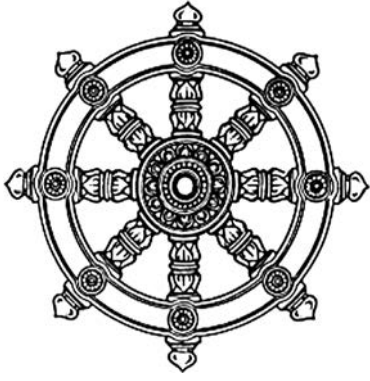


**Rev. Yuki's  
Tweet**  
Rev. Yuki Sugahara



**Harmony Is the Most Virtuous Thing**

*"Harmony should be valued and quarrels should be avoided."*

— *The Seventeen-Article Constitution established by Prince Shōtoku*

**B**efore my assignment to the Sacramento Betsuin and Placer Buddhist Church, I served the Oregon Buddhist Temple (OBT) in Portland for six years. When I first went to the OBT, I was surprised and amazed to have two cabinets along the walls of our onajjin / altar area. It does not mean it is inappropriate to have cabinets in the onajjin, but it was rare to see it. These cabinets contained Taishō Tripitaka. It was revised and compiled in the Taishō era (early 1900s) with the efforts of Buddhist scholars such as Junjiro Takakusu, the founder of Musashino University, so that it is called Taishō Tripitaka. "Tri" means three and "pitaka" is basket in Sanskrit. Sūtra (the teaching of Buddha), Tripitaka consists of Vināya (rules, regulation of monks, nuns and sangha), and Abhidharma (analysis of dharma, commentaries on sutras).

Anyway, there is a sūtra called Mahāparinibbāna Sutta. This sūtra talks about the last journey of Shakyamuni Buddha. In there, Shakyamuni Buddha gave advice to his disciple, Ānanda, regarding the seven things that are conducive to welfare. Some of them may not be useful in modern times, but some of them are worth following in this time of uncertainty. Since Shakyamuni Buddha was talking to Ānanda, this was in regards to the sangha, but it could apply to any organization. And when you

**(Continued on page 2)**

**Buddhist Church of Sacramento**  
2401 Riverside Blvd.  
Sacramento, CA 95818

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# SANGHA

**Sacramento Buddhist Church**  
**Volume 61 Number 3 – March 2024**

**Sacramento  
Betsuin**  
2401 Riverside Blvd.  
Sacramento, CA 95818  
  
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## Rev. Yuki's Tweet

(Continued)



Reverend Yuki Sugahara  
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Reverend Matt Hamasaki  
(916) 926-2221  
revmatt@buddhistchurch.org

## President's Message

Karen Adachi

## Sangha Helpers

Joanne Chew  
Meriko Hoshida  
Jane Komure  
Peggy Mori  
Helen Sakaishi  
Lynn Sunahara  
Fusako Takahashi  
Virginia Uchida  
Donna Wong  
Kathy Yamamoto  
Elaine Yoshikawa

are reading this article, it is after the Buddhist Churches of America (BCA) National Council Meeting that I hope concluded with harmony!

### The Seven Things That Are Conducive to Welfare

1. As long as the sangha hold regular and frequent assemblies, they may be expected to prosper and not decline.
2. As long as they meet in harmony, break up in harmony, and carry on their business in harmony, they may be expected to prosper and not decline.
3. As long as they do not authorize what has not been authorized already, and do not abolish what has been authorized, but proceed according to what has been authorized by the rules of training, they may be expected to prosper and not decline.
4. As long as they honor, respect, revere and salute the elders of long standing who are long ordained, fathers and leaders of the order, they may be expected to prosper and not decline.
5. As long as they do not fall prey to desires which arise in them and lead to rebirth, they may be expected to prosper and not decline.
6. As long as they are devoted to forest-lodgings, they may be expected to prosper and not decline.
7. As long as they preserve their personal mindfulness, so that in future the good among their companions will come to them, and those who have already come will feel at ease with them, they may be expected to prosper and not decline.

Among the seven things, what I feel is the most important is No. 2 because harmony cannot be achieved by one person; it needs everyone's efforts. If everyone is mindful of creating harmony, then we are expected to prosper and not decline.

Prince Shōtoku (574-622), who is considered the father of Japanese Buddhism, established the first Japanese constitution and the first article said: "Harmony should be valued." He was also a politician; he knew how harmony is important. I agree that harmony is really important in operation of the temple, in family and in friendship too.

In Mahāparinibbāna, Shakyamuni Buddha said harmony is the way to prosper and not decline. In the Seventeen-Article Constitution, Prince Shōtoku said harmony should be valued. Then, the question is, do we still value our self-centered opinions, or do we value harmony? I think everyone knows the answer. I hope everyone treasures harmony among anything else and I am sure that the mind of keeping harmony creates the better community.

Gassho.

### Scout Sunday

February began with our annual Scout Sunday service on Sunday, February 4, where I had the distinct honor of presenting special plaques from the Betsuin to five recipients of the Metta and Padma awards. Congratulations to cub scouts Takeshi Okazaki and Oren Goding for achieving the Metta award, and to girl scouts Bailey Han, Marissa Tanaka and Elle Tolentino for achieving the Padma Junior award. Each of them completed weekly classes over a 10-week period led by Reverend Yuki.

We were fortunate to have as our Scout Sunday special guest speaker, Mr. Paul Helman. Mr. Helman is a dedicated scout leader and has served as the Unit Commissioner for Pack 50, Troop 50B, and Troop 50G for a combined total of eight years and is continuing as Unit Commissioner in 2024. He gave an inspirational message that tied nicely to our temple's 125th Anniversary theme, "Compassion. Culture. Community."

While our temple is celebrating its 125th anniversary this year, we have some significant milestones with our scouting organizations that must be mentioned. This year, Cub Scout Pack 50 is celebrating its 50th anniversary, as it was established in 1974. Boy Scout Troop 50B was first established in 1924. Although the troop disbanded for several years during and after World War II and the incarceration of Japanese Americans into internment camps, its establishment 100 years ago is still significant. Our Girl Scout Troop 569 is celebrating its 32nd anniversary this year. Unfortunately, due to the COVID shutdown, they were unable to celebrate their 30th anniversary in 2022, so they are celebrating this milestone this year. We are also celebrating Troop 50G, which was established in 2020 right before the COVID shutdown, but despite the challenges, is growing and going strong today!

### Panda Express Fundraiser

Thank you to all who supported our Panda Express Fundraiser on February 9. Each of our church's affiliated and sponsored organizations joined in promoting this fundraiser, where proceeds were earmarked to help pay for security guards who are hired for the protection of our members and friends when activities are held on our temple grounds. I am pleased to announce that the fundraiser brought in \$2,124, with supporters purchasing Panda Express food in four states: Arizona, California, Georgia and Hawaii!

