and the world. First time: May I eliminate all evil thoughts. Second time: May I cultivate good deeds. Third time: May I help save all living beings.

**(Continued on page 2)**

**Buddhist Church of Sacramento**  
2401 Riverside Blvd.  
Sacramento, CA 95818

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**US Postage**  
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**Sacramento, CA**  
**Permit No. 766**

**RETURN SERVICE REQUESTED**



# SANGHA

## Sacramento Buddhist Church Volume 60 Number 4 – April 2023

**Sacramento  
Betsuin**  
2401 Riverside Blvd.  
Sacramento, CA 95818  
  
(916) 446-0121  
(916) 446-1866 FAX  
  
betsuinoffice@gmail.com

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**Resident Minister**  
(Continued)



Reverend Matt Hamasaki  
(916) 926-2221  
RevMatt@buddhistchurch.org

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Cindy Kitade

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Jennifer Nitta

**Administrative Assistant**  
Kellie Morioka Sato

**Betsuin Office**  
(916) 446-0121

Of course, as Jodo Shinshu Buddhists, we recognize that these aspirations are ideals which are impossible to achieve. However, by cultivating this mind we are blazing a trail that our actions may follow. With these wishes, the next time we are given a choice, it will be easier to choose the right path: think pure thoughts or bad thoughts, do kind deeds or selfish deeds, help others or harm others. And with practice, it will become second nature, just like washing our hands!

**NEW WEEKDAY SERVICE**

**Wednesday Dharma Service**

The Buddhist Church of Sacramento now offers mid-week Dharma services for our senior sangha in the Hondo. All are welcome to attend.

**English and Japanese:**

When: 1st Wednesday of the month  
Time: 10:00 am  
Scheduled Speaker: Rev. Yuki Sugahara  
Location: Main Hondo

**English only:**

When: 3rd Wednesday of the month  
Time: 10:00 am  
Scheduled Speaker: Rev. Matt Hamasaki  
Location: Main Hondo

The Nokotsudo will be open for visitation. Light refreshments served following service.

For more info visit: [www.buddhistchurch.org](http://www.buddhistchurch.org)

**Transportation Available:**

ACC Rides will provide a shuttle to and from the Buddhist Church at no cost to the rider. This shuttle is available to ACC residents and non-residents. Call ACC Rides at 916-393-7433 in advance to reserve the shuttle.

Riders will need to fill out an ACC Rides information form available from our website. The completed form can be faxed to 916-393-9128 or emailed to [rides@accsv.org](mailto:rides@accsv.org).

Buddhist Church of Sacramento  
2401 Riverside Boulevard  
Sacramento, CA 95818  
916-446-0121



**Transportation Schedule**

9:00 ACC Greenhaven Terrace 1180 Corporate Way  
9:10 ACC Maple Tree Village 7579 Maple Tree Way  
9:30 Arrive at Sacramento Buddhist Church  
11:30 Depart for Greenhaven Terrace & Maple Tree Village

**President's Message**  
Karen Adachi

My biggest announcement this month which I am excited to share with you is that Reverend Yuki Sugahara has been assigned by Bishop Marvin Harada as our new Rinban, effective this summer. Since last fall, Reverend Yuki has been coming to Sacramento for nine days each month to help us out and we appreciate the sacrifices the Oregon Buddhist Temple and Reverend Yuki's family have made to allow him to do so. During his short trips to Sacramento each month, he has participated in many activities and services at the Betsuin and implemented the Monthly Shoshinge Chanting services as well as the monthly Dharma No Kai Japanese lectures.

Reverend Yuki is not a stranger to our Northern California District. From July 2011 until June 2017, Reverend Yuki served as minister of the Florin Buddhist Church. Since June 2017, he has served at the Oregon Buddhist Temple in Portland, Oregon. Reverend Yuki was originally from the Shimane District, north of Hiroshima, and he comes from a family of ministers from both his mother's and his father's side in Japan. Reverend Yuki and his family plan to move to the Sacramento area in late June. We appreciate Bishop Harada for making this assignment possible. We feel very fortunate that we will have two wonderful ministers serving our temple. Our ministerial team of Reverend Yuki, Reverend Matt, and our minister assistants will also serve the Placer Buddhist Church, as they do not have a minister. Reverend Yuki, we look forward to having you and your family join our Betsuin family!

**Opportunity Drawing**

Congratulations to Jerry T. from Folsom, CA who was the winner of our February Opportunity Drawing! The March drawing was held on Sunday, March 26, 2023, but at the time this article was submitted, the drawing had not yet occurred. The March winner will be announced in the May SANGHA. Jerry's winning ticket will be eligible to win in each of the monthly drawings through the end of May.

**Sakura Matsuri**

On Saturday, March 4, we held a very successful Sakura Matsuri Food & Shopping Faire. Thank you to all who volunteered to help out at this event. Our scout organizations and Dharma School participated in the food faire in the courtyard, selling teriyaki beef sandwiches, chicken curry, kahlua pork, spam musubi, yakisoba, cabbage salad, baked goods, popcorn, drinks, and bottled teriyaki sauce. This event provided an opportunity for them to raise funds for their respective organizations.

**Sangha Staff**

Editor (English) Cliff Adams  
Editor (Japanese) Katsuko Hirota

**Contributing Reporters**

President Karen Adachi  
SBWA Shirley Kato  
ABA Keiko Jean Kashiwada  
Endowment Stuart Ito  
Girl Scouts Leslie Kaneko  
Dharma School Audrey Seo  
Golf Committee Richard Kai  
Chanting/  
Education Award Kelly Gartman  
Sakura Gakuen Masako Thomas

## President's Message (Continued)

### Sangha Helpers

Joanne Chew  
Meriko Hoshida  
Libby Iwamura  
Shirley Kato  
Eva Kawada  
Peggy Mori  
Marlene Ohara  
Lynn Sunahara  
Fusako Takahashi  
Irene Takeda  
Virginia Uchida  
Donna Wong  
Sueko Yamashita

The shopping faire was held in the Kaikan and included eight local vendors (including our own SBWA), and the church's large Grandma's Attic booth. The shopping faire featured a display of obutsudans that have been donated to the church over the past few years. Reverend Yuki provided information to many visitors and found new homes for several of the obutsudans. The church still has a few obutsudans remaining. Please contact the church office if you have an interest in obtaining one of the obutsudans.