### Opportunity Drawing

Thank you to all who purchased Opportunity Drawing tickets. The monthly drawings will be held after service on the last Sunday of the month, beginning in February and continuing through June. By the time you receive this March SANGHA newsletter, our first drawing would have occurred; but without a crystal ball, as I write this article, I

## President's Message (Continued)

### Office Manager

Cindy Kitade

### Office Project Coordinator

Jennifer Nitta

### Administrative Assistant

Kellie Morioka Sato

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(916) 446-0121

### Sangha Staff

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Editor (Japanese) Katsuko Hirota

### Contributing Reporters

President	Karen Adachi
SBWA	Shirley Kato
Women of Jodo Shinshu Service	Merv Maruyama
ABA	Jean Kashiwada
125th Anniversary Legacy Fund	Sharon Ito
	Greg Matayoshi
Tanoshimi Kai	Brian Hatano
Boy Scouts	Payton Ichiho
Sports	Marty Matsuda

### SANGHA submissions

Submissions for the SANGHA are **due** on the **15th of each month**. Late articles will be published in the following month's issue.

When submitting, please send email to: [SBCsangha@gmail.com](mailto:SBCsangha@gmail.com) with a cc to: [betsuinoffice@gmail.com](mailto:betsuinoffice@gmail.com) and inform the church office at (916) 446-0121. Please include the author's name.

**Artwork, including photographs, needs to be sent as separate files from the text.** Thank you.

could not tell you the winner's name! The lucky winners will be noted on the church's website. Good luck to all who are participating!

### BCA National Council Meeting

On the last weekend of February, our temple hosted the annual Buddhist Churches of America (BCA) National Council Meeting. The location of this annual meeting rotates between all the districts in the BCA, and this year, the responsibility fell on the Northern California District. This year's National Council Meeting was held in person for the first time since 2020.

Temple leaders and ministers from throughout the BCA attended this three-day event, which was coordinated by the seven temples in our Northern California District (the Buddhist Churches of Florin, Lodi, Marysville, Placer, Stockton, Walnut Grove, and Sacramento). The National Council meeting was held on Friday and Saturday, February 23 & 24, and culminated with a special BCA Eitaikyo Service on Sunday, February 25.

The National Council Meeting was chaired by Allan Yamashiro of the Placer Buddhist Church and Peggy Okabayashi, who is the president of the Northern California District Council and a member of the Florin and Marysville Buddhist Churches.

Representatives from all seven Northern California temples served in various capacities for the planning of this meeting, which also included virtual workshops on Saturday, February 17. A special musical presentation celebrating the BCA's 125th Anniversary was produced and performed at the Saturday banquet by The Grateful Crane, which included our own Merv Maruyama.

Many of our own church members served on the steering committee and held major roles in the planning of the meeting. Special thanks go to the following members of our church who held key roles in the planning and execution of this major event:

- Reverend Yuki coordinated the services held during the National Council Meeting and the Eitaikyo Service.
- Koichi Mizushima coordinated the logistics, A/V needs, and facilities set-ups for the event.
- Yvonne Ishimoto and Myra Okasaki handled the registration of delegates and provided the registration process at both the DoubleTree hotel where the majority of delegates stayed, and at the church.
- Marty & Kim Sakata, Gordon Nitta, and crew planned and cooked most of the food for the lunches and the Saturday banquet.
- Keith & Karen Adachi, Stephen Kashiwada, and volunteers from Adult Buddhist Association (ABA), Sacramento Buddhist Women's Association (SBWA), and others made udon for Saturday's lunch.
- Audrey Seo coordinated the Saturday banquet with the assistance of Sandy Kataoka-Fong.
- Jane Komure worked with the BWAs on the continental breakfast on Saturday, and the hospitality mixers. BWA members from all Northern California temples provided food for the hospitality mixers.
- Stacy Matsunami coordinated the serving of lunch on Friday and Jean Kashiwada coordinated the serving of lunch on Saturday.
- Bruce DeCamp served as the tech person for the Eitaikyo Service.
- Scouts from Troop 50B, Troop 50G and Girl Scouts helped serve and bus tables for the Saturday banquet.
- ABA and SBWA members helped set up the facilities and volunteered in various capacities throughout the weekend.
- Office Manager Cindy Kitade produced and printed all of the signs for the event.
- Bobby Tanaka coordinated the on-site and off-site parking lots for the delegates.
- The Betsuin Choir performed at the opening service on Friday and the Eitaikyo Service on Sunday. At these services, the choir presented two new gathas. The lyrics for one of the new gathas, "Amida's Light," was written by our own Gayle Kono, whose lyrics were selected as one of the winners of the BCA's Gatha Lyrics Contest held last year. Composer Shinji Eshima wrote the music to Gayle's lyrics, and he and Gayle attended the Eitaikyo Service to hear the song performed for the first time in public by the Betsuin Choir.
- And finally, yours truly served as the National Council Meeting treasurer and volunteer coordinator for the event.

As you can see, this was a major event that could not have been possible without the dedicated efforts of so many people. Thank you to all the volunteers!

### BCA 2024 Calendars

As I mentioned above, the BCA is also celebrating its 125th anniversary in 2024. They have produced a special 2024 calendar that displays past and present photos depicting the history of the BCA. Two photos submitted by Sacramento are included on the November page. These calendars are available for purchase in the church office for the low price of \$5! Get yours today while supplies last!

### February Board of Trustees Meeting

At February's Board of Trustees (BOT) meeting, the members of the BOT were treated to a delicious bowl of Reverend Yuki's ozoni prior to the meeting. The ozoni recipe was passed down to Reverend Yuki by his mother. ABA members Stephen Kashiwada,

**President's Message**  
(Continued)

**Legacy Endowment Fund**  
Greg Matayoshi

おかげさま

**125th Anniversary Update**  
Sharon Ito  
125th Anniversary Steering Committee



BUDDHIST CHURCH OF SACRAMENTO

Martha & Bruce Kushida, Carolyn Murata, Michael Ota, and Keith Adachi assisted Reverend Yuki with cooking and serving the ozoni to the board members. Thank you to Gordon Nitta for making the mochi for the ozoni.

**March Activities**

- 50th Annual SBC Basketball Tournament: March 2 & 3.
- Spring Ohigan with Special Guest Speaker Reverend Ai Hironaka from the Lahaina Hongwanji Mission: Sunday, March 17 — Reverend Hironaka and his family lost their home and temple in the devastating Maui fire that swept through Lahaina in August 2023. Reverend Hironaka will share his experiences from this tragic event. The Hironaka family members will also be in attendance, so please join us in extending a warm welcome to the Hironaka family on this day.
- Sakura Matsuri Food & Shopping Faire: Saturday, March 23.

The Legacy Endowment Fund Board expresses gratitude to the sangha for its generous support throughout the years. Since receiving initial approval from the general Board of Trustees in 2005, the endowment fund has experienced remarkable growth, expanding from the initial seed money of approximately \$385,000 to nearly achieving our target of \$5 million.

Achieving the target fund amount will enable the fund to persist in its mission of cultivating, promoting and sustaining the Jodo Shinshu tradition in the Sacramento region. This is accomplished by establishing and managing a sustaining endowment fund designed to address specific needs that may not be covered by the regular, day-to-day operations of the Sacramento Buddhist Church and its members.

Throughout 2023, the Endowment Fund played a crucial role in supporting various initiatives, including enhancing the church's social media presence, updating the website, archiving historical church photos, facilitating Obon photo activities, and providing seed funding for the upcoming 125th Anniversary celebration, among other projects.

As we step into 2024, the Legacy Endowment Fund Board is enthusiastic about the prospect of receiving funding requests from the sangha to further the advancement of the Jodo Shinshu tradition. Regardless of the scale of your project, be it substantial or modest, we wholeheartedly encourage you to engage with and apprise the Legacy Endowment Fund Board. Your initiatives and ideas play a vital role in perpetuating and strengthening our collective tradition.

Some families have been with our temple for four or five generations, while others are new to our Jodo Shinshu tradition. This steadfastness and growing diversity have created a strong sangha to celebrate the 125th Anniversary of the Buddhist Church of Sacramento. The 125th Anniversary Steering Committee has been coming up with ways to celebrate this milestone and bring the sangha together while being mindful of our annual activities that rely on your participation. With that in mind, here's what we've planned so far:

Our big 125th Anniversary celebration is on Saturday, November 23, at the Sacramento Asian Sports Foundation. Chair Stacy Matsunami is gathering ideas to create a fun, family-friendly, affordable event. Stacy is looking for volunteers who want to help plan the banquet and fundraiser to defray the costs. If you're interested or have ideas, please email her at [sym924@frontier.com](mailto:sym924@frontier.com).

The Sakura Matsuri Food & Shopping Faire on Saturday, March 23, will include commemorative merchandise for sale. Items include a quarter-zip pullover, a baseball cap, and vinyl stickers. Our second 125th Anniversary wood coin will be produced in time for Sakura Matsuri. This free commemorative token will feature new artwork and become part of a collector series.

Have you checked out the temple's newly redesigned website? The 125th Anniversary has a dedicated page with articles, videos, photos and a calendar of events. Among the featured articles is one on Scout Sunday, where guest speaker and scout leader Paul Helman focused his remarks on "Compassion. Culture. Community." — the anniversary tagline. The article includes a video clip of his thoughtful address.

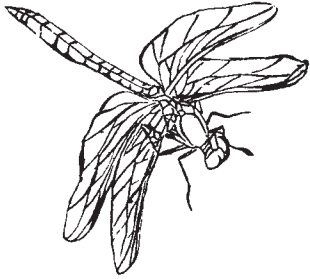
In last month's newsletter, we mentioned an anniversary walkathon. After much consideration, the Steering Committee decided not to host this event. Instead, encouraged by our sangha's participation at the MLK Walk For The Dream, we decided to increase our presence at other walkathons such as ACC's Ohana Walk and My Sister's House Run for a Safe Haven.

Other activities paying tribute to the 125th Anniversary include:

- The 50th Annual Betsuin Basketball Tournament on Saturday, March 2 and Sunday, March 3;
- The 125th Anniversary Car Show on Saturday, May 11.

Finally, the free commemorative M&Ms were such a hit that we've placed another order! So, look for the treats at upcoming services and Dharma School.

**Sacramento  
Buddhist  
Women's  
Association  
Shirley Kato  
Executive Council**



**Memorial  
Service for  
the Women of  
Jodo Shinshu  
Merv Maruyama**

**Courtyard  
Refreshments**

**T**hank you to our SBWA members who generously donated nonperishable food, fresh fruits and vegetables, and paper /plastic bags to the South Sacramento Interfaith Partnership (SSIP) Food Closet in January. The donations filled three cars to the brim! Thank you also to Keith Kato and Gary Traganza for assisting us in transporting and unloading the donation into the storage rooms at the facility. SSIP currently serves about 300 people per day. The director of the food closet greatly appreciated the donation.

Welcome to our new SBWA members Cathy Lemelin and Elaina Torres!

On February 3, Reverend Matt Hamasaki led an SBWA retreat for our Board members that focused on strategies for increasing our organization’s membership. Members who attended found the group discussion very helpful in developing new recruitment ideas.

On February 11, SBWA held our annual Women of Jodo Shinshu Service. Thank you to our religious committee — Gayle Kono, Lori Itow and Myra Okasaki — for coordinating this special service, and to Stuart Ito who made it possible for members to watch the service virtually if they were unable to attend in person. We were fortunate to have as our guest speaker, Reverend Yukiko Motoyoshi, who gave an inspirational sermon. This special service also included a beautiful performance by the SBWA Choir, led by Merv Maruyama, and a wonderful slide presentation by Myra Okasaki that paid tribute to many of our longtime members. Thank you to everyone for your generous donations.

Our first 2024 trip to the casino will be on Wednesday, February 28. On this outing we will enjoy lunch together and try our luck at Sky River Casino!

SBWA members are assisting with two major events hosted by our Betsuin. SBWA will assist with food prep, set-up, and serving meals for the Buddhist Churches of America (BCA) National Conference to be held at the temple February 23–24. On March 23, SBWA will team up with the Adult Buddhist Association (ABA) to make a chicken bento to sell at Sakura Matsuri. SBWA will also sell a few crafts at this event.

Our next Board meeting will be held virtually on Wednesday, March 6, 2024, at 7 p.m. All members are welcome to attend. If you would like the Zoom link, please email [SBWA2020@gmail.com](mailto:SBWA2020@gmail.com).

**W**hile our temple was founded 125 years ago, our Jodo Shinshu tradition dates back over 800 years. Along with our founder, Shinran Shonin, several women played crucial roles in making our school of Buddhism one of the most influential and inspiring.

On Sunday, February 11, the Sacramento Buddhist Women’s Association (SBWA) observed a memorial service honoring four women of Jodo Shinshu: Lady Eshinni, Lady Kakushinni, Lady Takeko Kujo and Lady Yoshiko Ohtani. These four women deserve recognition for their outstanding contribution to the growth of Jodo Shinshu in Japan as well as in sanghas around the world.

Lady Eshinni, the wife of Shinran Shonin, supported her husband as a spouse as well as financially to spread the Dharma. Lady Kakushinni, the youngest daughter of Eshinni and Shinran Shonin, not only cared for her father during his final years, but also planted the seeds of organization that became the Hongwanji, our mother temple in Kyoto.

Lady Takeko Kujo, along with her sister-in-law Lady Kazuko Ohtani, founded the Buddhist Women’s Association in 1905. Lady Kujo was a poet and wrote the lyrics to the gatha “Seiya.” Lady Yoshiko Ohtani, the spouse of the 23rd Monshu, Kosho Ohtani, was instrumental in unifying the Buddhist Women’s Associations throughout the world.

The service was chaired by Sandy Kataoka-Fong and officiated by Reverend Matt Hamasaki. Reverend Yukiko Motoyoshi, who retired from the Buddhist Church of Stockton in 2020, was the guest speaker. Reverend Motoyoshi recounted her experiences with devoted Buddhist women who generously gave of their time and talents as an expression of gratitude for the Dharma.

The SBWA Choir sang the gatha “Seiya,” written by Lady Takeko Kujo. There also was a slide presentation as a tribute to our SBWA members. Those attending the service were happy to see each other, and it was a good opportunity for many to visit and catch up at the reception. How grateful we all are for the time, energy and generosity of spirit the SBWA provides our temple!