### Wednesday Morning Service

On Wednesday, March 15, we held our first weekday service geared toward our seniors with Reverend Matt officiating. More than a dozen people enjoyed attending the service, visiting the Nokotsudo, and visiting with each other over tea and cookies. Thank you to ACC Rides for providing transportation for six of the attendees and to the following ABA Board members for assisting the attendees and serving refreshments after service: Jean Kashiwada, Martha Kushida, Virginia Uchida and Elaine Yoshikawa. A special thank you to Board of Trustees Community Outreach Chairperson Sharon Ito for coordinating these services with ACC. The next service is planned for Wednesday, April 5, at 10 a.m. For more information, please refer to the flyer included in this newsletter or the church website at [buddhistchurch.org](http://buddhistchurch.org).

### Dharma No Kai Japanese Lecture

Reverend Yuki's April "Dharma No Kai" Japanese lecture will be held on Friday, April 7 at 10 a.m. The topic of the April session will be Life of Shakyamuni and Basic Teachings of Buddhism. Please refer to the flyer in this newsletter for more details. Please note that there will be no Dharma No Kai session in May, as Reverend Yuki will be leading a tour group in Japan in May.

### Upcoming Activities

The Rummage Sale is back! On Saturday, June 3, from 9 a.m. to 2 p.m., the church's Kaikan and courtyard will once again be filled with new/gently used "treasures" for our first rummage sale since 2018. In order to make this a successful event for our church, we will need donations of new/gently used items, but we are also in need of volunteers to help in various areas of the Rummage Sale. If you are able to help, please send an email to: [SBCRummageSale2023@gmail.com](mailto:SBCRummageSale2023@gmail.com). Please see the flyer below for more information, including donation drop-off dates and acceptable items.

The 2023 Families and Friends Picnic will be held on Sunday, June 11, from 9:30 a.m. to 1 p.m. at Marriott Park, with Dharma Service in the park at 10 a.m. The picnic will feature Undokai (Japanese Sports Day) games for everyone and free hot dogs, burgers, chips, fruit and drinks. Admission is free, but please RSVP by May 28 to help us determine food quantities needed. To register, please use the following link: <https://bit.ly/SBCPicnic23> or contact the church office at (916) 446-0121.

Have a great month of April. I hope to see you at the Dharma School Open House on April 2 and the Hanamatsuri service on Sunday, April 9!

### NOTE NEW E-MAIL!

Submissions for the SANGHA are due on the 15th of each month. Late articles will be published in the following month's issue. When submitting, please send email to: [SBCsangha@gmail.com](mailto:SBCsangha@gmail.com) with a cc to: [betsuinoffice@gmail.com](mailto:betsuinoffice@gmail.com) and inform the church office at (916) 446-0121. Please include the author's name. Artwork, including photographs, needs to be sent as separate files from the text. Thank you.

# IT'S BACK!

## SACRAMENTO BUDDHIST CHURCH

# Rummage Sale

**SATURDAY  
JUNE 3, 2023  
9 A.M. TO 2 P.M.**

**DROP OFF DATES:**  
Thursday, June 1, 9 a.m. to 5 p.m.  
Friday, June 2, 9 a.m. to 4 p.m.  
**SACRAMENTO BUDDHIST CHURCH  
2401 RIVERSIDE BLVD., SACRAMENTO, CA**

**ACCEPTED ITEMS:**  
Clothing (gently used, clean), Accessories, Purses, Shoes, Jewelry, Specialty Items, Housewares, Dishes, Linens, Toys, Games, Tools, Small Appliances, Sports Equipment, Seasonal Items, Collectables, Crafts, Books, Home Décor, Pictures, Frames, etc.

**PLEASE NOTE ITEMS NOT ACCEPTED:**  
Electronics, Electronic Media (CD's, DVDs, VHS tapes, Video Games)  
Large Furniture, Medical Equipment, or Baby Equipment.

*Volunteer opportunities available!*  
**INFORMATION/QUESTIONS, EMAIL US AT: [SBCRummageSale2023@gmail.com](mailto:SBCRummageSale2023@gmail.com)**

**Sacramento Buddhist Women's Association**  
Shirley Kato  
Executive Council



**Legacy Endowment Fund**  
Stuart Ito

おかげさま

Welcome to our four new SBWA members: Julie Kimura, Arlene Matsuura, Rose Nagao and Ardeana Ota. Thank you to membership chairperson Myra Okasaki for her efforts in signing up 15 new members so far this year!

SBWA participated in the Betsuin's Sakura Matsuri event, selling items that had been generously donated to the bazaar craft booth in previous years. Thank you to Jane Komure, Kathy Henry and Virginia Uchida for making additional scrubbers, and to Kathy Omoto for making the Asian fabric tote bags, aprons, and pillows for the sale. All earnings from the craft bazaar items that we sold went to SBWA, and we did well! Thank you also to the SBWA members who donated baked items for the vendors' refreshment table.

SBWA members Nancy Ito and Joanne Nishimura coordinate a craft-making class at Greenhaven Terrace Senior Apartments each month. On March 16, SBWA Board members Fusako Takahashi, Loleen Nakano and Nancy Hashimoto will make and distribute an obento of chirashi, namasu, and homemade mochi to the class participants.

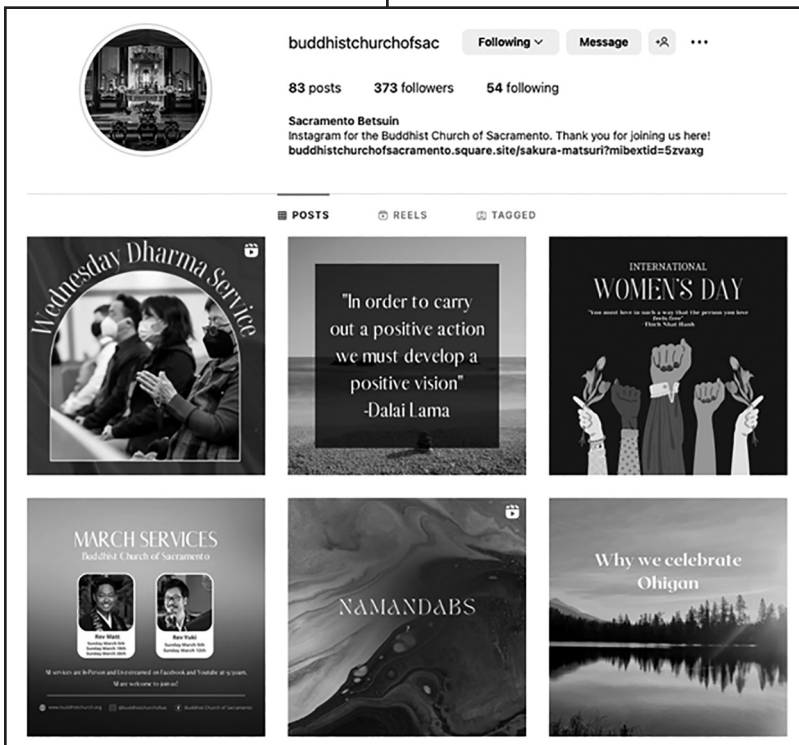
SBWA will continue to provide after-service treats on the fourth Sunday of each month. Please contact an SBWA Board member if you would like to contribute on one of the Sundays.

In January 2023 I assumed the responsibility as Legacy Endowment Board Chair from Allan Hoshida. I would like to thank Allan for his many years of service and dedication to the Legacy Endowment Board. In my first SANGHA article for the Legacy Endowment Board, I would like to bring you up to date on one of our initiatives started under Allan in 2022 — Instagram.

The internet has dramatically changed the way people instantly communicate all over the world. This SANGHA newsletter along with our website and email are the more traditional ways we post and send information, but this is not enough. Our temple must keep pace by communicating to as many people as we can reach via evolving platforms such as Instagram, YouTube, Tik Tok, and Facebook, and others.

For now, let's focus on Instagram. Instagram is a photo and video sharing social networking service owned by Facebook. It can be viewed by searching for "buddhistchurchofsac Instagram" or by directly typing [instagram.com/buddhistchurchofsac](https://www.instagram.com/buddhistchurchofsac). Please take a look and be sure to follow us! Let us know how we are doing and if you have any suggestions. You can message us directly within Instagram or contact us by email at [tech@buddhistchurch.org](mailto:tech@buddhistchurch.org).

Here is what our Instagram looks like:



The Legacy Endowment Fund has been behind the scenes in helping our Instagram presence come back to life. We embarked on a six-month trial with an Instagram consultant who has been instrumental in revitalizing our previously dormant account. We had this account for a few years, but it was never maintained and we rarely posted anything. We have just concluded our six-month trial and I am happy to report we had very good results. Therefore, the Legacy Endowment Board voted to extend our relationship with the consultant to continue the work. Reverend Matt was instrumental in initiating this effort and continues to work closely with our consultant to bring fresh content to Instagram on a weekly basis.

The general purpose of the Legacy Endowment Fund is to develop and enable the financial capability to cultivate, promote and sustain the Jodo Shinshu tradition in the Sacramento region. The Legacy Endowment Board has approved funding for this social media outreach and hopes to expand upon this effort to other social media platforms.

**Stay in Touch**  
with the Buddhist Church of Sacramento

Our website is [www.buddhistchurch.org](http://www.buddhistchurch.org)  
Our Facebook page is [@buddhistchurchofsacramento](https://www.facebook.com/buddhistchurchofsacramento)  
Our Instagram page is [@buddhistchurchofsac](https://www.instagram.com/buddhistchurchofsac)  
Our YouTube videos are at [Buddhist Church of Sacramento](https://www.youtube.com/BuddhistChurchofSacramento)

**Adult Buddhist Association**  
**Jean Kashiwada**  
**ABA President**

Thank you again for donating canned goods and other non-perishable food items for our ABA/CSUS food pantry project. I have almost three boxes full of food items and will be delivering them to CSUS this month. Your donations are always appreciated by the Sac State students. Until our next drive, please support the SBWA and other church organizations on their food drives, which benefit other community groups.

Don't forget the ABA E-Waste collection on Saturday, April 8, from 9 a.m. to 1 p.m. in the church parking lot. Please read the flyer for guidelines on what you can bring ... and especially what items are NOT ACCEPTED. PLEASE REMOVE ALL BATTERIES. ABA WILL BE CHARGED A FEE FOR UNACCEPTABLE ITEMS.



*Chefs and bakers for shoyu weiners over rice (with cookies, too!). Missing from the picture is Virginia Uchida, who had to leave early. Pictured are: Stephen & Jean Kashiwada, Carolyn Murata, Martha Kushida, Karen Adachi, Michael Ota and Elaine & John Yoshikawa.*

On March 12, ABA prepared shoyu wieners over rice for everyone attending service that morning. Thank you to Karen Adachi for staying up late Saturday evening making her own teriyaki sauce and slicing up the wieners. Thank you to our great ABA Board members for making the rice, cooking the shoyu wieners and bringing home-baked cookies for the Sunday treats. Thank you also to Matt Nitta and the Jr. YBA for sharing their cookies and other treats from their spaghetti feed. Those attending service on the 12th were treated to a variety of goodies. I am so appreciative of our ABA Board.

The cookies baked by ABA will be shared with attendees for our temple's first Wednesday service for our senior sangha members and any others who would like to attend. Some of our temple members will arrive by ACC Rides and will be greeted by ABA members. ABA members will greet you in the parking lot and escort you to the Hondo, where a short service will be held. Attendees may also visit the Nokotsudo after the service and then join us for light refreshments prepared in the classroom. These senior services will be held on the first and third Wednesdays of each month. As mentioned by Board President Karen Adachi, the first Wednesday service's Dharma message will be in English and Japanese. The third Wednesday service's Dharma message will be in English only. Hope to see you!

Many of our ABA Board members provide "escort services" to participants in the Sacramento community. We are on regularly scheduled walks with them and look forward to seeing them weekly. You do not have to commit to weekly walks. The Sacramento Senior Safety Collaborative (Sac SSC) can use your services even only one time a month. The Sac SSC needs more volunteers, as there are more people interested in having escorts for their daily walks. Michael Ota and I recently attended a training session put on by the Society for the Blind. Since both of us regularly walk with visually impaired members of the community, this training was a great refresher course. Sometimes, the Sac SSC needs volunteers to provide escort service for shopping trips or even to attend community events, such as plays or visiting museums. You do not provide transportation. You just meet them at the venue. If you are interested in volunteering, please contact me. It is very rewarding and you meet the nicest people.

Thank you again for supporting ABA.

**Electronic E-Waste Free Event**



**Help the Adult Buddhist Association...Save our Environment!**

Sponsored by Sacramento Regional Conservation Corps (SRCC), a state-approved electronic waste collector and recycler.