**W**e appreciate the following groups/members for providing refreshments or assistance for our Sunday morning courtyard refreshments (monetary donations are listed in the Donations section):

**January 21, 2024**  
Matthew Tokeshi-Nitta  
Jr. YBA Members

Emily Ishii  
Linda Tomoda-Toy

Martha Kushida  
Stacy Matsunami  
Michael Ota

**January 28, 2024**  
SBWA  
Sandy Kataoka-Fong  
Joanne Chew

**February 11, 2024**  
ABA  
Jean Kashiwada  
Stephen Kashiwada

Virginia Uchida  
Elaine Yoshikawa  
John Yoshikawa

New Members



Welcome New Members



Logan Inbody
Julie Kimura
Keiko Kurakazu

Adult Buddhist Association

Jean Kashiwada
ABA President

I would like to thank the ABA members who helped out at the February Board of Trustees meeting by preparing and serving the Board members ozoni, which was Reverend Sugahara's mother's recipe.

Thank you to all of our ABA members who helped out at the BCA National Council Meeting on February 23-24, by setting up chairs and tables, preparing and serving food, and of course, making everyone feel welcome.

Our next big event will be preparing a mochiko chicken bento box for the Sakura Matsuri Food & Shopping Faire on March 23. ABA and the SBWA will prepare this bento box together for Sakura Matsuri.

ABA COMMUNITY SERVICE AWARD

AWARD
The Sacramento Adult Buddhist Association (ABA) awards Community Service Scholarships for Excellence in Community Service and Scholarship. To celebrate the 125th Anniversary, ABA will award \$1,250 scholarships to selected recipients!

ELIGIBILITY
Graduating high school students and students attending an accredited college, university, vocational or technical school in 2023-2024 who are members of the Sacramento Buddhist Church, ABA or Affiliated or Sponsored Organizations.

APPLICATION INSTRUCTIONS
Application Instructions are available on the Buddhist Church of Sacramento webpage.

WWW.BUDDHISTCHURCH.ORG

SCHEDULE :

APPLICATIONS ARE DUE
March 31, 2024

APPLICANT QUALIFICATIONS REVIEW
April 1-April 12

INTERVIEW DATE
April 20 (tentative)

COMMUNITY SERVICE AWARDS
June 2024 (Date to be Announced)

AFFILIATED AND SPONSORED ORGANIZATIONS
Dharma School
YBA
Sports Program
Boy Scouts
Girl Scouts
Sakura Gakuen

DONATIONS ARE ACCEPTED
Donations for the ABA Scholarship Education Fund may be made to the Buddhist Church of Sacramento

As you know, many ABA Board members volunteer as "senior escorts" and walk with seniors in our community who want to get out for walks, do grocery shopping and enjoy outdoor activities in their respective neighborhoods.

We will continue our ABA Community Service Award and will be awarding \$1,250 this year to the selected recipients in conjunction with our temple's 125th Anniversary.

The 2024 ABA membership forms are available in the church hallway for new members, and also on the church's website. We will be scheduling a cooking class/demonstration, hikes and visits to community events and programs this year.

Hope to see you at one of the ABA activities!

ABA Free Shredding Event



Adult Buddhist Association
Free Shredding Event
Saturday, April 6, 2024
9 a.m.-1 p.m.

Buddhist Church of Sacramento Parking Lot
2401 Riverside Blvd., Sacramento, CA 95818

Donations Welcome
You won't even need to get out of your car; we will unload it for you!

Accepted: Paper with paper clips or staples
Not Accepted: Cardboard or other non-paper material

If any questions, contact John or Elaine Yoshikawa,
spyron@aol.com; (916) 320-2111; (916) 317-8413.



Invite Your  
Friends & Family!  
See You There!

Sacramento Adult Buddhist Association  
*Presents*

# The 12th Oldies-But- Goodies Dance Spring Fling

Mark your calendar for the 12th Oldies-But-Goodies Dance hosted by the Adult Buddhist Association on **Saturday, April 20, 2024** at the Buddhist Church of Sacramento, 2401 Riverside Boulevard, Sacramento, CA. Music to be Disc Jockeyed by "Dr. Don" Kazama, who will play the 50's, 60's, & 70's music. Time: **7:00pm – 11:00pm**. Tickets are **\$15.00**. Pupus and hosted refreshments will be provided.

Masks are not required, but recommended. All attendees must be vaccinated and boosted. Maximum number of attendees will be 200.

***PURCHASE YOUR TICKETS FROM:***

- Grace Hatano (916) 451-7520/ [bghat1@sbcglobal.net](mailto:bghat1@sbcglobal.net)
- Stephen Kashiwada (916) 213-7427/ [slkash@aol.com](mailto:slkash@aol.com)
- Jean Kashiwada (916) 392-0958 / [ksikash@aol.com](mailto:ksikash@aol.com)
- Martha Kushida (916) 834-9209/ [dockush6@sbcglobal.net](mailto:dockush6@sbcglobal.net)
- Bob Nishimoto (916) 422-9415/ [BNish@sbcglobal.net](mailto:BNish@sbcglobal.net)
- Karen Adachi (916) 392-3206/ [karenadachi@aol.com](mailto:karenadachi@aol.com)
- Tosh Ohara (916) 248-6012/ [toap@sbcglobal.net](mailto:toap@sbcglobal.net)
- Misa Oshiro (916) 427-5059/ [cmkoshiro3@msn.com](mailto:cmkoshiro3@msn.com)
- Mike Ota (916) 213-8558/ [caz3311@yahoo.com](mailto:caz3311@yahoo.com)
- Ruth Seo (916) 425-0791/ [rseo@att.net](mailto:rseo@att.net)
- John/Elaine Yoshikawa (916) 383-4755/ [spyron@aol.com](mailto:spyron@aol.com).

**If you have 8 or more people in your group, you can reserve a table.**

**Non-perishable food will be collected and donated to the Sacramento State University Student Food Pantry**

## 2024 Family Memorial Service Schedule

Traditionally, family memorial services are held for loved ones on designated anniversaries. These are precious occasions to honor the treasured memories of our beloved ones and to realize how fortunate we are to be embraced by Amida Buddha's light of wisdom and life of compassion.

Year of Death	2024 Memorial	Year of Death	2024 Memorial
2023 .....	1 year	2000 .....	25 year
2022 .....	3 year	1992 .....	33 year
2018 .....	7 year	1975 .....	50 year
2012 .....	13 year	1925 .....	100 year
2008 .....	17 year		



Condolences to  
the Families of



- Masaaki Tademaru ..... October 14, 1935–November 29, 2023
- Melvin Muranaka ..... May 13, 1947–December 26, 2023
- Hideo Ikenoyama ..... February 10, 1930–December 30, 2023
- Yotsuko Shimizu ..... June 22, 1931–January 8, 2024
- Reiko Kurahara ..... May 19, 1927–January 28, 2024
- Meri Fong ..... April 26, 1945–January 30, 2024

# 2024 Sakura Matsuri Food & Shopping Faire

Please join us for a day of shopping and eating at our 4th Sakura Matsuri Food & Shopping Faire on Saturday, March 23, 2024.