**Donations accepted**  
**Saturday, April 8, 2023**  
**9 a.m.-1 p.m.**

Buddhist Church of Sacramento Parking Lot,  
 2401 Riverside Blvd., Sacramento, CA 95818

You won't even need to get out of your car; we will unload it for you!

**Items Accepted**

**Electronic Waste with a Screen**

- CRT (Cathode Ray Tube) Monitors, Televisions
- LCD (Liquid Crystal Display) Monitors & Televisions
- LED (Light Emitting Diode) Monitors & Televisions
- Plasma Televisions
- Projection Televisions
- Laptop PCs/ Tablet PCs
- DVD Players with 4' Screen or Larger

**Computers, Servers & Components**

- Desktop PCs
- Servers
- Network Equipment
- Main Frame Computers
- Telecom Equipment

- Circuit Boards
- Hard Drives
- PDA/ Cellular Phones
- Power Supply Units

**Office Products**

- Printers (Remove paper, toner & ink cartridges)
- Copiers (Remove paper, toner & ink cartridges)
- Fax Machines (Remove paper, toner & ink cartridges)
- Multi-Function Devices (Remove paper, toner & ink cartridges)
- Scanners

**Consumer Electronics**

- VCRs
- CD Players

## Electronic E-Waste (Continued)

- Calculators
- Telephones
- Cell Phones & PDAs (batteries CAN stay in)
- Digital Cameras
- Stereo Equipment
- Electronic Cables
- Video Game Consoles
- Small Kitchen Appliances such as mixers, toasters, and microwaves (with plate removed)
- Car Stereos
- Computer Peripherals

**Batteries MUST be removed from all electronics except cell phones.**

\*\*SRCC reserves the right to deny donations from select individuals or businesses\*\*

\*\*SRCC will monetarily penalize the Adult Buddhist Association for "NonAcceptable Items" and if the guidelines are not adhered to.

### Items Not Accepted

- All Non-Electronic Waste: Items that do not have BOTH a circuit board and a power cord.
- Techno-Trash including: CDs/DVDs, VHS, Beta, Cassettes, DAT Tapes, Memory Sticks, & Floppy Discs.
- All Batteries: All batteries must be removed from consumer electronic devices. (CEAR will manage and

recycle the batteries with a fee. SRCC will deduct battery recycling fee from funds earned).

- All Lamps and Fluorescent Light Bulbs, incandescent Light Bulbs, and Christmas Tree Lights (CEAR will manage and recycle the batteries with a fee. SRCC will deduct battery recycling fee from funds earned).
- Hazardous Household Waste: Paint, Pesticides, Used Oil, Cleaning Supplies, Propane Tanks, Fire Extinguishers, or Tires.
- Contaminated Electronic Waste such as medical equipment that has not been decontaminated.
- Large Household Appliances: Refrigerators, Washer and Dryers, Stoves, Ovens, Water Heaters, Air Conditioners, etc.
- Household Items: Furniture, Cordless Power Tools, Toys, Smoke Detectors.
- All Mercury Containing Devices: Electric Irons, Thermostats, and Switches.
- All Wood, including wood-encased Stereo Speakers.
- Pressurized Containers: Fire Extinguishers and Propane Canisters.
- Solar Panels.
- Radioactive Devices.
- Furniture.
- Vacuum Cleaners.

Contact: Jean Kashiwada (916) 202-5348, [ksjkash@aol.com](mailto:ksjkash@aol.com). John Yoshikawa (916) 320-2111, [spyron@aol.com](mailto:spyron@aol.com).



Sacramento Adult Buddhist Association  
Presents

# The Tenth Oldies-But- Goodies Dance

Mark your calendar for our next Oldies-But-Goodies Dance, the 10<sup>th</sup>, hosted by the Adult Buddhist Association on **Saturday, April 15, 2023** at the Buddhist Church of Sacramento, 2401 Riverside Boulevard, Sacramento, CA. Music to be Disc Jockeyed by Don Kazama, who will play the 50's, 60's, & 70's music. Time: **7:00pm – 11:00pm**. Pupus and hosted refreshments will be provided. Tickets are \$15.00 per person.

Masks are not required, but recommended. All attendees must be vaccinated and boosted. Maximum number of attendees will be 200.

### PURCHASE YOUR TICKETS FROM:

Karen Adachi (916) 392-3206/ [karenadachi@aol.com](mailto:karenadachi@aol.com)  
 Grace Hatano (916) 451-7520/ [bghat1@sbcglobal.net](mailto:bghat1@sbcglobal.net)  
 Stephen Kashiwada (916) 213-7427/ [slkash@aol.com](mailto:slkash@aol.com)  
 Jean Kashiwada (916) 392-0958 / [jeankash@aol.com](mailto:jeankash@aol.com)  
 Martha Kushida (916) 834-9209/ [dockush6@sbcglobal.net](mailto:dockush6@sbcglobal.net)  
 Bob Nishimoto (916) 422-9415/ [BNish@sbcglobal.net](mailto:BNish@sbcglobal.net)  
 Tosh Ohara (916) 248-6012/ [toap@sbcglobal.net](mailto:toap@sbcglobal.net)  
 Misa Oshiro (916) 427-5059/ [cmkoshiro3@msn.com](mailto:cmkoshiro3@msn.com)  
 Mike Ota (916) 213-8558/ [caz3311@yahoo.com](mailto:caz3311@yahoo.com)  
 Ruth Seo (916) 425-0791/ [rseo@att.net](mailto:rseo@att.net)  
 John/Elaine Yoshikawa (916) 383-4755/ [spyron@aol.com](mailto:spyron@aol.com).

You can pay for your tickets through one of our members or pay at the time of the dance.

**Please let one of us know that you'll be attending for head count purposes.**

**If you have 8 or more people in your group & want to reserve a table, let us know.**

**Hanamatsuri  
Service  
Sunday,  
April 9, 2023**  
Kelly Gartman  
Chair, Religious &  
Education Committee

**Sakura Gakuen**  
Masako Thomas, Dean



**Betsuin to  
Host Meeting  
on Amache  
Historic Site**

**Donations of  
Obon Items  
Requested**  
Karen Adachi

**Hanamatsuri Service**  
With Guest Speaker: Rev. Hibiki Murakami  
Date: Sunday, April 9, 2023

The Buddhist Church of Sacramento is pleased to welcome Rev. Hibiki Murakami as the guest speaker for our Hanamatsuri service on Sunday, April 9 at 9:30 a.m. Rev. Murakami is a minister at the Los Angeles Homba Hongwanji Buddhist Temple. Born and raised in Japan, Rev. Murakami received a bachelor's and master's degree in letters of Shin Buddhism at Ryukoku University in Kyoto. Rev. Murakami received Tokudo ordination in 2013 and Kyoshi certification in 2015.

In addition to being our guest speaker, Rev. Murakami will host a workshop after Dharma service from 11 a.m.–12 noon in Classroom 1 across from the Kaikan. In honor of Hanamatsuri, Rev. Murakami will discuss the birth of Shakyamuni Buddha. Registration is not required, but we would like to get an estimated headcount for seating purposes. To RSVP, please email to [SacBetsuinEducation@buddhistchurch.org](mailto:SacBetsuinEducation@buddhistchurch.org).

We hope you can join us as we welcome Reverend Murakami and the return of our guest speaker series and workshops.

We are planning for the summer short programs.

Please contact me at [thomas@sakuragakuen.org](mailto:thomas@sakuragakuen.org) for information about the adult class.

For the youth program, please contact Tomomi Flesuras at [tomomi.sakuragakuen@gmail.com](mailto:tomomi.sakuragakuen@gmail.com).

**The National Park Service Wants to Hear from You!**

On March 18, 2022, President Joe Biden signed the Amache National Historic Site Act into law, starting the process to establish Amache as a new unit of the national park system. Amache, also known as the Granada Relocation Center, near Granada, Colorado, was one of 10 sites established by the War Relocation Authority during World War II to incarcerate Japanese Americans.

Of the more than 10,000 people who passed through Amache from 1942–1945, more than two-thirds were U.S. citizens. The legislation directs the National Park Service to preserve and protect Amache and to interpret Amache's history and continuing relevance for current and future generations. For more information, please visit <https://www.nps.gov/amch>.

The National Park Service is preparing a foundation document to guide future planning and management of the Amache National Historic Site. They are inviting everyone to participate in this effort. Eleven in-person public meetings will be held (eight in California and three in Colorado).

The Sacramento Betsuin will be a host site for one of the meetings on Monday, May 8, 2023, from 10 a.m.–12 noon. The National Park Service welcomes Amache survivors and descendants, as well as any member of the public with an interest in Amache, to participate in developing the foundation document.

Information on the hearing schedule is available at [https://parkplanning.nps.gov/AMCH\\_Foundation](https://parkplanning.nps.gov/AMCH_Foundation).

During last year's Bon Odori practices and the Bon Odori dance, we were able to find new homes for many of the yukatas, happi coats, and other items that were generously donated to the church. It also served as a nice fundraiser for the church. We are hoping to replenish our stock so that we can offer these items again at this year's Obon.

If you have any of the items below and would like to find a new home for them, we would appreciate your donations!

- Summer yukatas for adults or children (we'd prefer not to receive kimonos that are not worn for odori dancing).
- Happi coats for adults or children.
- Obi or sashes for yukatas, and ties for tying the obi.
- Sensu (folding fans).
- Uchiwa (round fans).
- Tenugui (towels used for obon dancing).
- Kachi-kachi.
- Hair ornaments.

Donations of these items can be dropped off at the church. It is preferred that you call first to make sure the office is open and able to accept the items.

PLEASE NOTE: Kimonos and kimono overcoats can be donated to the Rummage Sale in June (see Rummage Sale flyer in this newsletter for dates/times these items can be accepted).

**Thursday Night Health & Wellness**



Join us for these friendly, informative sessions. Ask questions and learn about steps you can take to ensure a healthy and happy life for yourself and those around you!

Please sign up at [BetsuinPrograms@buddhistchurch.org](mailto:BetsuinPrograms@buddhistchurch.org)  
Buddhist Church of Sacramento, 2401 Riverside Blvd., Sacramento, CA 95818-2233

**Balance with Belly Breathing to Increase Stability**

Thursday, April 20, 2023 – 6:30 p.m.



**Monica Altieri**  
ACSM Certified Health/Fitness Instructor

**Yoga with Bob Matsueda**

Interested in learning something new? The Yoga for Health class is designed for any age and physical condition.

Join us for weekly yoga classes with Bob Matsueda via Zoom.

Every Wednesday evening, 7 p.m.–8:15 p.m.

New students, please contact [betsuinprograms@buddhistchurch.org](mailto:betsuinprograms@buddhistchurch.org) for more information and Zoom link.



**Chanting Service**

**Kelly Gartman**  
Chair, Religious & Education Committee

Reverend Yuki will begin offering a chanting service that will focus on the chanting of Shoshin Nembutsu-Ge (Shoshinge) and the wasans written by Shinran Shonin. The service also will include a short dharma message and close with the letter of Rennyō Shonin. These services will be held on the first Monday of each month at 10 a.m. (In May, this service will be on the second Sunday, May 8.)

If you are interested in more information about this service, please send an email to: [betsuinprograms@buddhistchurch.org](mailto:betsuinprograms@buddhistchurch.org).



**Start your day with the chanting of Shoshin Nembutsu-Ge (Shoshinge) Hymn of True Shinjin and the Nembutsu**

**正信念仏偈**

Please join us on the first Monday of each month  
(April 3, May 8, June 5)  
10:00 am in the Hondo

Please register or if you have any questions, contact [BetsuinPrograms@buddhistchurch.org](mailto:BetsuinPrograms@buddhistchurch.org)  
Buddhist Church of Sacramento, 2401 Riverside Blvd, Sacramento, CA 95818





## April Schedule of Events

### Sunday, April 2

- 9:30 a.m. – Family Dharma Service – Reverend Yuki Sugahara
- 10:15 am – Dharma School Classes
- 10:30 am – Shotsuki Hoyō – Sensei Grace Hatano

### Monday, April 3

- 10 a.m. – Monthly Chanting Service – Reverend Yuki

### Wednesday, April 5

- 9:30 a.m. – Dharma Service for Seniors (All are welcome!) – Reverend Yuki  
Service is in Japanese and English; light refreshments following service. Nokotsudo is open for visitation.

### Friday, April 7

- 10 a.m.–12 noon - Japanese Dharma No Kai with Reverend Yuki (Class, lecture in Japanese)

### Saturday, April 8

- 9 a.m.–1 p.m. – ABA e-Waste Event in Parking Lot – See more information within this newsletter! Event/Service is FREE; donations are welcome!