**Shopping Faire: 9 a.m.-3 p.m. in the Kaikan**  
**Food Faire: 10:30 a.m.-1:30 p.m. (or until sold out) in the Courtyard**

Among the vendors participating in this year’s event are:

- |                               |                       |                     |
|-------------------------------|-----------------------|---------------------|
| Embroidery by Liza            |                       |                     |
| HugASumo                      | Sara Kidwell          | Sacramento Buddhist |
| Marian Wong Designs           | J K Accessories       | Women’s Association |
| DeLynda DeLeon Designs        | MAC Knife, Inc.       | 125th Anniversary   |
| DaTojos                       | Nate’s Chili Oil      | Commemorative       |
| Incharacter Asian Calligraphy | Simmisu Paper Company | Merchandise         |

Back again this year will be our Grandma’s Attic booth. We will be selling gently used Japanese dishes, vases, dolls, doll cases, kimonos, artwork, and other items that have been donated to the church.

Pre-orders are being accepted from now through March 16 for a variety of food sold by our affiliated and sponsored organizations. Additional items will be available for purchase on the event day. You can place your food order on our church website: [www.buddhistchurch.org](http://www.buddhistchurch.org).

Below is a list of items you may pre-order:

- Mochiko Chicken Bento..... \$20
- Teriyaki Beef Sandwich..... \$15
- Curry Chicken Over Rice ..... \$10
- Kahlua Pork Over Rice ..... \$10
- Fried Rice ..... \$10
- Spam Saimin..... \$10
- Cabbage Salad ..... \$5
- Spam Musubi ..... \$4
- Crepe Cake — Strawberry, Matcha, or Original Flavors ..... \$5
- Signature Bottled Teriyaki Sauce..... \$10 each or 3 for \$25

Also for sale that day will be: boba, taiyaki (red bean, ube, plain, nutella), baked goods, pizza and cold brew coffee.

**2024 SAKURA MATSURI**

**JAPANESE CULTURAL FOOD & SHOPPING FAIRE**  
Saturday, March 23

featuring  
**VENDORS**  
SPECIALTY  
HANDCRAFTED ITEMS

Home goods; towels, pillows, potholders, & insulated bags. Also, jewelry, wall hangings, apparel, baby items, aprons, Asian art, Hawaiian crafts & more!  
– Visit Grandma’s Attic –  
New & Gently used Japanese items: dolls, housewares, & more!

**SHOPPING FAIRE**  
(indoors):  
**9:00 am - 3:00 pm**

**FOOD FAIRE**  
(outdoors):  
**10:30 am - 1:30 pm**  
or until sold out

Pre-Sale Orders will also be accepted online through March 16. A limited supply of food items will be available on the event day.

**125 YEARS**  
- EST. 1899 -

**BUDDHIST CHURCH OF SACRAMENTO**  
*Compassion. Culture. Community.*

2401 RIVERSIDE BLVD., SACRAMENTO 95818 | 916.446.0121 | [buddhistchurch.org](http://buddhistchurch.org)



## Shotsuki Hoyo - Monthly Memorial Service Schedule



On the first Sunday of every month, we observe a special memorial service known as Shotsuki Hoyo. This service is dedicated as a time to remember and express gratitude for our family members and friends who have passed away during the month of the year in which the service is held. Now combined with our Family Dharma Service, Shotsuki Hoyo will be held on the following Sundays:

- March 3, 2024
- April 7, 2024
- May 5, 2024
- June 2, 2024
- July 7, 2024
- August 4, 2024
- September 8, 2024
- October 6, 2024
- November 3, 2024
- December 8, 2024

**3 ways to submit the name of a loved one to be read during the service:**

- (Preferred) Scan the QR Code and complete the form.
- Send an email to *BetsuinOffice@gmail.com*. Include your name and the name of your loved one.
- Call the Betsuin Office, (916) 446-0121. Leave your name and phone number along with the name of your loved one.



If you have a Homyo card for your loved one(s), you are welcome to bring it to service to be placed on the Onaijin.

Although not required and not expected, we are grateful for any Shotsuki Hoyo donations. If you would like to send a check, please send it to "Buddhist Church of Sacramento" at 2401 Riverside Blvd., Sacramento, CA 95818. Please include "Shotsuki" and the name of your loved one in the memo so we can acknowledge your contribution properly. Thank you!

## March 2024 Schedule

### Sunday Services, 9:30 a.m.

- 3/3/2024 – Family Dharma Service & Shotsuki Hoyo Memorial Service  
Dharma Message by Rev. Matt Hamasaki
- 3/10/2024 – Family Dharma Service  
Dharma Message by Rev. Yuki Sugahara
- 3/17/2024 – Spring Ohigan Service  
Special Guest Speaker Rev. Ai Hironaka, Resident Minister of the Lahaina Hongwanji Mission
- 3/24/2024 – Family Dharma Service  
Dharma Message by Rev. Matt Hamasaki

### Special Services, Classes

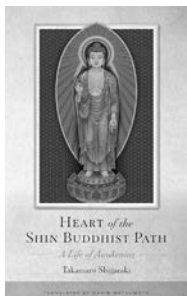
- Monday, 3/4/2024, 10 a.m.–11 a.m. – Chanting Service (Refreshments after) – Rev. Yuki
- Wednesday, 3/6/2024, 10 a.m.–11:30 a.m. – Special Dharma Service in Japanese and English (Refreshments afterward) – Rev. Yuki  
For Seniors and anyone else who would like to join us!
- Wednesday, 3/13/2024, 10 a.m.–12 noon – Japanese Dharma no Kai (Japanese Dharma Class) – Rev. Yuki
- Wednesday, 3/20/2024, 10 a.m.–11:30 a.m. –Special Dharma Service in English (Refreshments afterward) – Rev. Matt  
For Seniors and anyone else who would like to join us!
- Friday, 3/22/2024, 7 p.m. – Sacramento Buddhist School (Adult Study Class) – Rev. Yuki

### Tanoshimi Kai

Fridays, 10 a.m. – Check-in time; Lunch at 11 a.m.

- 3/1/2024 – Ends at 12 noon this day
- 3/8/2024
- 3/15/2024
- 3/22/2024
- 3/29/2024

## New Book Club Session Coming in April!



Join Reverend Matt for conversation and shared insights to learn more about the dharma!

- Four (4) 1-hour meetings: Wednesdays, April 10, 17, 24 and May 1
- Time: 6 p.m.–7 p.m.
- This session's book will be Heart of the Shin Buddhist Path: A Life of Awakening. You can find it here:
  - Buddhist Churches of America Bookstore: <https://bcabookstore.mybigcommerce.com/heart-of-the-shin-buddhist-path/>
  - Amazon (paperback or Kindle): <https://a.co/d/fz6zFTH>

To register for Book Club, please email Reverend Matt directly at *RevMatt@buddhistchurch.org*. He will provide you with the reading assignment so that you can come prepared for a lively discussion at the very first meeting!

**Thursday Night  
Health &  
Wellness**



**Yoga with Bob  
Matsueda**

**J**oin us for these friendly, informative sessions. Ask questions and learn about steps you can take to ensure a healthy and happy life for yourself and those around you!

Please sign up at [BetsuinPrograms@buddhistchurch.org](mailto:BetsuinPrograms@buddhistchurch.org)  
Buddhist Church of Sacramento, 2401 Riverside Blvd., Sacramento, CA 95818-2233

**"I Never Thought This  
Would Happen to Me!"  
Homeowner's Insurance Coverage  
and Types of Policies**

Keith and his family experienced their own house fire. Keith will share his experiences as a claims adjuster, insurance agent, and recent house fire victim.

**Thursday, March 21, 2024 – 6:30 p.m.**



**Keith Adachi, Retired Insurance Agent**

**Health Happy Pets:  
The Importance of Physical and Mental  
Health for the Well-Being of Your Pets**

**Thursday, April 18, 2024 – 6:30 p.m.**



**Dr. Jamie Nakatani  
DVM, MPVM**

**T**he Yoga for Health class is designed for any age or physical condition. Join us every Wednesday evening, 7 p.m.–8:15 p.m. Classes are conducted via Zoom by Bob Matsueda, certified yoga instructor.

New students, please contact [BetsuinPrograms@buddhistchurch.org](mailto:BetsuinPrograms@buddhistchurch.org) for more information.



**2024 Membership Packets**

**Riverside Tanoshimi Kai**  
Brian Hatano

Our 2024 Membership Packets were mailed in mid-December to everyone who was a member in 2023. If you haven't received yours yet, please let us know by sending an email to *BetsuinOffice@gmail.com* or by leaving us a message at (916) 446-0121. We'll be sure to send a duplicate to you right away!

At a recent Riverside Tanoshimi Kai luncheon, a person of minor celebrity status joined the group along with his son. Many of the members knew him from years past. Many acknowledged not only his familiarity but also the fact that he regularly styled their hair. Several hands were raised when asked, "Did Freddie cut your hair?"

Freddie Tanihara managed the Kami Shop on 10th Street, across the street from Osaka-Ya. Although he is long retired, I wondered if armed with a pair of clippers he could still provide some beautification to his former customers. He said, "I would, but my hands don't work as well anymore."

Maybe Freddie isn't as quick as Edward Scissorhands any longer, but his presence provided a glimpse back in time, along with some smiles.

Riverside Tanoshimi Kai offers a great opportunity for Sanseis such as Freddie and his son to enjoy lunch with their parents and at the same time, they get to enjoy the company of acquaintances and make new friends.

Seniors 60 and older are welcome to join their friends at Tanoshimi Kai on Fridays. Check-in time starts at 10 a.m. Lunch is served at 11 a.m., followed by bingo and/or entertainment. No RSVP is necessary.

Attendees are asked (but not required) to donate \$6 to help defray costs. Guests of Tanoshimi Kai members under 60 years old can enjoy lunch for \$10.

Visit every week or whenever you like, without any obligation.

If you need a ride from Maple Tree or Greenhaven Terrace, please contact ACC Rides at (916) 393-9026, ext. 333, or *rides@accsv.org*. Tanoshimi Kai is happy to pay for your round-trip fare.

**You're Invited to Tanoshimi-kai**

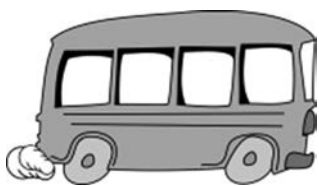
**Weekly Seniors (60+)  
Luncheon every  
Friday at 11 am**



LUNCH + FUN!



**Riverside Tanoshimi Kai  
Casino Bus  
Trip**



**Riverside Tanoshimi Kai  
Casino Bus Trip  
Jackson Rancheria Casino**

\$35/person

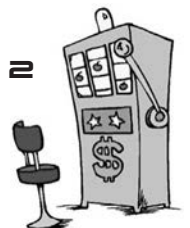
**Wednesday, March 27, 2024**

Check in 7:30-8:25 a.m.

Buddhist Church of Sacramento, Classroom 2

Departs 8:30 a.m. Returns 3:30 p.m.

Helen Sakaishi  
(916) 600-9291  
*hsakaishi@sbcglobal.net*



Reserve seat by March 15

For adults 21 and over

**2024  
Riverside Tanoshimi Kai  
Bus Trips**



Riverside Tanoshimi Kai (RTK) Tours have the following bus trips scheduled for this year:

- March 27, 2024 ..... Jackson Rancheria
- May 29, 2024..... Feather Falls Casino
- June 22, 2024..... Japan Town, Soy & Tofu Festival, San Francisco
- July 24, 2024 ..... Nugget Casino, Sparks, NV
- September 24, 2024..... Apple Hill, Red Hawk Casino
- October 5, 2024 ..... Angel Island Pilgrimage (sponsored by Nichi Bei Foundation)
- December 4, 2024..... Hard Rock Casino

We have contracted with Coach USA, formerly All West, for our bus service. The buses will be ADA compliant with a lift for those who choose to use it.

If you have any questions, please contact Helen Sakaishi by email at *hsakaishi@sbcglobal.net* or call/text (916) 600-9291.

**Boy Scout  
Troop 50**  
Payton Ichiho



On January 5, Troop 50 had a scavenger hunt at Arden Fair Mall. Every scout donated \$10 to shop for a scavenger hunt wish list for an organization called ABC Triad Youth. Every patrol bought items on a wish list and then we enjoyed dinner at the Food Court. We had paused this event for a few years due to COVID so it was great to bring back this annual event.

On the same night the troop had an overnighter at the church where the scouts played video games, basketball, sang karaoke, made cookies and hung out all night. We all had a very good time and appreciate the church for letting us use the facility all night long.

On January 19, the troop had a scout meeting, parents meeting, and Court of Honor ceremony. During the scout meeting, the scouts learned about climbing with Tyler Higa and Lawrence Ho leading this topic. The parent meeting was all about business and future events for the troop.

Finally, the Court of Honor was also held where scouts get recognized for completing merit badges and rank advancement. We awarded a total of 31 merit badges, 2 rank advancements. A big congratulations to Ben Uyeno for completing his Eagle rank!

We have many more events in the coming months that we look forward to sharing with the sangha.

**Sports  
Committee**  
Marty Matsuda



Our 50th annual Sacramento Betsuin Basketball Tournament on March 2-3, 2024, is finally here. There will be 34 teams competing from Sacramento, Stockton and all throughout the Bay Area.

Four area gyms will host 104 games and more than 325 players and their families in this two-day tournament. The games are scheduled all day Saturday and Sunday morning. The tournament schedule will be posted on the Betsuin website.

Come out and watch your favorite teams play.



*E1 Girls team*



*E Boys team*

**Looking for  
Musicians**

**Looking for Musicians**



Do you play an instrument? Can you sing a song? We'd love to have you share your talent and perform at a Dharma Service.

**Interested?**  
Sign up in the office or  
Email [BrianHatano58@gmail.com](mailto:BrianHatano58@gmail.com)



# Wall of Appreciation

If you have thought of donating to the Wall of Appreciation, please submit your donations to be included with the next set of donor names to be placed on the Wall of Appreciation in 2024.

Please fill out the Wall of Appreciation Donor Form as appropriate for the set of donors. With deepest gratitude and thanks for your generous support of the Buddhist Church of Sacramento in 2024.