### Sunday, April 9 - Hanamatsuri

- 9:30 a.m. – Family Service – Reverend Hibiki Junkyo Murakami, Special Guest  
Speaker from the Los Angeles Betsuin
- 10:30 a.m. – Special Lecture/Reception with Reverend Murakami

### Saturday, April 15

- 7–11 p.m. – ABA's Oldies But Goodies Dance

### Sunday, April 16

- 9:30 a.m. – Family Dharma Service – Reverend Matt Hamasaki
- 10:15 a.m. – Dharma School Classes

### Wednesday, April 19

- 9:30 a.m. – Dharma Service for Seniors (All are welcome!) – Reverend Matt  
Service is in English; light refreshments following service. Nokotsudo is open for visitation.

### Sunday, April 23

- 9:30 a.m. – Family Dharma Service – Sensei Kelvin Mark

### Sunday, April 30

- 9:30 a.m. – Family Dharma Service – Reverend Matt

## 77th Annual Bonsai Show



# 77<sup>th</sup> ANNUAL BONSAI SHOW



**ONE DAY ONLY**

**May 6, 2023 Saturday  
11 am to 4 pm**

Buddhist Church of Sacramento  
2401 Riverside Blvd  
Sacramento, CA 95818

**FREE ADMISSION**

Demo 1:30 pm \* Benefit Raffle \* Plant & Pot Sale \* Refreshments

<http://www.sacbonsaiclub.com>  
[juddbonsai@att.net](mailto:juddbonsai@att.net)

13th Annual SBC Golf Tournament  
Richard Kai



Save the date notice!

The Board of Trustees invites its sangha members, their families and friends to participate in the upcoming 13th Annual Sacramento Buddhist Church (SBC) Golf Tournament scheduled for the Teal Bend Golf Course Thursday, July 13, 2023.

Yes, that was not a misprint. The decision to relocate the tournament to Teal Bend was based on several factors, including: previous years' feedback from the players, guests and volunteers; location and ease of access to the courses contacted for this year's tournament; course layout, and conditions and costs and benefits offered by each site. One factor that loomed large during our planning meetings was the desire to bring back to life the spirit of community within the Betsuin, as was the case before the 2020 pandemic. As a result, it was decided that bringing the tournament buffet luncheon and after-golf activities back to the Kaikan could reawaken the essence of the temple being seen and felt as the centerpiece of in-person community activities.

The information fact sheets, sponsorship levels, playing format and scoring, along with the event's entry forms are currently under construction. The final version of these documents will be available on the Betsuin's website (buddhishchurch.org) during the month of April. The committee will "blast" an email message along with the tournament forms and fact sheets to each of the past participants within the next few weeks. The completed entry forms along with any questions and/or comments about the 2023 event can be sent via email to the golf committee at [betsuingolf@gmail.com](mailto:betsuingolf@gmail.com). The temple office staff can provide general information about the event.

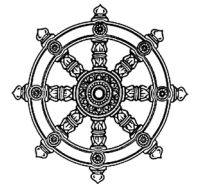
The golf tournament committee is comprised of trustees from the Board and a host of temple members who volunteer their time to plan, organize and provide a seamless array of event-related activities. The purpose of the committee is to administer the pre- and post-event functions and account for the net proceeds (sources and usage) from each event. The net proceeds are deposited in the tournament's checking account and held as subpart of the temple's capital improvement account.

We are looking forward to hosting another successful fun-filled event that is enjoyed by all of those who participate, and to bring back the simple idea of friends gathering among friends within the walls of the Kaikan for the post-tournament festivities. The committee hopes to see you all on July 13. Until then, be healthy and safe.

New Members



Welcome New Members



Wes Ota  
Andy Waller

2023 Family Memorial Service Schedule

Traditionally, family memorial services are held for loved ones on designated anniversaries. These are precious occasions to honor the treasured memories of our beloved ones and to realize how fortunate we are to be embraced by Amida Buddha's light of wisdom and life of compassion.

Year of Death	2023 Memorial	Year of Death	2023 Memorial
2022	1 year	1999	25 year
2021	3 year	1991	33 year
2017	7 year	1974	50 year
2011	13 year	1924	100 year
2007	17 year		



Condolences to the Families of



- Hitoshi Ota.....September 1, 1925–August 10, 2022
- Elaine Otani.....September 9, 1939–November 20, 2022
- Naomi Yamamoto.....December 10, 1937–February 6, 2023
- Keiko Ota.....September 1, 1937–February 17, 2023
- Isamu Kobata.....February 19, 1925–March 1, 2023

SACRAMENTO DHARMA NO KAI

Japanese Lecture:  
Life of Shakyamuni and Basic  
Teachings of Buddhism

We invite Japanese speaking people to join the April Dharma No Kai lecture delivered in Japanese by Rev. Yuki Sugahara. Rev. Yuki's April topic will cover: *Shakyamuni and basic teachings of Buddhism.*

For those who are able, you are welcome to join Rev. Yuki for lunch immediately following.

Date: Friday April 7, 2023  
Time: 10:00 am - 12:00 pm  
Location: Classroom 1

Buddhist Church of Sacramento  
2401 Riverside Boulevard  
Sacramento, CA 95818  
916-446-0121



VISIT BUDDHISTCHURCH.ORG FOR MORE INFORMATION

BUDDHIST CHURCH OF SACRAMENTO

Join us for our annual

Families  
& Friends  
Picnic

with games, kid's raffle,  
food, and **FUN!**



Sunday June 11, 2023



9:30 am - 1:00 pm  
Dharma service in the park  
starts at 10:00 am



Marriott Park  
1235 Grand River Dr  
Sacramento, CA 95831



Sign up requested, but not  
required by May 28  
<https://bit.ly/SBCPicnic23>  
or in the church office

Enjoy free hot dogs,  
burgers, chips, fruits,  
and drinks

Fun undokai style  
games for everyone

Bring your picnic  
blanket and  
folding chairs



Sign Up



For more information visit: [www.buddhistchurch.org](http://www.buddhistchurch.org)

**Buddhist Church Education Award**  
 Kelly Gartman  
 Chair, Religious & Education Committee

**A**ttention High School Seniors! Graduation will be here soon and that means it is time to apply for the 2023 Buddhist Church of Sacramento (BCS) Education Award. Applications are open to any high school senior who is the dependent of a current church member and currently enrolled in Dharma School (including teacher’s assistants). This award was created to help the youth of our church in pursuing their academic goals. It focuses on an applicant’s dedication to the church and Dharma School and places high value on participation in church-sponsored activities.