## Buddhist Church of Sacramento Wall of Appreciation Donor Form

The members of the Legacy Endowment Board had a vision to create a project that could express our appreciation for the Sacramento Betsuin. They contracted with a designer to create The Wall of Appreciation. This project is not only a symbol of gratitude for the Betsuin, but also for the generations of Sangha members who built and sustained this temple for so many years. It is only through the efforts of so many others that we are able to exist today. With deepest gratitude, thank you for your continued support of the Sacramento Betsuin.

DATE SUBMITTED: \_\_\_\_\_

DONOR NAME(S): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE, ZIP: \_\_\_\_\_

PHONE #: \_\_\_\_\_

EMAIL: \_\_\_\_\_

**NAMEPLATE WORDING:**

(29 characters per line max including spaces & punctuation)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

DONATION AMOUNT: \$ \_\_\_\_\_

DIRECTED TO:

GENERAL FUND

LEGACY ENDOWMENT FUND

SIGNATURE:

\_\_\_\_\_

### Levels of Giving



**Kiku** (Chrysanthemum)

\$1,000,000 +



**Fuji** (Wisteria)

\$500,000 +



**Ichijuku** (Bodhi Tree)

\$250,000 +



**Hasu** (Lotus)

\$100,000 +



**Momiji** (Maple)

\$50,000 +



**Ume** (Plum)

\$25,000 +



**Icho** (Ginko)

\$10,000 +



**Ayame** (Iris)

\$5,000 +



**Sakura** (Cherry)

\$2,500 +

### Examples of Wording



Ted, Naomi & Mie Tanaka



In memory of  
Jiro & Sumie Tanaka  
& Mark Tanaka



The Tanaka Family



In celebration of  
Jiro & Sumie Tanaka's 60th  
Wedding anniversary

## Where Does Your Donation Go?

Brian Hatano

When you donate to the Buddhist Church of Sacramento, your tax-deductible contribution helps support operations, maintenance and many programs of the temple.

Our rich legacy began with our founding in 1899, with the mission to sustain the temple for the present and generations to come. In 2024, we will be celebrating our 125th anniversary.

Unless otherwise specified, donations to the temple are deposited in the General Operating Fund. You may direct your donations to benefit one of our many programs such as scouting, choir, tech committee, Dharma School, ABA, SBWA, Minister Assistants, or for a capital expenditure project.

You also may contribute to the Legacy Endowment Fund (LEF), which is a long-term investment in which the principal remains untouched — only the interest generated is used. The fund is managed by financial professionals and the LEF Board. Contributions to the LEF help fulfill needs in a timely manner without undertaking major fundraising or depleting general operating funds.

Specific needs include:

- Educational programs/scholarships for members, ministers, ministerial candidates, plus perpetual or periodic scholarships.
- Eitaikyo: Renovation and general maintenance of the temple shrine.

Of course, cash and checks are greatly appreciated, but donations can be in the form of automobiles, and of distributions from IRAs, stocks and bonds. Credit cards can be used at the office and online at our website, *BuddhistChurch.org*. Look for the donation button on top of the home page.

Thank you for your ongoing support of the Buddhist Church of Sacramento. Because of your generosity, we have a vibrant and active sangha — one of the largest and having one of the longest legacies in the Buddhist Churches of America.



## 2024年2月23日サクラ祭り (フード&ショッピング・フェア)

お買い物：9時から午後3時まで会館にて

食品：午前10時半より午後1時半又は売り切れまで、コートヤードにて

12軒の店舗が皆様のお越しをお待ちしております。

(店舗のリストは英語ページ参照)

今年も去年同様「Grandma's Attic」のブースを設けて、仏教会に寄付された日本の食器類、花瓶、人形、人形ケース、着物、その他工芸品を売り出します。

食品の注文は3月16日まで受け付けております。当日は更に種類が増える予定です。注文は仏教会のウェブサイト：

[www.buddhistchurch.org](http://www.buddhistchurch.org) をお願いいたします。以下は注文の出来る品です：

もち粉チキン弁当	\$20	
テリヤキビールサンドイッチ	\$15	
カレーチキン丼	\$10	
カルアポーク丼	\$10.	
フライド・ライス	\$10	
スパム・サイミン	\$10.	
キャベジサラダ	\$5	
スパム・ムスビ	\$4	
クレープ・ケーキ オリジナル)	\$5	(イチゴ、抹茶、
てりやきソース (瓶)	\$10	(3本/25ドル)



当日、たい焼きやピザ、冷たいコーヒーなども追加される予定。

合掌

## 婦人会ニュース 加藤シャーリー

新会員歓迎！ キャシー・レメリンさん  
イレーナ・トレスさん

1月に行われた South Sacramento Interfaith Partnership (SSIP) Food Closet への寄付のイベントに、皆様より3台の車に溢れるほどの食料品が集まりました。有難うございました。この食料品の運搬を受け持った加藤キースさんとゲーリーターガンザさんに深く感謝いたします。SSIPでは毎日300人の人達をサポートしています。

2月3日にMatt先生の先導で婦人会理事が集まり、メンバーを増やす方法について討議が行われました。

2月11日、恒例婦人会主催の「浄土真宗の女性達」法要が開催され、法要コミッテイの河野ゲイルさん、伊藤ロリさん、岡崎マイラさん、又、オンラインシステムを受け持った伊藤スチュワートさんご苦労様でした。又、ゲスト講師の本好由紀子先生に心よりお礼を申し上げます。丸山マープさん指揮下のコワイアの皆さんとピアノ伴奏の岡崎マイラさん、有難うございました。そして皆様からのダーナを有難うございました。

2月28日、スカイリバーへ今年最初のカジノ行きを実施しました。

2月23、24日、サクラメント別院にて開催されるBCA米国大会に当婦人会は食べ物のお接待を受け持つことになっています。

3月23日のサクラ祭りに、私達はABAと共同でチキン弁当を売り出す予定です。又、手工芸品もこのイベントで売る事になっています。

次回理事会は3月6日午後7時より。ズームは

[Sbwa2020@gmail.com](mailto:Sbwa2020@gmail.com)



## 理事長のメッセージ 足立カレン

### BCA ナショナル・カウンシル会議

今月末の週末に当サクラメント別院にてBCA ナショナル・カウンシル会議 (NCM) が開催されます。この会議は毎年各教区が交代で開催し、今年は北加教区が主催することになりました。2020年以来初めて対面で行われます。

北加教区のフローリン、ローダイ、メリスビル、プラサー、ストクトン、ウオナッツ・グローブ、サクラメントの各仏教会の共催で、この三日間の会議に全米のBCA管轄の仏教会の指導者や開教使の皆様が一堂に集まり会議が行われます。

実際の会議は2月23、24日に行われ、25日の日曜日はBCA永代経特別法要が営まれます。

この会議の議長を務めるのはプラサー仏教会の山城アラン氏とフローリンとメリスビル仏教会の岡林ペギー（北加教区カウンシル会長）です。前述の七つの北加教区の仏教会がこの会議の開催準備のために（2月17日のワークショップ（オンライン）も含めて）種々の分野において貢献しました。又、BCA創立125周年を祝って、特別なミュージカル公演が土曜日の晩餐会でThe Grateful Craneによって披露されました。

当別院より多くの方々がこの会議の運営委員会一員として次のように貢献されました。

- 菅原先生：会議の間に行われるサービスと、日曜日の永代経法要
- 水島広一：会議全般のロジスティクス
- 石本イボンヌ/岡崎マイラ：ダブルツリーホテル/別院にて代表者申込み並びにそのプロセス
- 坂田マーティとキム、新田ゴードンとグループ：会議中のランチと土曜日の晩さん会の料理を提供
- 足立キース/カレン、柏田ステイブ並びにABA/SBWA のボランティア：土曜日のランチにうどんを準備
- 瀬尾オードリー：土曜日の晩さん会をコーディネート。サンデイ片岡フongさんが助手をした。
- 小牟礼ジェーン：BWAと協力して土曜日の軽朝食と全般の接待を受け持った。北加教区の婦人会が食物を提供
- 松波ステーシー：金曜日のランチ
- 柏田ジーン：土曜日のランチ
- ブルース・デキャンプ：永代経サービスのTech-person
- ボーイスカウト50B隊、50G隊、ガールスカウト：土曜日の晩餐会にてテーブル・サービス
- ABA/SBWAのボランティアがこの三日間にあらゆる分野で働いた。
- 北出シンディー：このイベントのためのポスターを作成、印刷
- 田中ボビー：参加者のため駐車場を調整。
- 別院コワイア：開会式と永代経サービス

河野ゲイルさんの作詞による「Amida's Light」。

この作詞は去年BCAで開催されたGatha作詞コンテストで優勝した作品の一つです。作曲は江島シンジさん。河野さんと江島さんは、この永代経サービスで初めてこの曲を聞くことができた。

- 足立カレン：この会議の会計とコーディネーターとしてボランティアした。

ごのように大きなイベントを開催するためには多くの方々の献身的な協力がなければ実現しません。ボランティアの皆様、有難うございました。

### BCA 2024年カレンダー

BCAは当別院と同様に今年創立125年を記念して、各お寺の過去と現在の写真を掲載した2024年のカレンダーを作成しました。2枚のサクラメント別院の写真も11月のページに掲載されています。お値段は5ドルで、別院事務所で買う事が出来ます。売り切れないうちにお早目にご購入下さい。



### 3月の行事

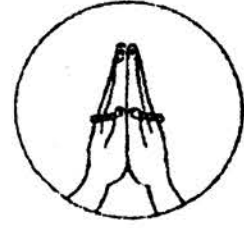
3月2、3日：第50回記念バスケットボール

3月17日(日)：春のお彼岸サービスの特別講師はラハイナ仏教会の廣中愛師。廣中愛先生とご家族は私宅とお寺を去年8月のマウイ島の大震災で失われました。この時の悲惨な経験をお話して頂く予定です。この日はご家族もお彼岸サービスに参加されますので、是非、皆様のご参加をお待ちしております。

3月23日(土) さくら祭りフードとお買い物フェア



# サンガ



## ～3月の予定～

3月	3日	9時半	祥月法要
3月	6日	10時	シニアサービス
3月	13日	10時	日本語法話会
3月	17日	9時半	お彼岸法要
3月	20日	10時	シニアサービス

## 和を以て貴しとなす

“和らかなるを以て貴しとなし、忤（さか）ふる  
ことなきを宗となす”  
（『十七条憲法』第一条）

### 菅原祐軌輪番

私は sacrament 別院とプラサー仏教に配属される前にオレゴン仏教に6年間勤めておりました。最初にオレゴン仏教に行った時にはお内陣の中に『大正大蔵経』（たいしょうだいぞうきょう）を納めた戸棚が置いてあるのにビックリしました。中に入っているのはお経典や高僧方の論釈ですからお内陣にあってはいけないということではないですが、珍しかったのでビックリしたのです。『大正大蔵経』は大正時代に武蔵野大学の創始者である高楠順次郎師を中心とした仏教学者の方々の努力によってまとめ上げられたもので、今でも仏教の研究・勉学に大切に使われています。大正時代にまとめられたので「大正」大蔵経と呼びます。

さて、大蔵経の話から始めたのは理由がありまして、仏教経典の中には大きく分けてパーリ語を原典とするものとサンスクリット語を原典とするものがありますが、パーリ語を原典に持つ経典に『大般涅槃経』というお経典があります。この経典はお釈迦さまの最後の旅路を記したもののなのですが、この経典の中でお弟子さんの阿難尊者に衰退しないための七つのことを伝えておられます。中にはもう今の時代にはそぐわないものもあるかもしれませんが、今のこの乱れた時代にはまだ従う価値のある教えも含まれています。阿難尊者はお釈迦さまのお弟子さんですから、本来はこれらの内容はサンガに向けて説かれたものと思いますが、どのような組織にも当てはまる普遍的な内容だと思います。皆さんが、この記事を読まれている頃には BCA の総会も終わっている頃でしょうかから、どうか会議が「和」と共に終わったことを願っています。

### <衰退しないための七箇条>

1. しばしば会議を開き、会議には多くの人々が参集する。
2. 協同して集合し、協同して行動し、協同し

て為すべきことを為す。

3. 未だ定められていないことを定めず、すでに定められたことを破らず、往昔（むかし）に定められた旧来の法に従って行動しようとする。
4. 古老を敬い、尊び、崇め、もてなし、そうして彼らの言を聴くべきものと思う。
5. 良家の婦女・童女をば暴力で連れ出し拘（とら）え留める（＝同棲する）ことを為さない。
6. 霊域を敬い、尊び、崇め、支持し、そうして以前に与えられ、以前に為されたる、法に適った彼らの供物を廃することがない。
7. 真人（尊敬さるべき修行者）たちに、正当の保護と防禦（ぼうぎょ）と支持とを与えてよく備え、未だ来たらざる真人たちが、この領土に到来するであろうことを、またすでに来た真人たちが、領土のうちに安らかに住まうであろうことをねがう。

（中村元（2015）：『ブッダ伝 生涯と思想』，角川ソフィア文庫，375-376頁）

これらの中でも「協同」を説く二番目が大切なのではないのでしょうか。「和」、ハーモニーというのは一人の努力で作れるものではありませんが、もし全ての人が「和」を心がけるのであれば、どのような組織であっても繁栄し衰退することはないとお釈迦さまはおっしゃるのです。

さて、文頭に引いた『第十七条憲法』は聖徳太子（574-622）の作で、冒頭の第一条で「和らかなるをもつて貴しとなす」というお言葉を掲げておられます。聖徳太子は「日本仏教の父」と呼ばれるほどに日本仏教界に貢献された方ですが、皇太子でありましたから政治の世界にもどっぷりと浸かっておられた方でした。その政治の世界でも「和」というものがいかに大切であるかを痛感されておられたのでしょう。私も、「和」というのはお寺の運営、家族や友人の間でもとても大切なものだと感じます。

『大般涅槃経』ではお釈迦さまは「和（協同）」が繁栄、そして衰退しないための道であると説かれました。『第十七条憲法』で聖徳太子は「和をもつて貴しとなす」と説かれました。アメリカ社会に限らず、世界全体で「和」が乱れるような事態になっていますが、どうか自己中心的な考えに惑わされず、仏さまの智慧をたよりにし、「和」こそがより良いコミュニティー・社会を作る道であると気づき、行動していきたいものがあります。