The application process scores an applicant in multiple areas, including a personal statement, video, letter of recommendation from a BCS organizational leader, and an in-person interview. Applications are being accepted now and the deadline to submit materials is Sunday, April 30, 2023 at 11:59 p.m. Interviews will be conducted at the Buddhist Church of Sacramento on Saturday, May 6, 2023.

We encourage all high school seniors to apply and we wish all of you the best of luck in this process!

Applications can be found at <https://www.buddhistchurch.org/educationaward2023>

If you have any questions, or for more information, please send an email to Mr. Kelly Gartman at [sacbetsuineducation@gmail.com](mailto:sacbetsuineducation@gmail.com)

**Dharma School**  
 Audrey Seo



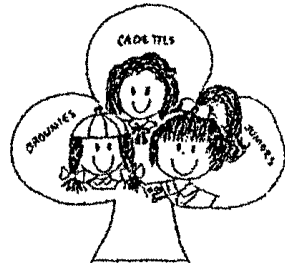
**D**harma School is excited to be back in person this year, and we’d love for you to see what we’ve been up to with the return of our Open House event after service on Sunday, April 2, 2023 in Classrooms 1–4. All students should report to their class table and sign in with their teachers for attendance credit. Our high school class will be preparing a special refreshment for you, so bring your families and enjoy!

We are also looking forward to the return of the children’s Ochigo procession at the Gotan-e service on Sunday, May 17, 2023. Traditionally, the 3rd grade students would participate; however, we would like to extend the invitation to any students in grades 4–6 who missed out on their opportunity while we moved to virtual classes. Please let your child’s teacher know if your 4th–6th grader would like to participate or to get more information.

Our Friends and Family Picnic on Sunday, June 11, 2023 at Marriott Park will be combined with the Northern California District Temple Undokai event — a sports festival with fun games for both children and adults. Dharma School students and their families from our Northern California District temples will be invited so you’ll have the opportunity to have fun meeting some new friends. Please see the flyer in this and future issues of the SANGHA for sign-up information. The event is free!

Thank you to all of our families for your continued participation in Dharma School. We love seeing all of your smiling faces and we’re looking forward to the rest of the year.

**Girl Scout Troop 569 News**  
 Leslie Kaneko



**A**s Girl Scout cookie season comes to an end this year, the girls would like to thank all who supported the girls during cookie season. There are so many contributions they are thankful for, to those who purchased cookies, made donations, helped to promote cookie sales at church services, newsletters, online virtual announcements, and allowing the girls to practice public speaking at services.

The troops have cookie managers and parent volunteers who coordinate to order, pick cookies up at Megadrop, and distribute throughout cookie season. The girls and parents also volunteer their time at the big “Megadrop” as seen on the news. This year they want to recognize our representatives: Traci Sauer, Caitlyn Sauer, Sofia Yee, Heather Koike, Maya Koike, Kim Yep, Joshua Mua, Ashley Moreno, Shannon Suo, and Dave Gellerman.

This year, our girls sold cookies in booths for the first time since 2020! They had so much fun engaging with the public, meeting new people, and most of all, being out selling with their troops. The girls collectively sold 26,614 packages of cookies! They, with the help of their parents, were out in the cold and rain, under canopies, dressed in raingear with smiles on their faces.



**Troop 569-30 participated in Eastern Ways Martial Arts program**  
 Along with more than 20 other surrounding Girl Scouts, Troop 569-30 participated in the Eastern Ways Martial Arts’ fast paced-and hands-on program that taught the girls life skills of self defense.

This helped them build confidence and awareness of how to respond /react to dangerous situations. The instructors and volunteer student staff members were terrific! Not only was it physically fun; the knowledge gained on how to defend yourself is invaluable. We hope Troop 569 will keep our girls safe by empowering them with “girl power”!



**Girl Scout Troop 569 News**  
(Continued)

**Troops 569-36 & 569-45 collaborate for a Valentine card project**

The new Brownie troop participated in their first community service activity. Together with Cadettes 3, the girls made Valentine cards which were mailed out to the church Women's Group. It was an exciting experience for the girls to work together and use their creativity to cheer someone's day.



**Scout Sunday**

On February 4, Troop 569 joined the Boy Scouts Troop 50 in honor of Scout Sunday.

They came together to commemorate and recognize the importance and contribution of scouting.

**Women Inspire**

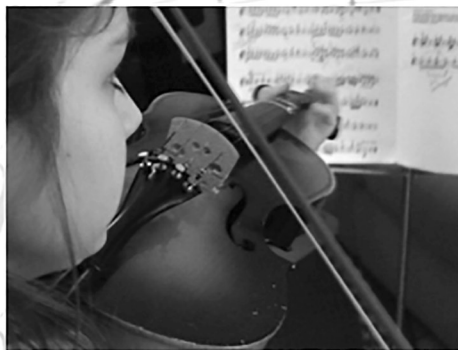
A huge thank you to Congresswoman Doris Matsui for inviting our troop to the California Museum's Career Day in honor of Women's History Month.

It was so inspiring to meet local innovators and trail blazers, including Sacramento Police Chief Kathy Lester, Maren Conrad, Vicki Gonzalez, and Brin Wieking.



**Looking for Musicians**

**Looking for Musicians**



Do you play an instrument? Can you sing a song? We'd love to have you share your talent and perform at a Dharma Service.

**Interested?**  
Sign up in the office or  
Email [BrianHatano58@gmail.com](mailto:BrianHatano58@gmail.com)



新しい週日礼拝

## 水曜シニア・ダーマ・サービス

サクラメント別院ではシニアメンバーのために毎月第一と第三水曜日  
午前 10 時より本堂にてダーマサービスを行っています。

### 英語と日本語

日時：毎月第一水曜日  
時間：午前 10 時  
講師：菅原先生  
場所：本堂

### 英語

日時：毎月第三水曜日  
時間：午前 10 時  
講師：浜崎先生  
場所：本堂

納骨堂のお参りもできます。

### 送迎サービス

“ACC RIDES” の送迎サービスは無料です。ACC 入居者/非入居者ともにサービスを受けることができます。希望者は ACC-RIDES (916) 393-7433 へ事前に電話で予約をして下さい。又、希望者は ACCRIDES の申込用紙に書き込む必要があります。申込用紙は別院のウェブサイトにあります。書き込んだ申込用紙を Email (rides@accsv.org) か Fax (916-393-9128) を送って下さい。

Sacramento 仏教会  
2401 Riverside Blvd.  
Sacramento, CA 95818  
916-446-0121

### ACCRIDES 送迎サービス スケジュール

9:00 ACC G Terrace, 1180 Corporate Way  
9:10 ACC Maple Tree, 7579 Maple Tree Wy  
9:30 Arrive Sacramento Betsuin  
11:30 Depart G. Terrace & Maple Tree



### ナショナル・パーク・サービスよりお知らせ

3月18日、バイデン大統領はアマチ・ナショナル・ヒストリック・サイト・アクトを正式に法令として署名、アマチをナショナル・パーク・システムの新しい部署にする手続きを始めました。この決議案はナショナル・パーク・サービスがアマチ強制収容所跡の保存と保護、そしてその歴史を現在と次世代に語り継ぐよう指令しています。

ナショナル・パーク・サービスはアマチ・ナショナル・ヒストリック・サイトの歴史的資料の収集を始めています。一般の人からの協力を求めて、加州11カ所で公聴会を開催する予定で、その一つとして、5月8日（月）午前10時～午後12時、別院にて公聴会が開かれます。ナショナル・パーク・サービスはアマチ強制収容所に入居されていた人やその家族の方々に是非参加・協力を求めています。また、この財団の発展に興味のある方々も是非参加して頂きたいと願っています。

### ～盆踊り用品～

毎年盆踊りの練習日や盆踊りの当日、ゆかたやハッピー・コートなどお寺に寄付された品が新しい持ち主のもとへ貰われていきます。今年のお盆に間に合うよう皆様からのご寄付をお願いいたします。

もしも以下のような品々を寄付して頂けると大変嬉しいです。

- 浴衣（ゆかた）大人用、子供用
- ハッピー・コート（法被）大人用、子供用
- 帯（ゆかた用）、ひも
- 扇子
- うちわ
- 手拭い
- かちかち
- 髪飾り

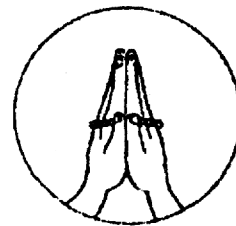


✓ 寄付の品物は別院にご持参下さい。必ず事前に事務所にご連絡下さい。

注：着物や羽織、帯などは6月に行われるラメージセール（フライヤー参照）にご寄付下さい。



# サンガ



## ～4月の予定～

4月2日 9時半 祥月法要 菅原先生  
4月9日 9時半 花祭り 村上順響師 (LA)

イアを募集中。ボランティアを希望の方は  
[sbcrummingsale2023@gmail.com](mailto:sbcrummingsale2023@gmail.com) へEmail して下さい。

## \*ファミリーとフレンド・ピクニック

6月11日9時半-1時 マリオット・パーク  
ダーマサービスは10時より。運動会や誰でも参加  
できるゲーム、ホットドッグ、バーガーや果物と  
飲み物など。入場無料、但しRSVP5月28日まで  
(大体の人数を知るため)申し込みのリンク：  
<https://bit.ly/sbcpicnic23> 又は別院事務所  
(916) 446-0121 別紙のフライヤー参照

では、ダーマスクールの4月2日のオープンハウ  
スと4月9日の花まつりサービスでお会いしまし  
よう。

## 理事長のメッセージ

足立カレン

今月の一番大きなお知らせは菅原祐樹先生が原田  
総長によりサクラメント別院輪番に就任されたこ  
とです。菅原先生は去年の秋から毎月ポートラン  
ドから9日間サクラメントに滞在され、この間、  
別院にて種々の活動や礼拝、月一回の読経や日本  
語法話会などを務めて来られました。

菅原先生は2011年7月よりフローリン仏教会、  
2017年よりオレゴン仏教会に赴任。島根県の出  
身で、6月末に家族と共にサクラメントへ引っ越す予  
定。菅原開教使、浜崎開教使、ミニスターズ・ア  
シスタントのチームはこれからもプラサー仏教  
会を支えて行くことになります。

## Opportunity Drawing

2月の優勝者、ジェリー・Tさん、おめでとうございます。  
3月の抽選は3月26日(日)に行われ、当  
選者は5月のサンガに発表されます。

## サクラ祭り

ボランティアの皆様お手伝い有難うございま  
した。スカウト・グループやダーマスクールの生徒  
達は数々の食品セール行い活動資金を作りました。  
ショッピング・フェアは会館でSBWAを含めて8  
軒のベンダーと別院のグランマス・アテイクが店  
を出しました。寄付された仏壇は菅原先生が説明  
を行いました。興味のある方は別院事務所までご  
連絡下さい。

## 水曜モーニング・サービス

3月15日(水)、初めてのシニアのための礼拝が浜  
崎先生によって行われました。10人以上の参加者  
は礼拝のあと納骨堂にお参りしたり、お茶とクッ  
キースで親睦の時間を楽しみました。次回は4月5  
日(水)午前10時から行います。詳細は別紙のフラ  
イヤー参照。

## 日本語法話会

4月7日(金)午前10時より「お釈迦様の教え」に  
ついて。5月はお休みです。

## お知らせ

\*ラメージセール 6月3日9時-2時 会館とコ  
ート・ヤード。売り物の寄付とお手伝いのボランテ

## 日本語ダルマ法話会

日時： 4月7日(金) 午前10時より  
場所： 別院クラスルーム  
講師： 菅原祐樹開教使

日本語で法話を聞きたい方は何方でも歓迎！  
連絡先： (916) 296-5619 廣田

## 婦人会ニュース

加藤シャーリー

## 新会員歓迎：

木村ジュリー、松浦アーリーン、長尾ローズ、  
太田アーデアナ

サクラ祭りに参加、バザークラフトブースに寄付  
された品物を売りました。

寄付の感謝禄：

磨きたわし-小牟礼ジェーン、キャシー・ヘンリー、  
内田バジニア

トート・バッグ/エプロン/ピロー：大本キャシー  
売上は全額SBWAの収入となります。

ACCのグリーンヘヴン・テラスで毎月手芸のクラス  
を伊藤ナンシーと西村ジョアンがコーディネート  
して行われています。3月16日、高橋房子、中野  
ロリーン、橋本ナンシーの皆さんがお弁当や手作  
りのお餅で参加者を接待。

婦人会は毎月第4日曜日礼拝後の接待を受け持っ  
ています。お手伝いされたい方は婦人会理事まで  
お申し出下さい。

(以上敬称略)